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ITALIAN CHAPTER

## 16° Congresso Nazionale AME

Joint Meeting with AACE Italian Chapter

### Update in Endocrinologia Clinica

9-12 novembre 2017

Roma



## AULA ORANGE 2

### Meet the Expert 2

#### Osso e oncologia

Speaker:

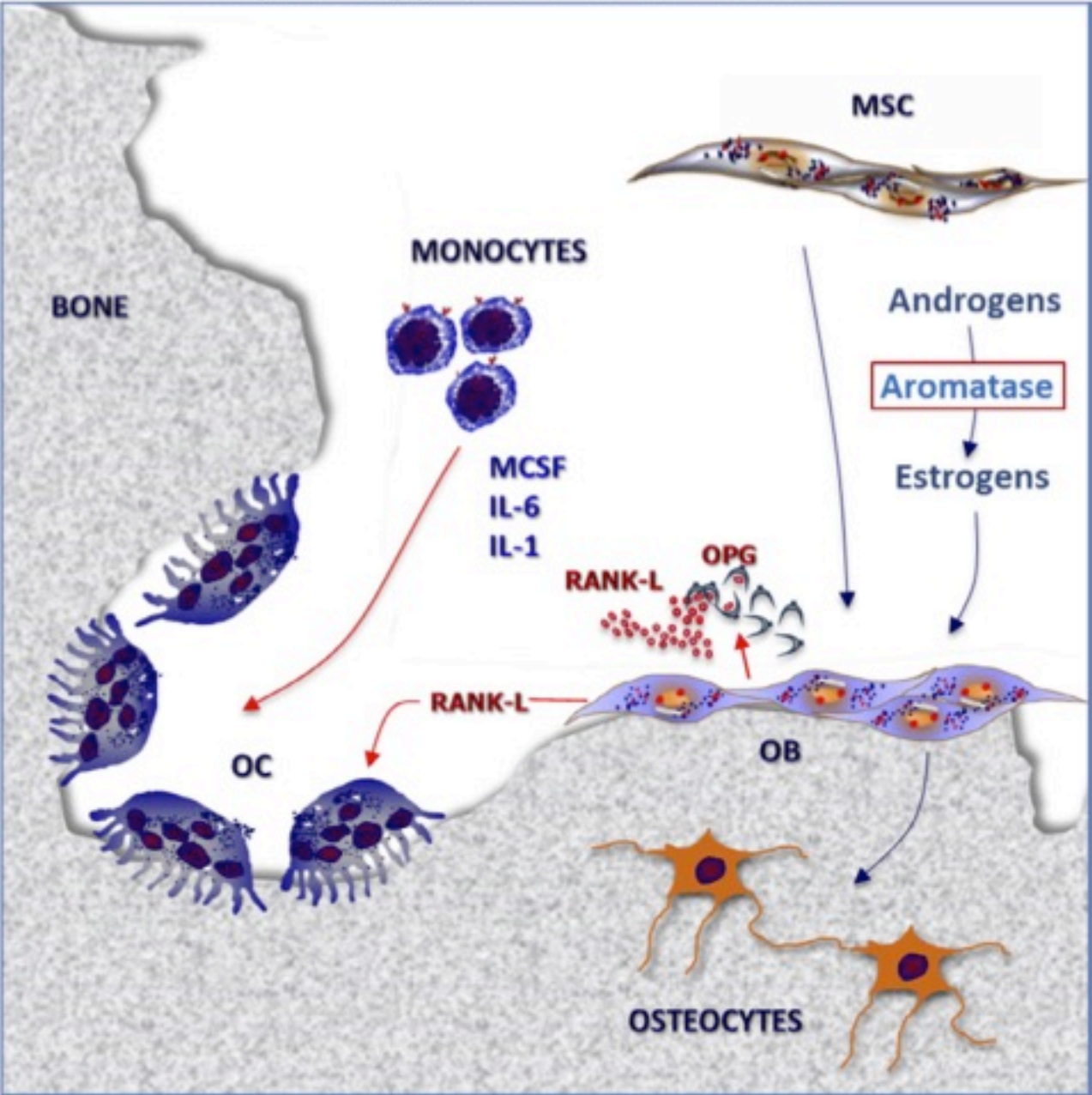
*A. Scillitani*

Discussants:

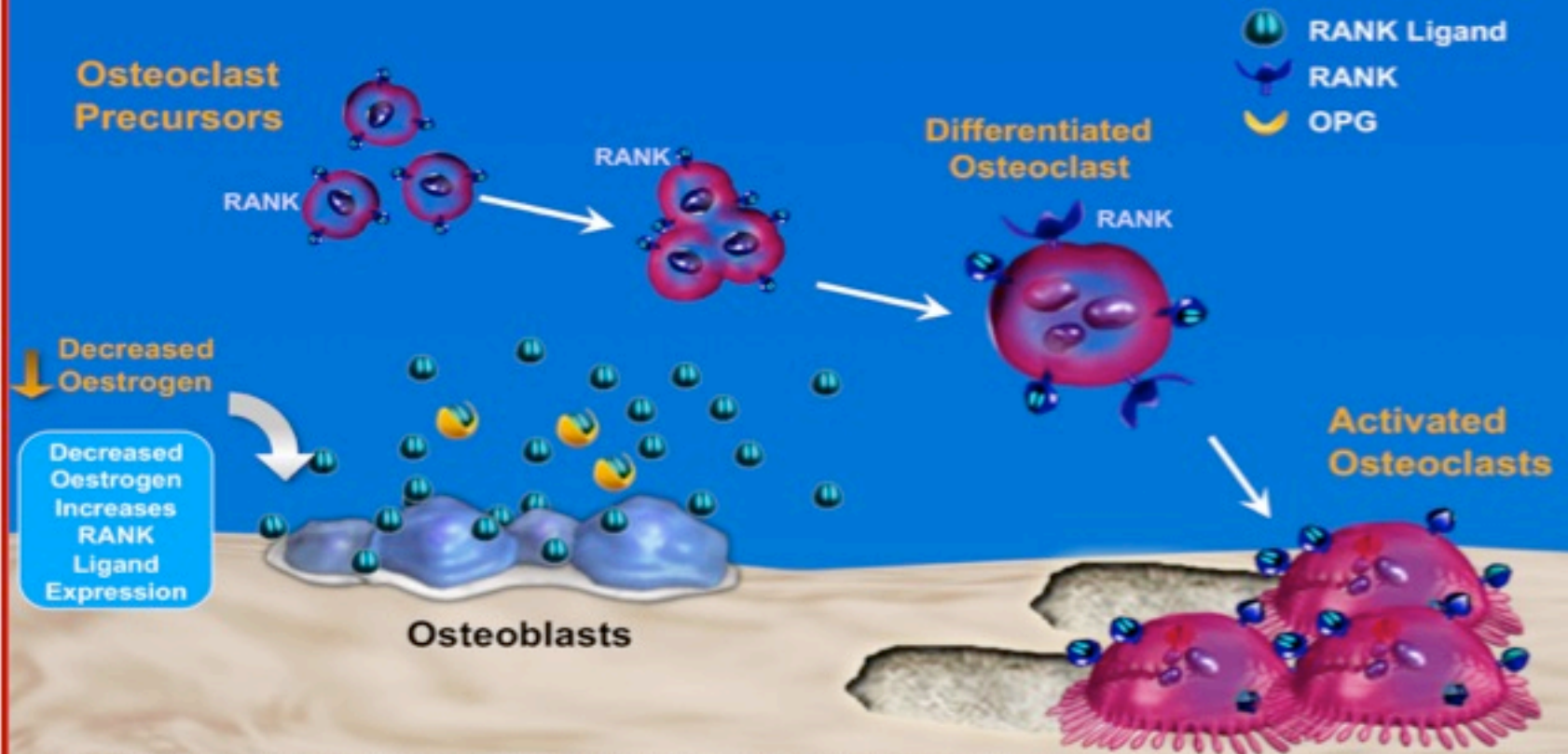
*F. Angelini,*

*I. Chiodini*

# Physiology of bone turnover

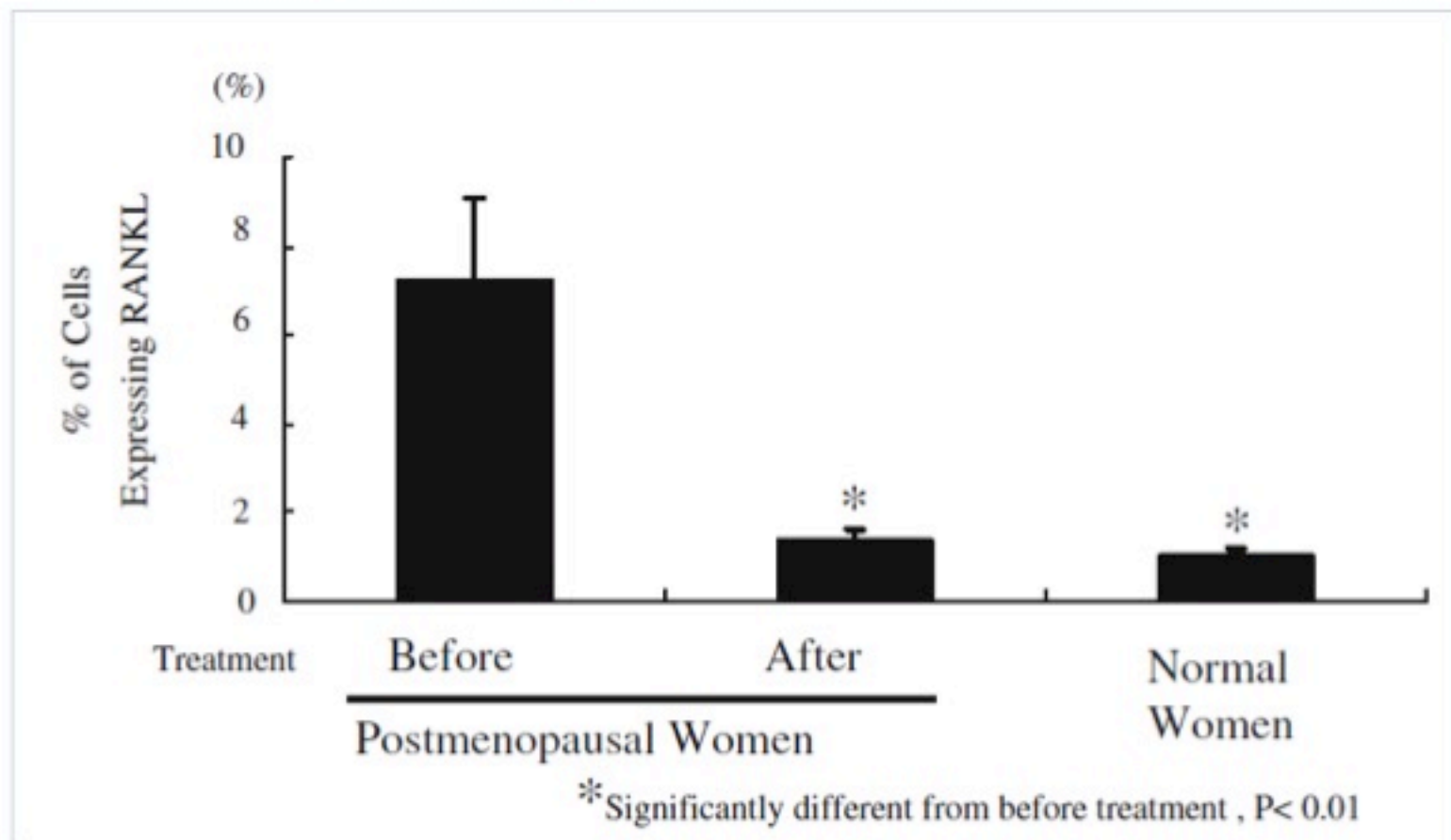


# Reduction in Oestrogen Increases RANK Ligand Expression, Causing Increased Bone Resorption



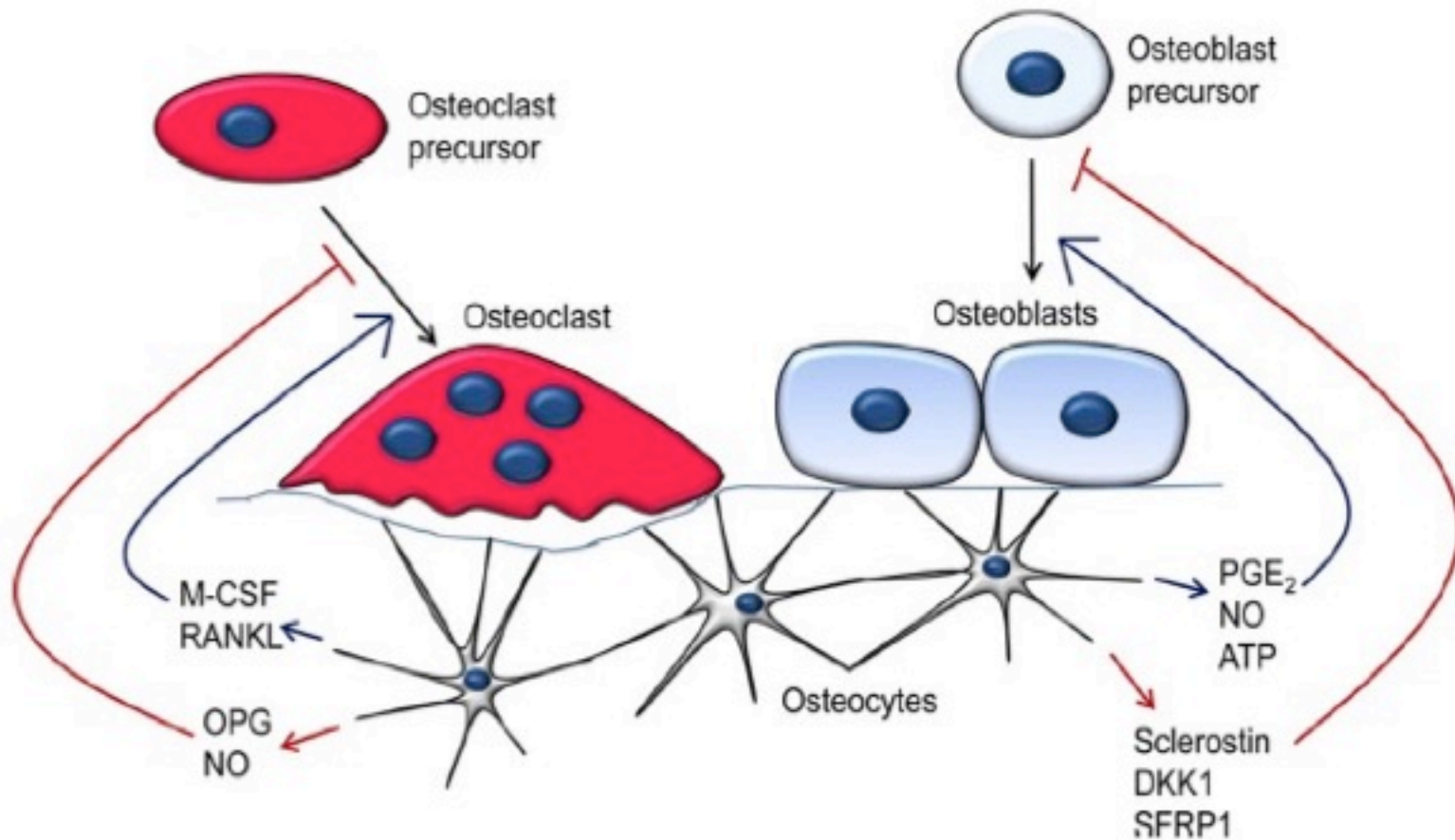
Adapted from: Boyle WJ, et al. *Nature* 2003;423:337-342. Kostenuik PJ, et al. *Curr Pharm Des.* 2001;7:613-635.

## Estradiol rapidly inhibits osteoclastogenesis and RANKL expression in bone marrow cultures in postmenopausal women: a pilot study

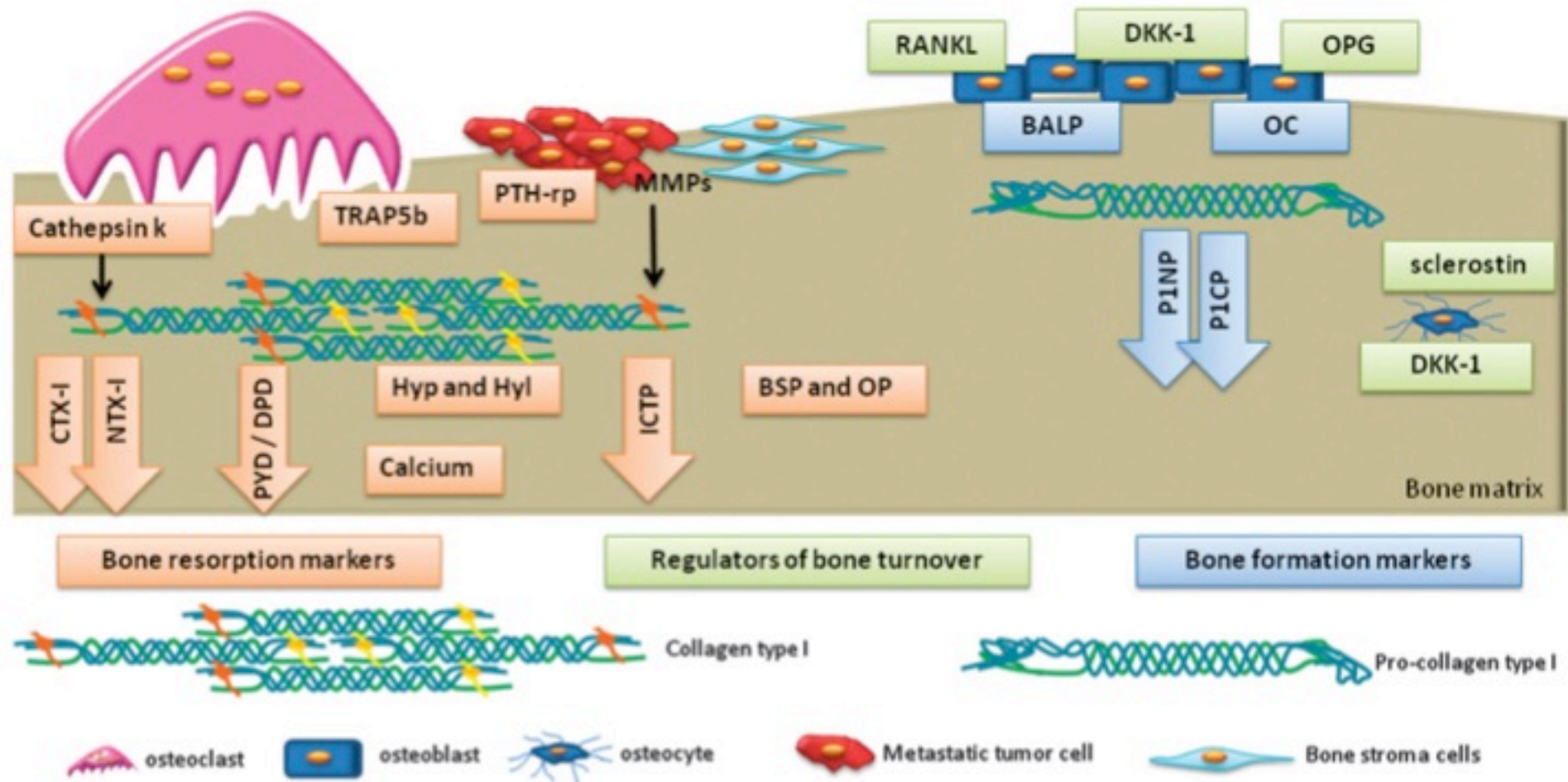




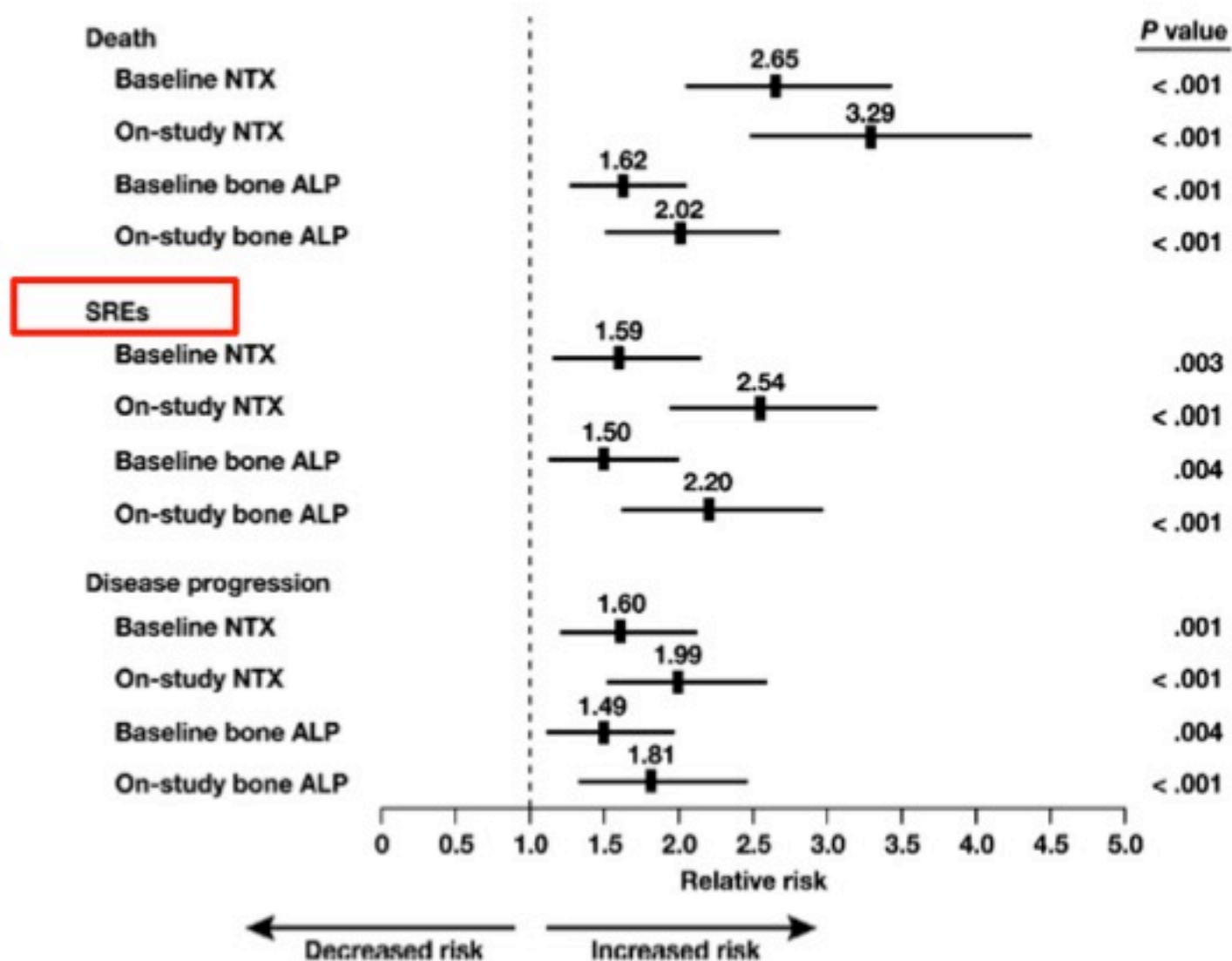
# Osteocyte regulation of bone remodeling

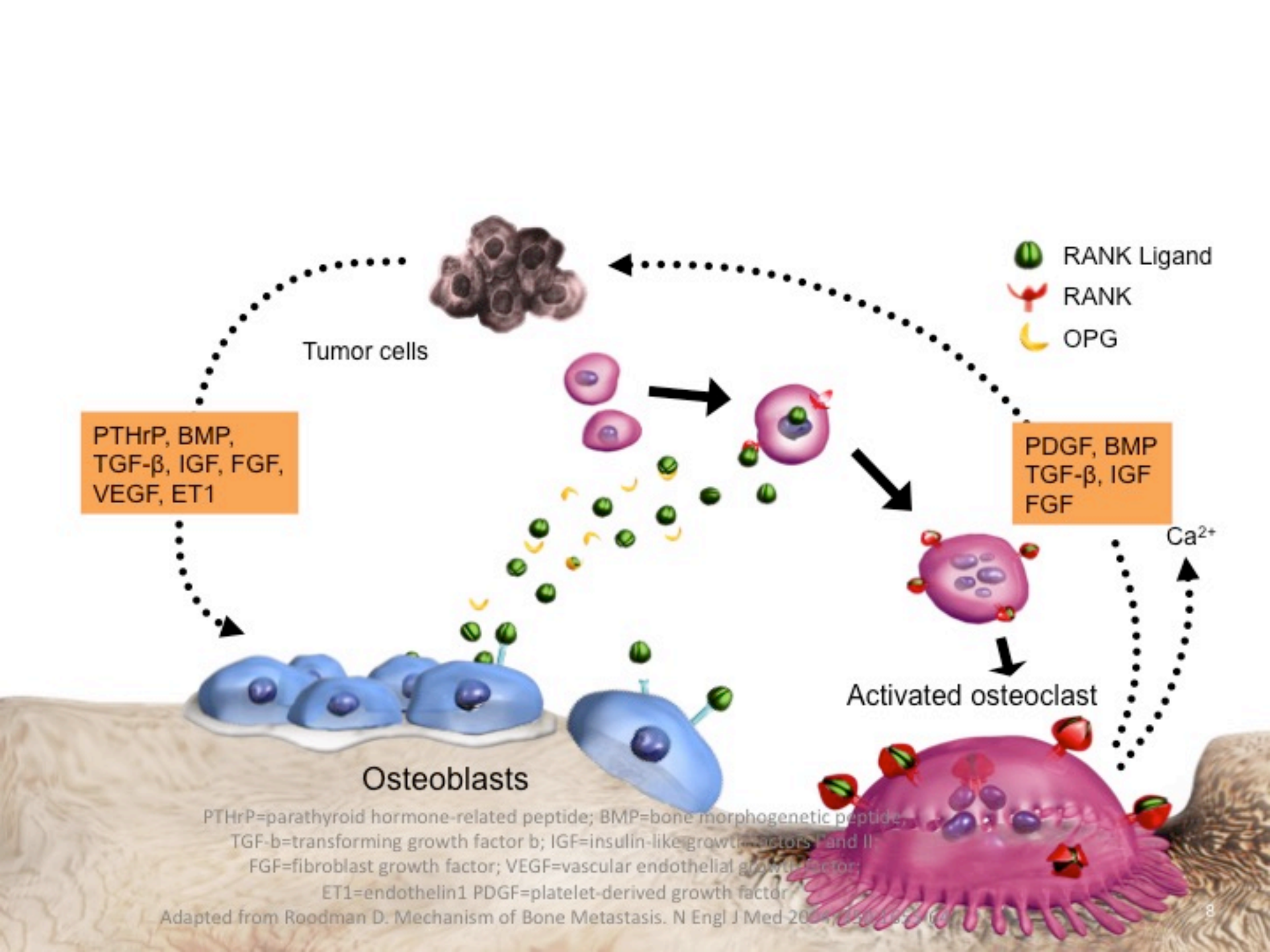


# Bone remodeling markers and bone metastases



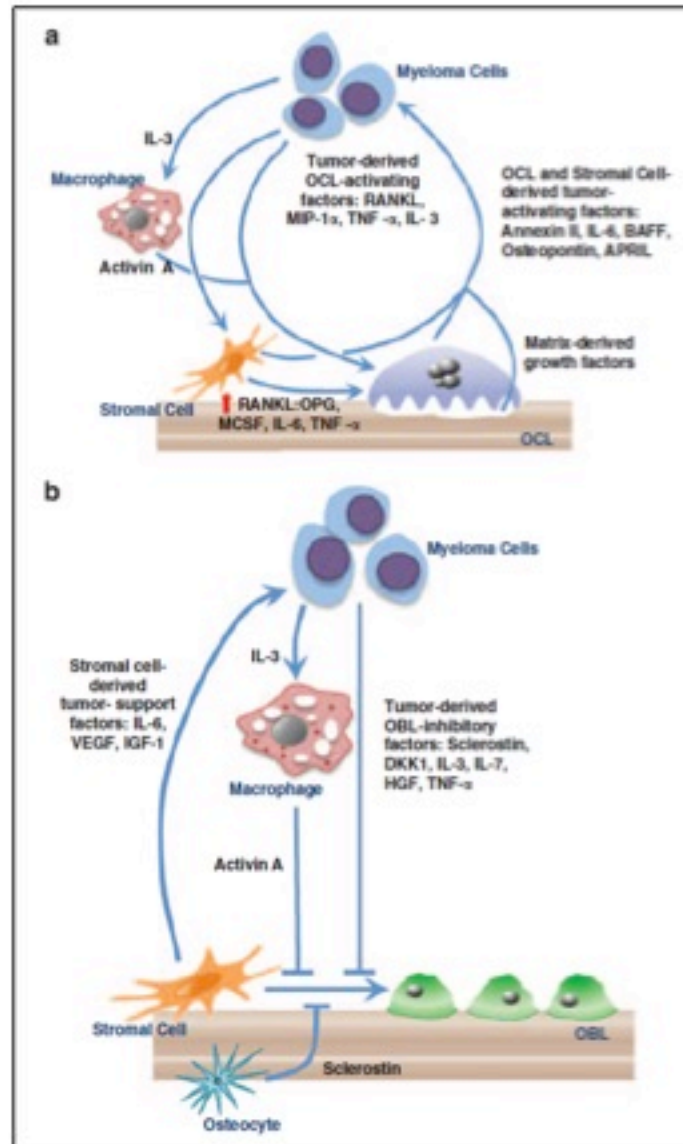
## CORRELATIONS BETWEEN BONE TURNOVER AND CLINICAL OUTCOME IN PATIENTS WITH BONE METASTASES FROM SOLID TUMORS



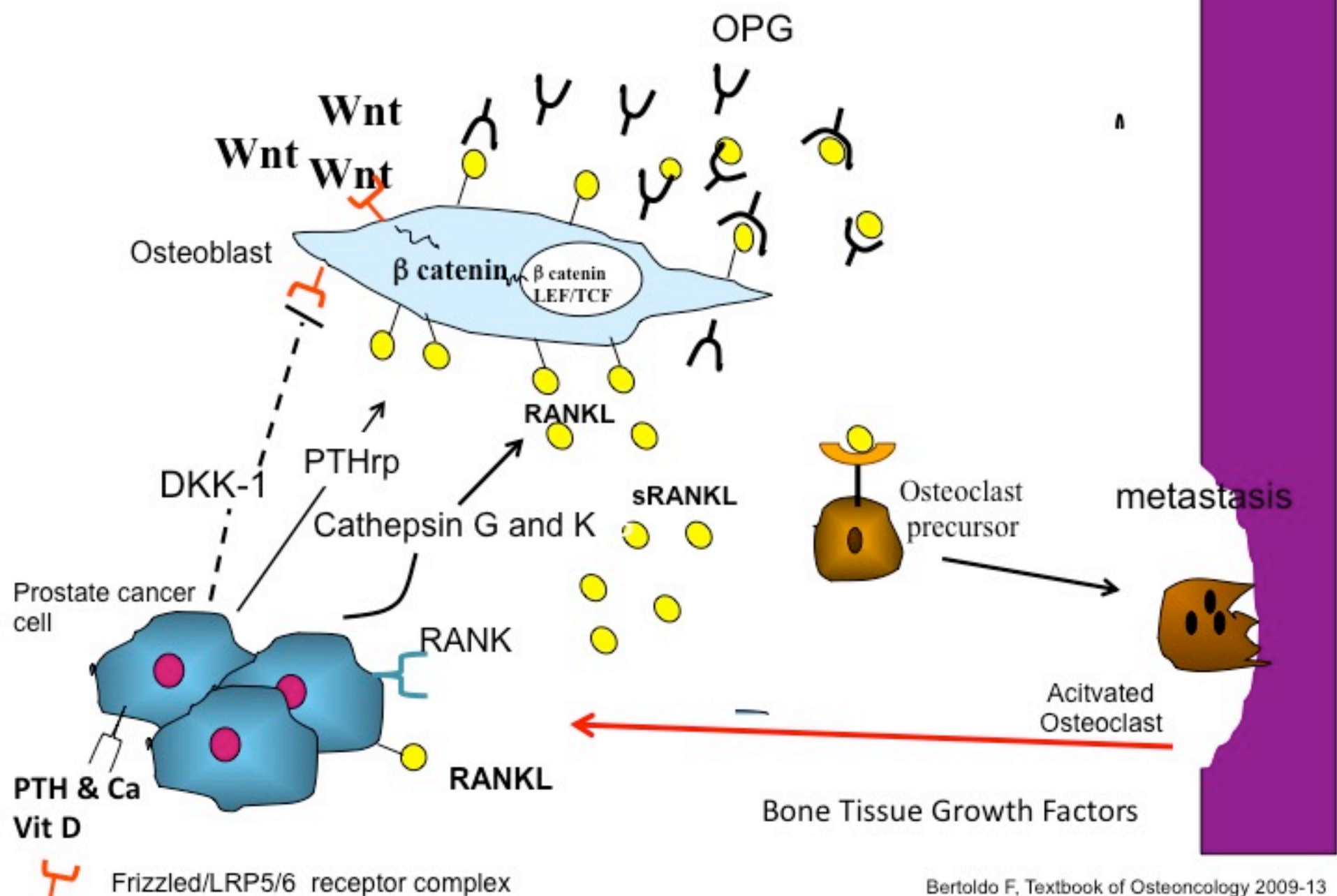




# Mechanisms of multiple myeloma bone disease



# PROSTATE /BREAST CANCER CELL APPARATUS



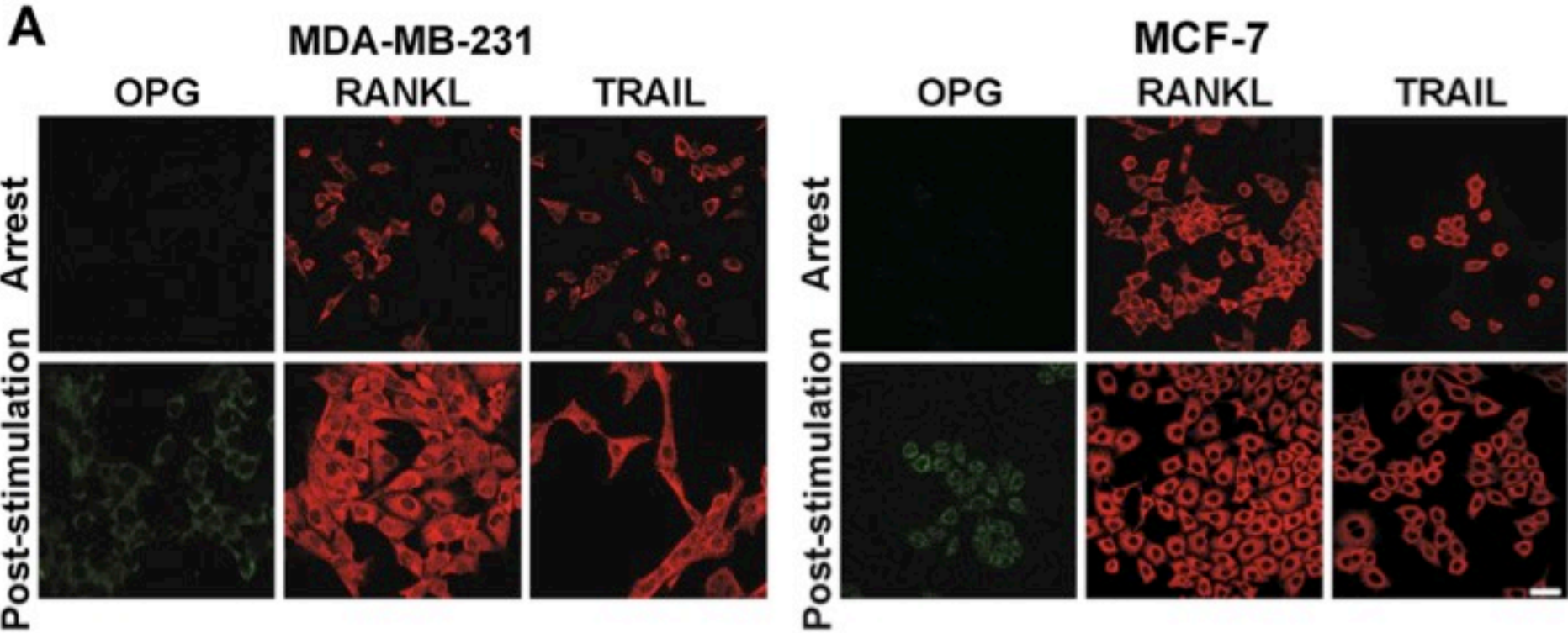
## **RANK/RANKL EXPRESSION IN CANCER CELLS**

### **OSTEOPROTEGERIN AND RANK LIGAND EXPRESSION IN PROSTATE CANCER**

Expression of osteoprotegerin, receptor activator of RANKL, tumor necrosis factor-related apoptosis-inducing ligand, SDF-1 and their receptors in **epithelial metastatic breast cancer cell lines**

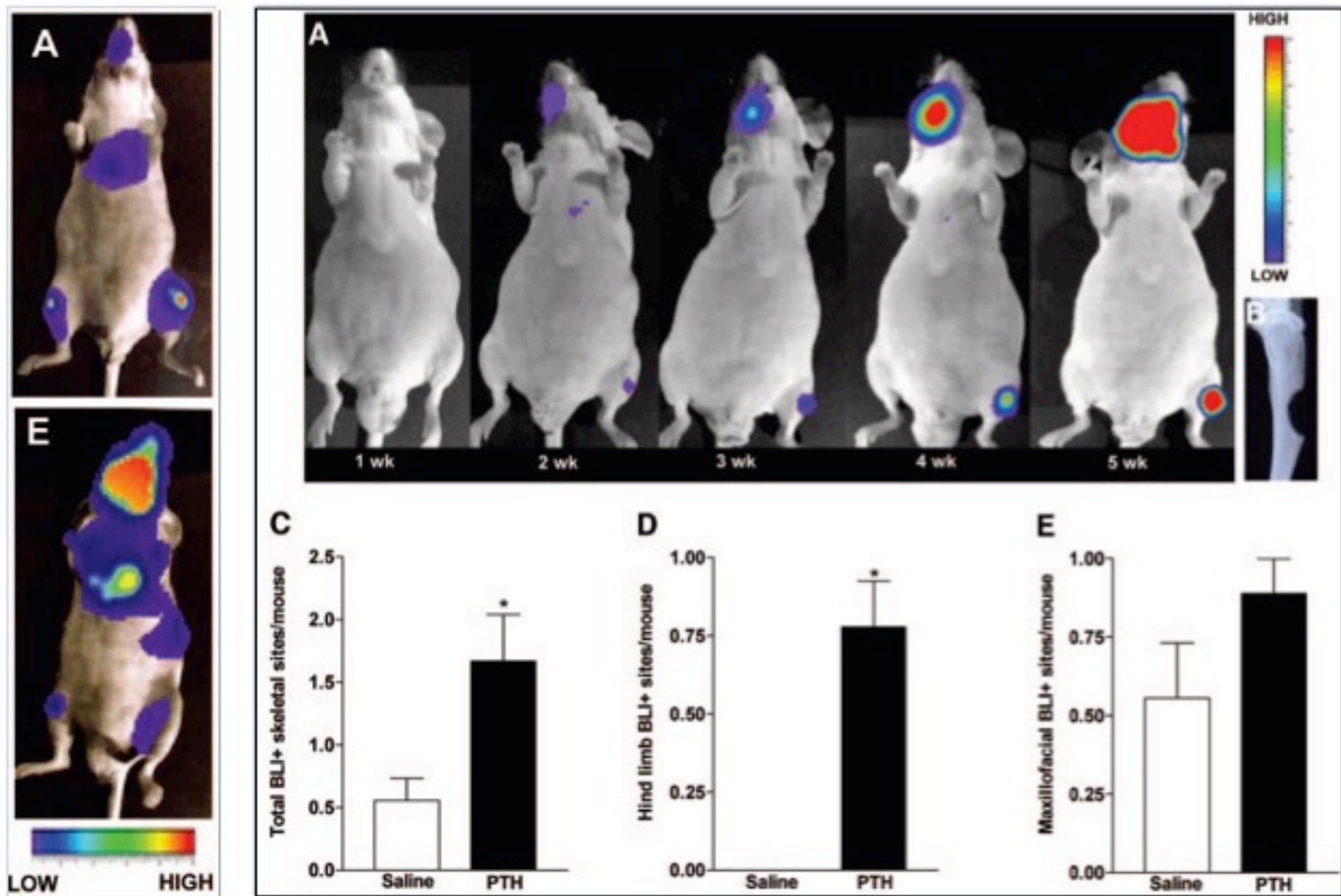
Expression of RANK and RANKL in primary **human lung cancer** and human **lung cancer cell lines**

# Expression of OPG, RANKL and TRAIL in both BC cell lines.



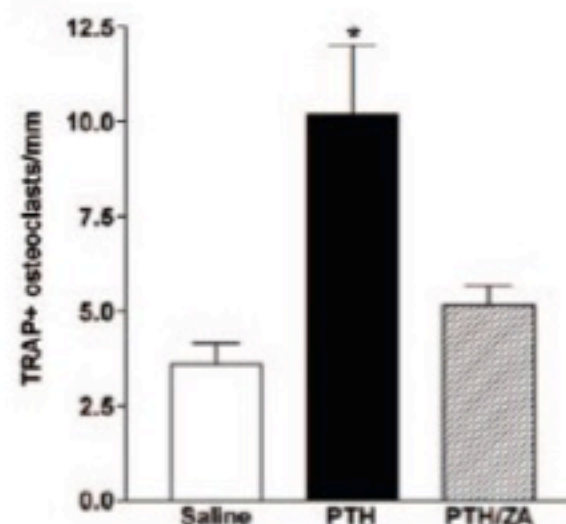
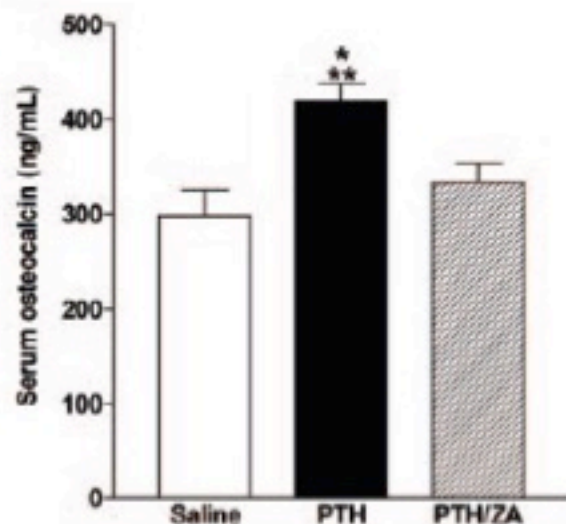
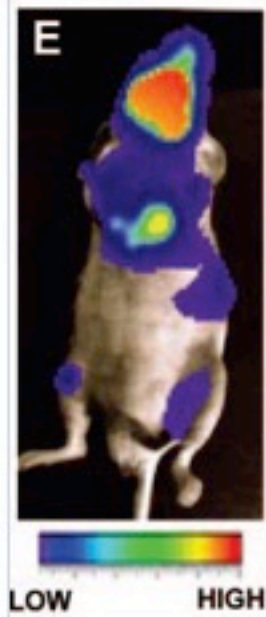
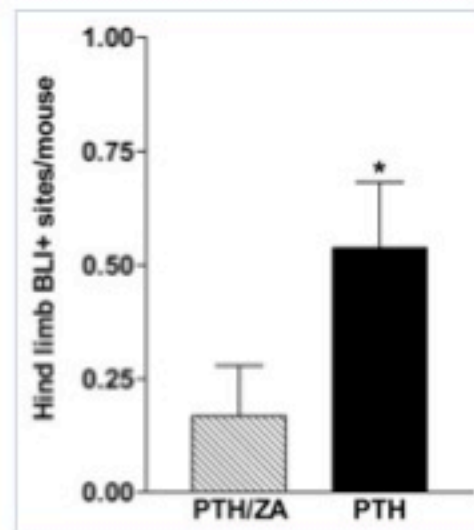
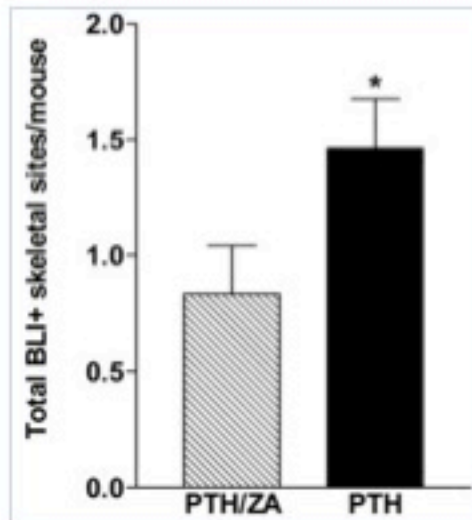


# Bone Turnover Mediates Preferential Localization of Prostate Cancer in the Skeleton

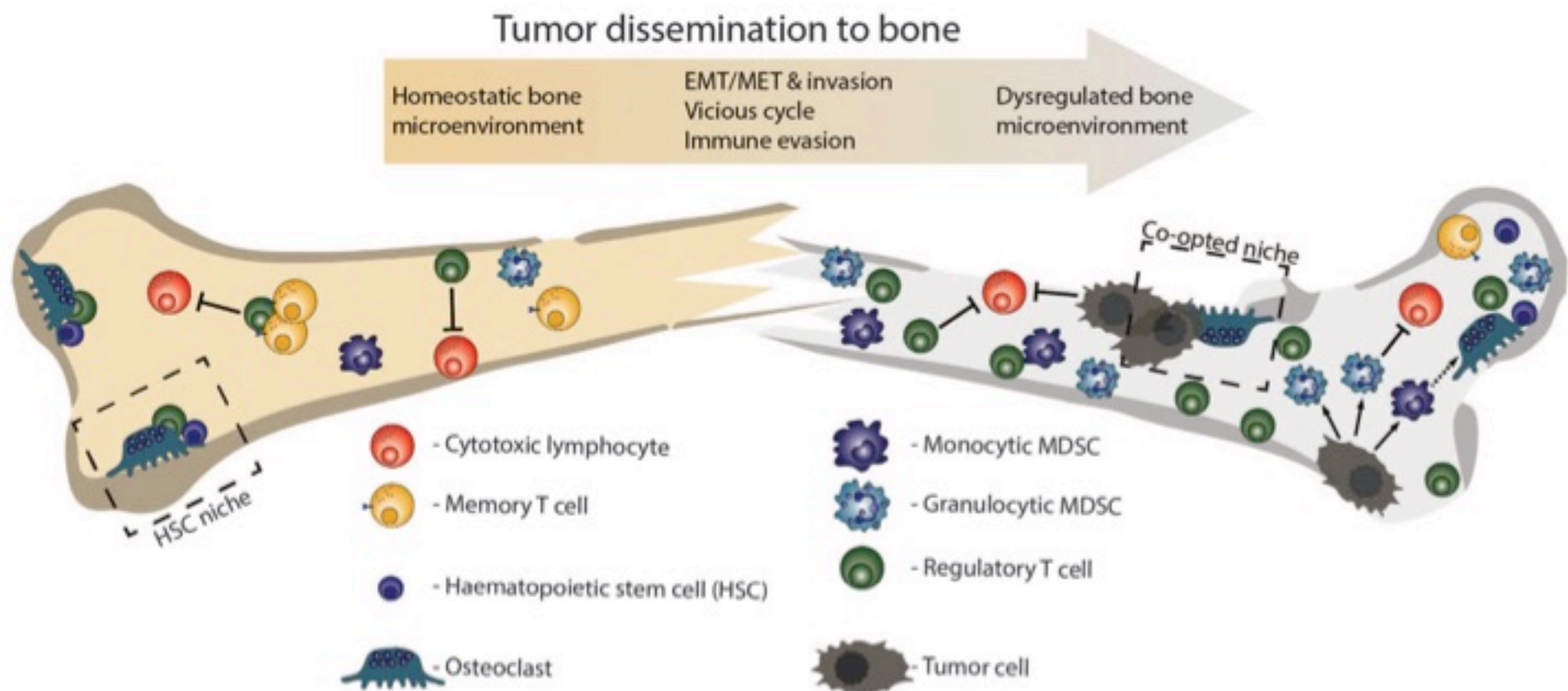


# Bone Turnover Mediates Preferential Localization of Prostate Cancer in the Skeleton

*Schnieder A Endocrinology 2005*

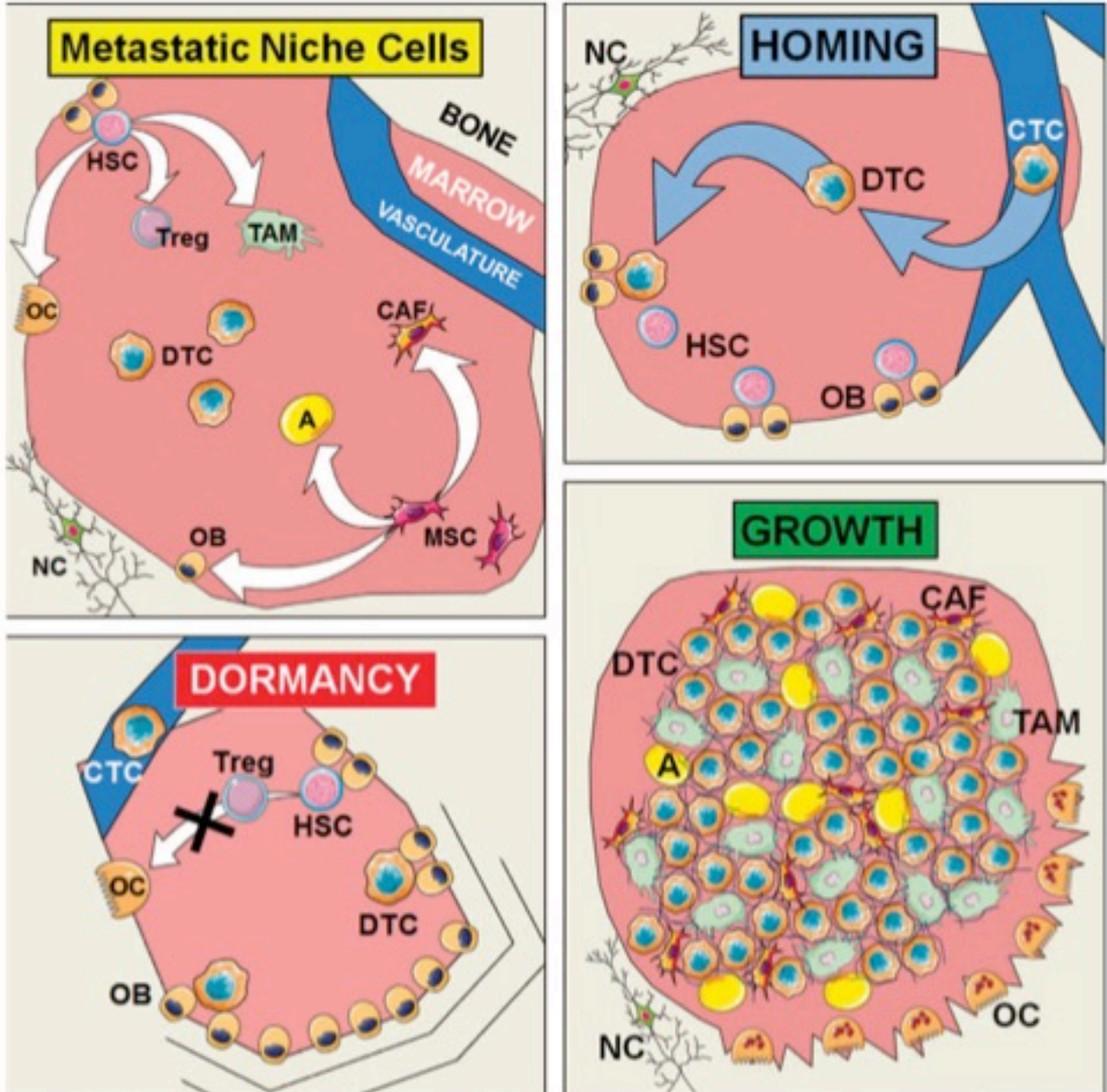


# Bone specific immunity and its impact on metastasis



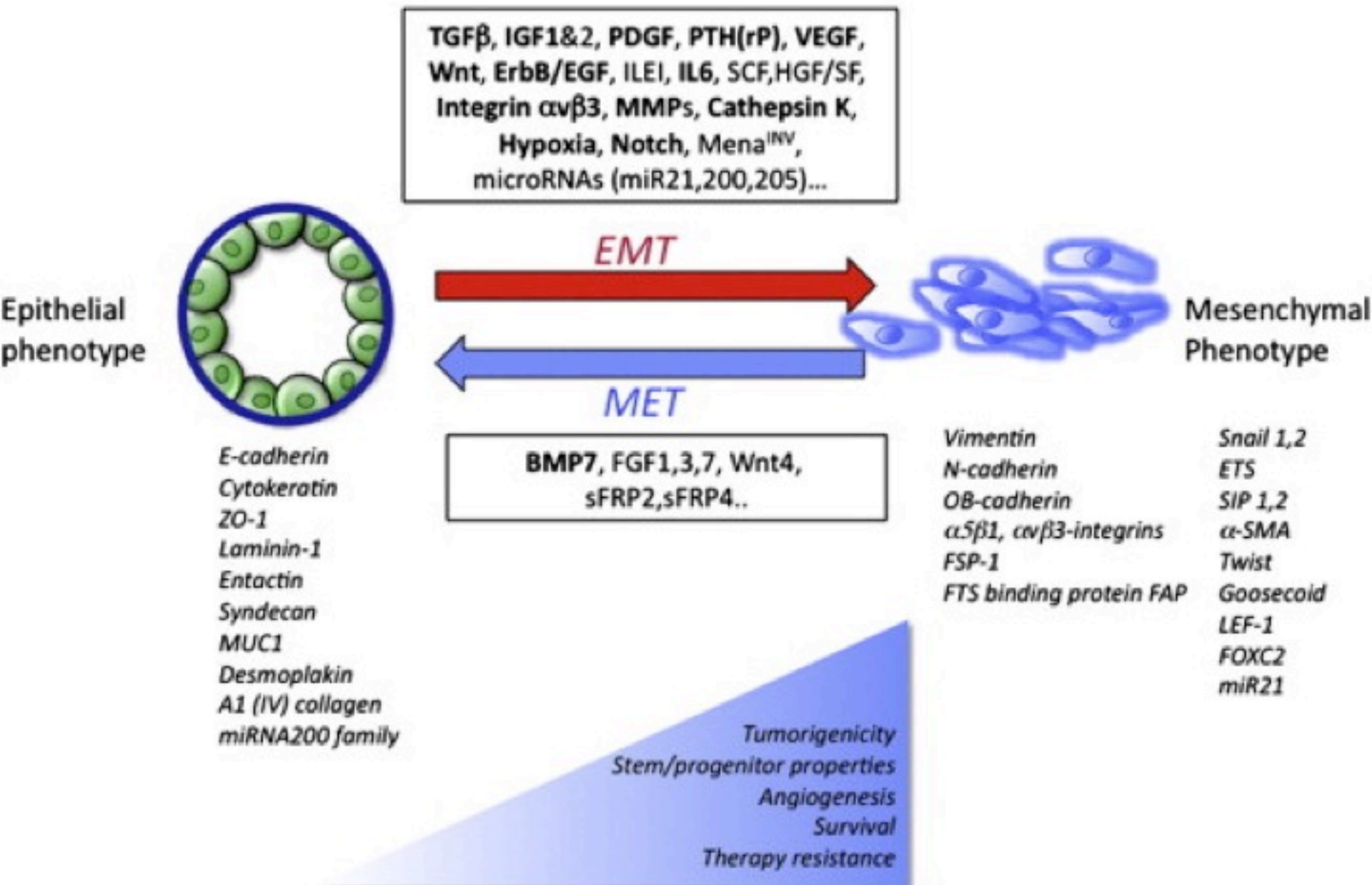


# Bone marrow as a metastatic niche for disseminated tumor cells from solid tumors

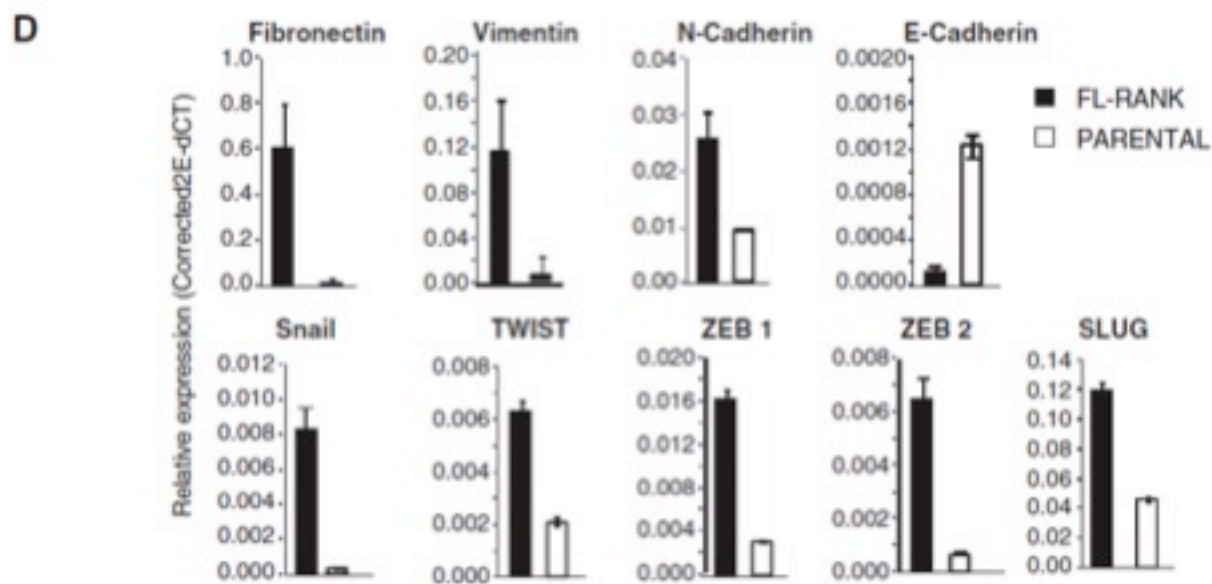
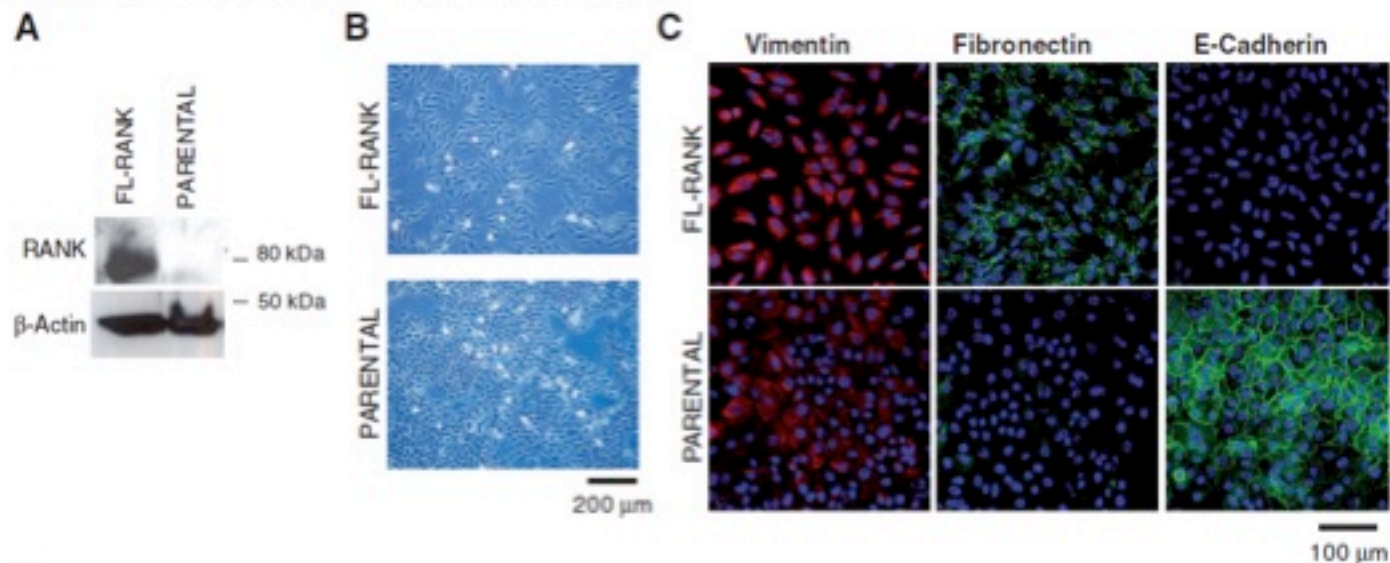




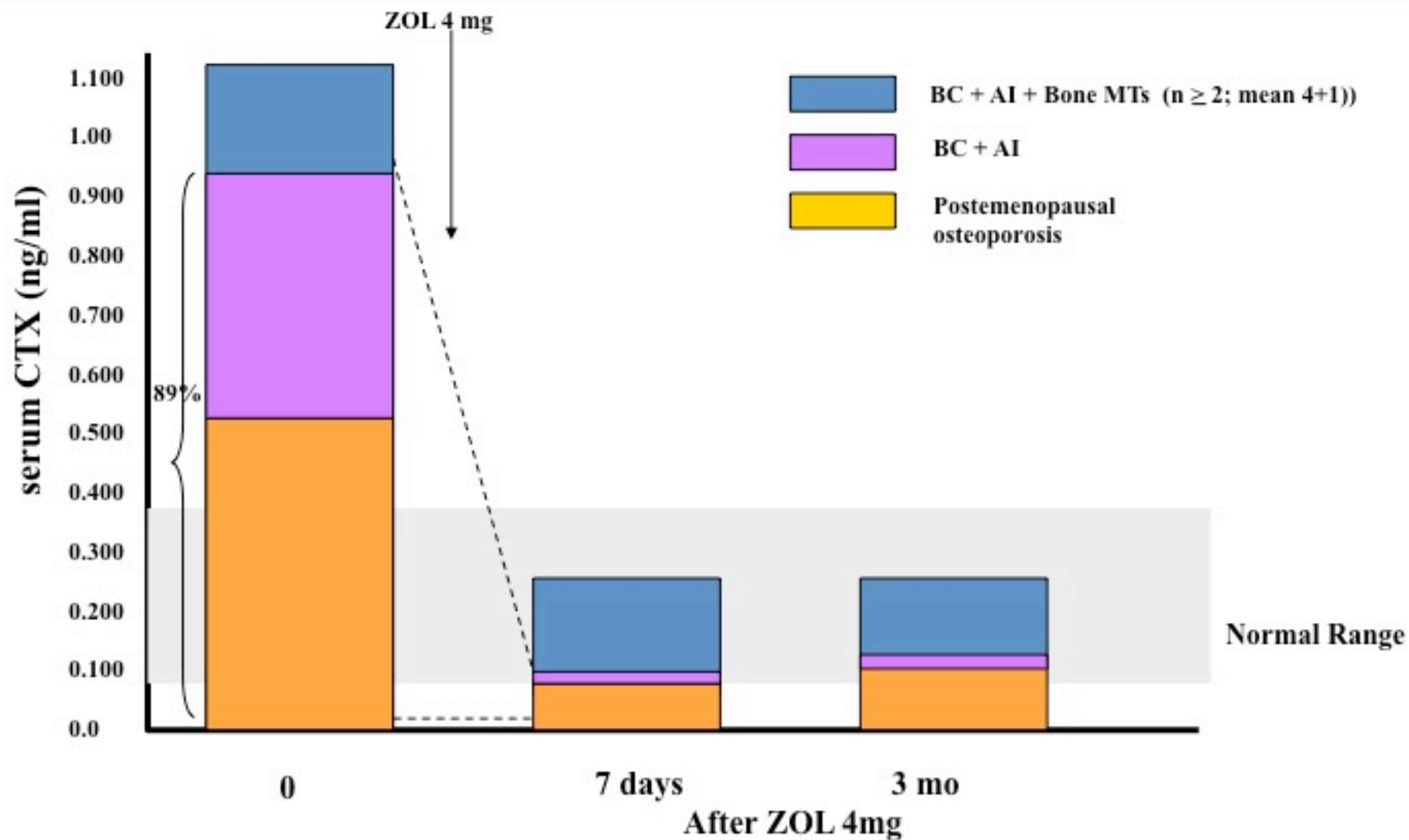
# Endothelial Mesenchymal Transition and MET



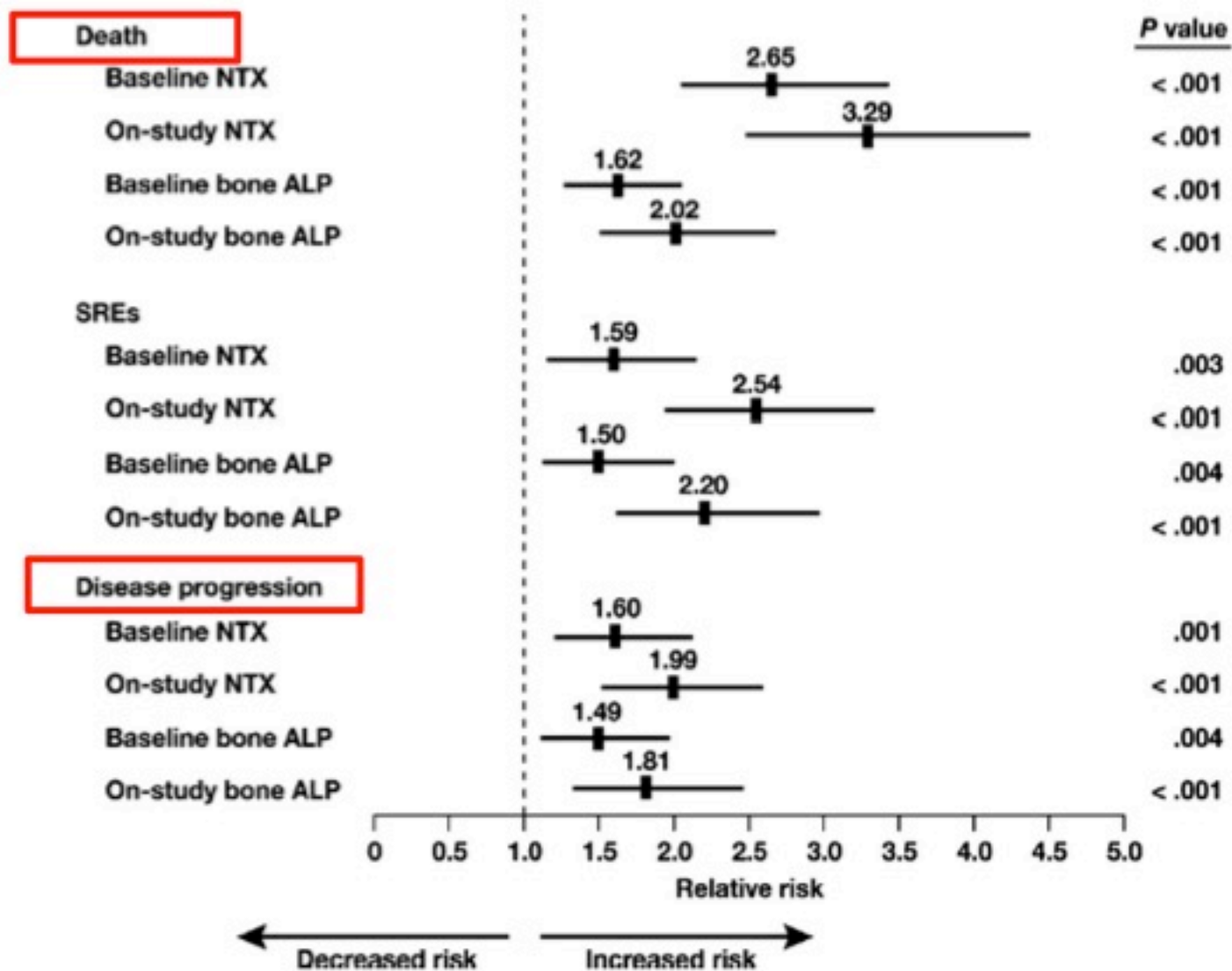
# RANK Induces Epithelial–Mesenchymal Transition and Stemness in Human Mammary Epithelial Cells and Promotes Tumorigenesis and Metastasis



# COMPOSITION OF SERUM CTX POOL IN BREAST CANCER WOMEN WITH BONE METASTASES



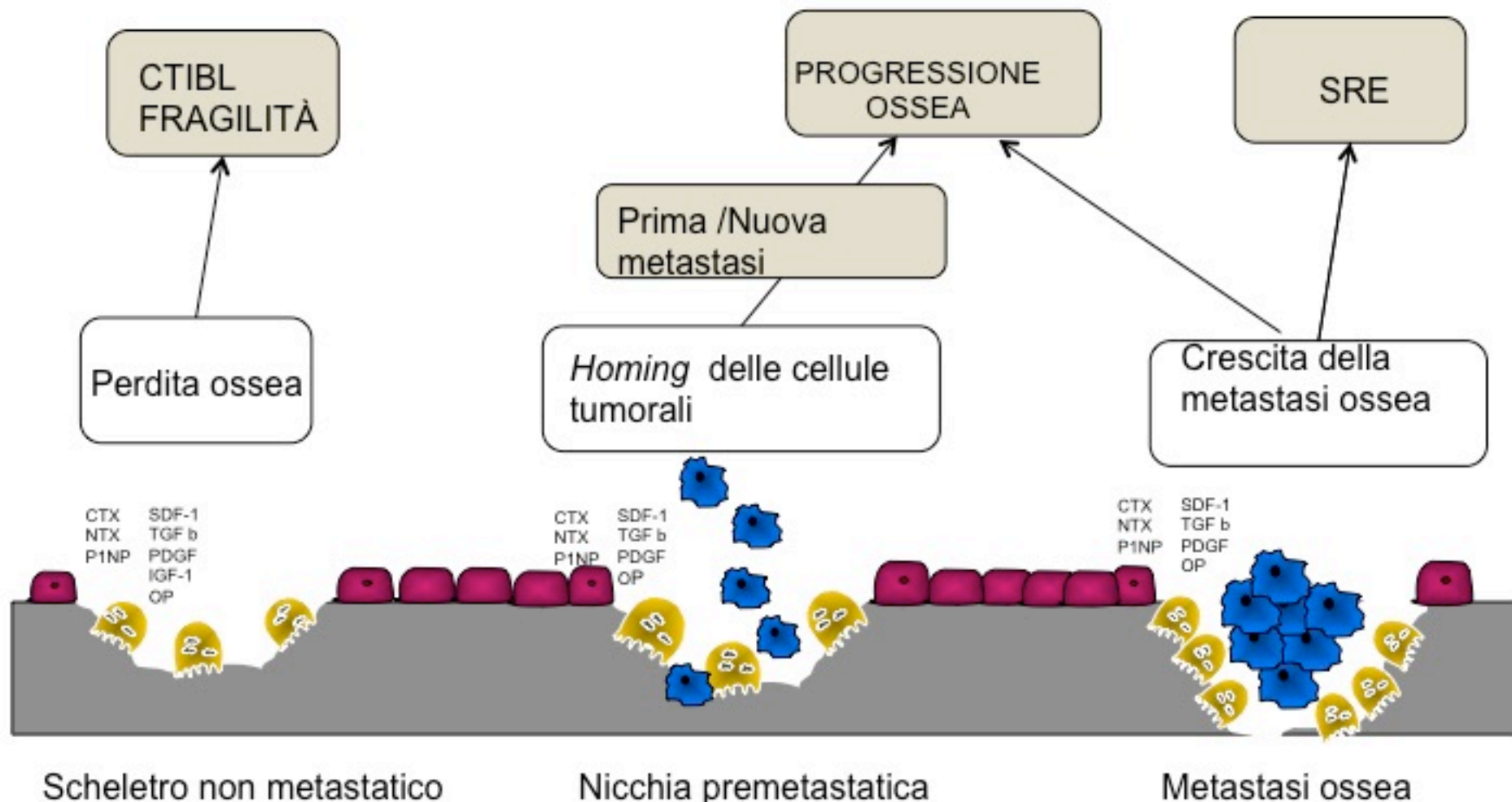
## CORRELATIONS BETWEEN BONE TURNOVER AND CLINICAL OUTCOME IN PATIENTS WITH BONE METASTASES FROM SOLID TUMORS





# Elevato turnover osseo nei pazienti con BC & PC

## ELEVATO TURNOVER OSSEO (eta-vit D - ADT- metastasi)



# Agenda

- **Cancer treatment-induced bone loss**
- **Zoledronic ac/Denosumab therapy**
- ***Bone Modifying Agents and extraskeletal effects***
- **Future competitors**

# Agenda

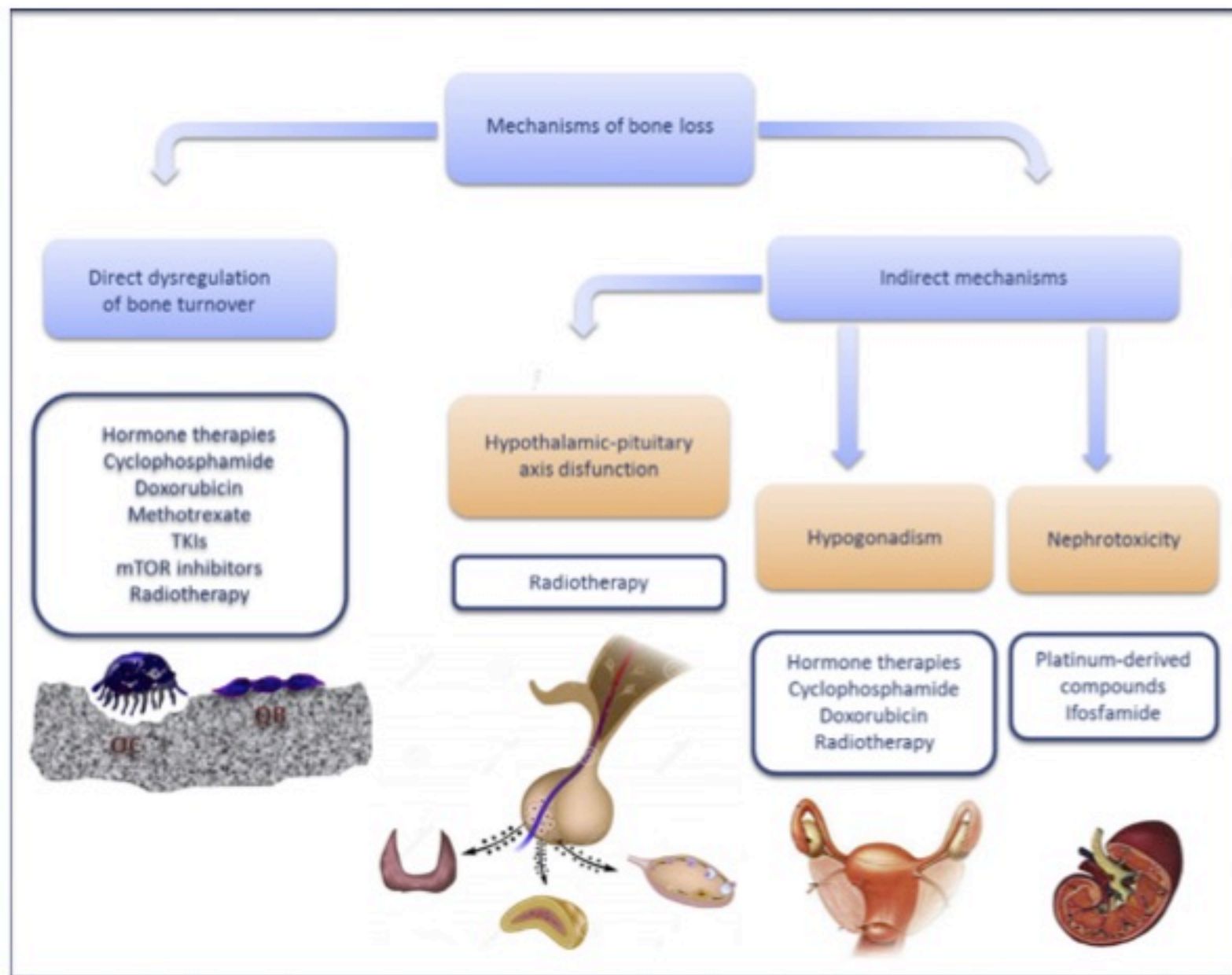
- **Cancer treatment-induced bone loss**
- Zoledronic ac/Denosumab therapy
- *Bone Modifying Agents and extraskeletal effects*
- Future competitors

# Mechanisms of cancer treatment-induced bone loss

Drug	Mechanism of bone loss
Hormone therapies	Hypogonadism, ↓ OB proliferation, ↑ OB apoptosis
Platinum-derived compounds	Nephrotoxicity (hypomagnesemia)
Ifosfamide	Nephrotoxicity (oxidative stress)
Cyclophosphamide	Hypogonadism, ↓ bone formation and resorption
Doxorubicin	Hypogonadism, ↓ OB formation, ↑ OC formation and activation
Methotrexate	↓ OB proliferation, osteocyte apoptosis
TKIs	Bone-damaging effect: hypocalcemia and secondary hyperparathyroidism Bone-sparing effect: ↓ OC differentiation and activity, ↑ OB activation
Radiotherapy	Hypogonadism, ↓ GH, imbalanced activities of OBs and OCs



# Mechanisms of CTIBL



# Cancer treatment-induced bone loss

## Entity of bone loss

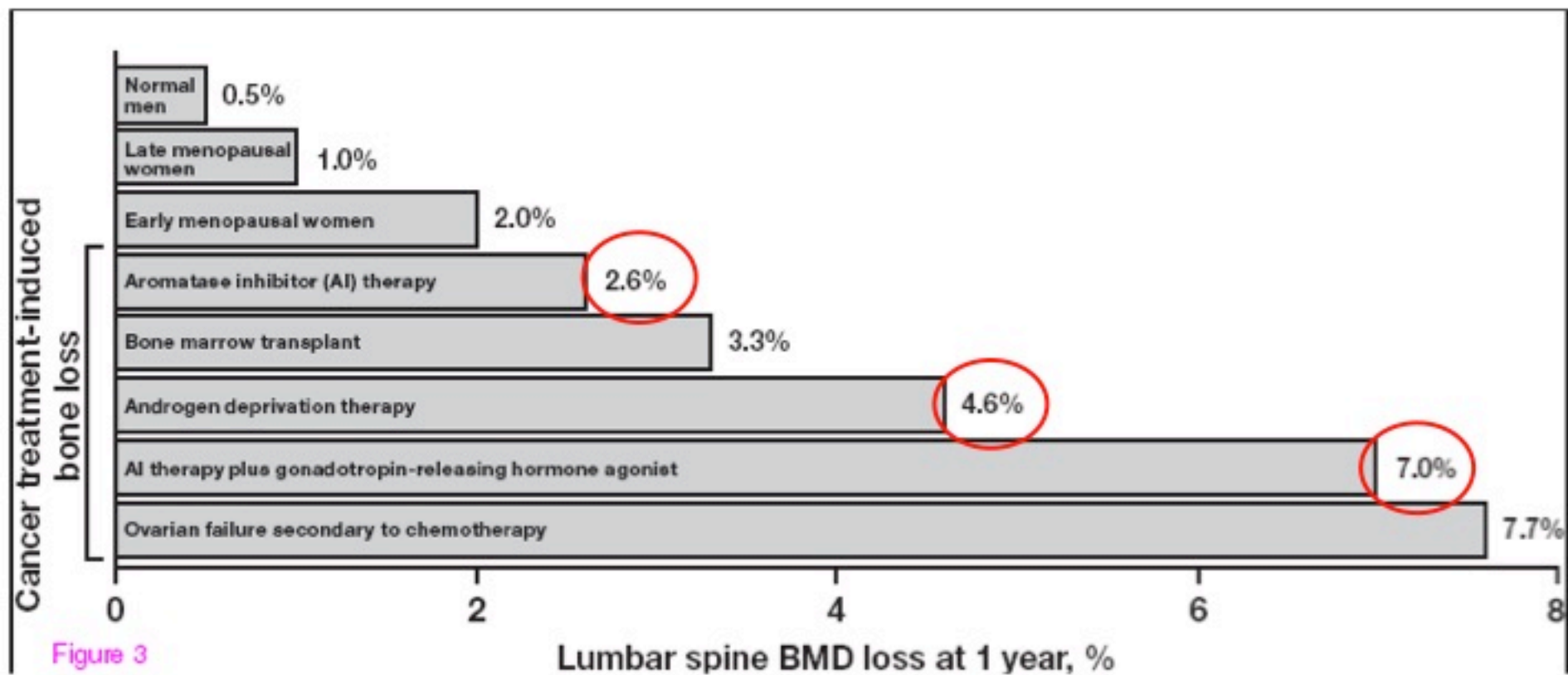


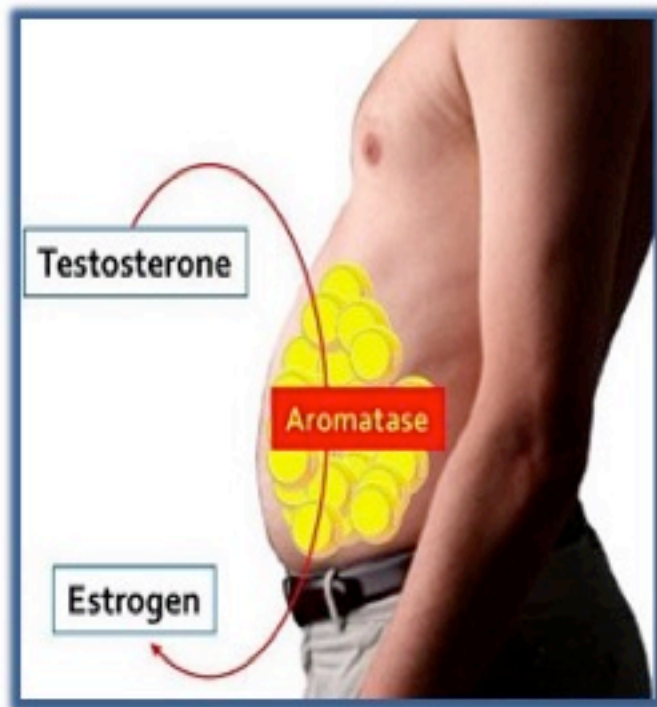
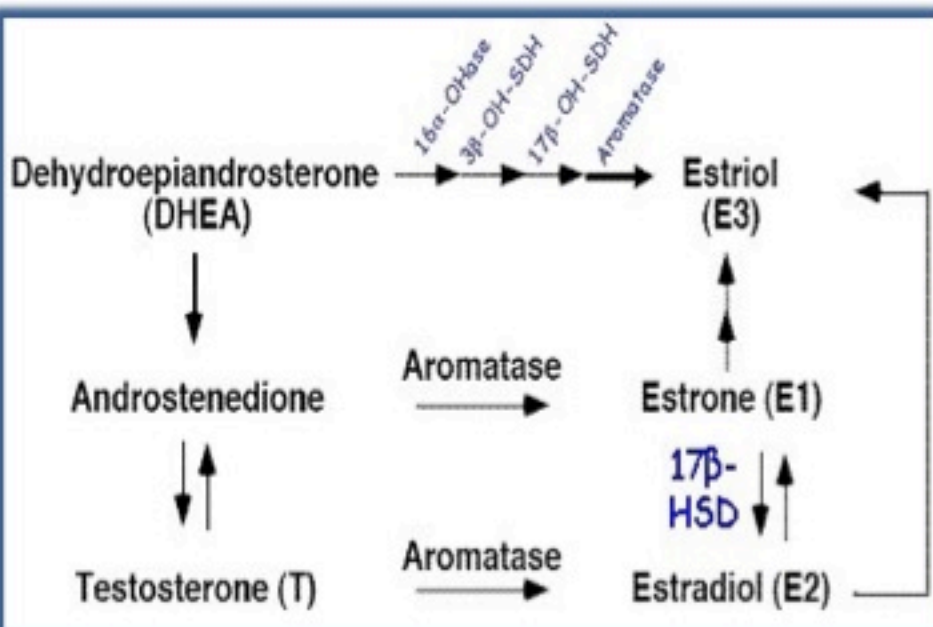
Figure 3

# Aromatasi: fisiologia

NON SOLO ovaio e surrene  
MA ANCHE tessuto adiposo, muscolo,  
cervello, mammella, osso

**Converte gli androgeni in estrogeni**  
(da androstenedione a estrone,  
da testosterone a estradiolo)

**Rappresenta la principale sorgente  
di E endogeni in post-M**  
(l'ovaio post-M sintetizza soprattutto  
androstenedione che viene  
trasformato dalla aromatasi dei  
tessuti periferici in estrone)



# Inibitori della aromatasi

Bloccano il **98-99%** della produzione estrogenica

Effetto diverso a seconda dell'**età della paziente:**

donna più giovane, più alto livello di partenza di E2, maggiore il delta di calo estrogenico, maggiore l'aumento del turn-over osseo

**Steroidi** (exemestane): irreversibili, tipo I, bloccano il sito di legame dell'aromatasi

**Non steroidi** (anastrozolo, letrozolo): reversibili, tipo II, bloccano il gruppo eme

**Effetti collaterali:** fratture, artro-mialgie, dislipidemia

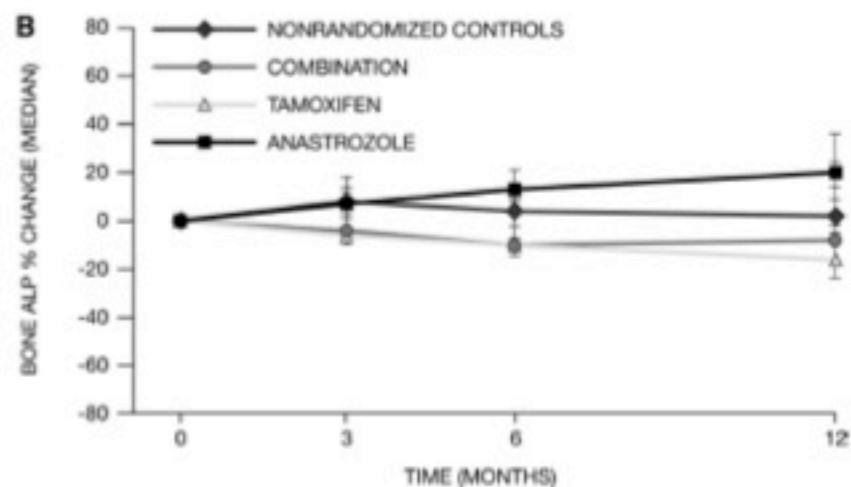
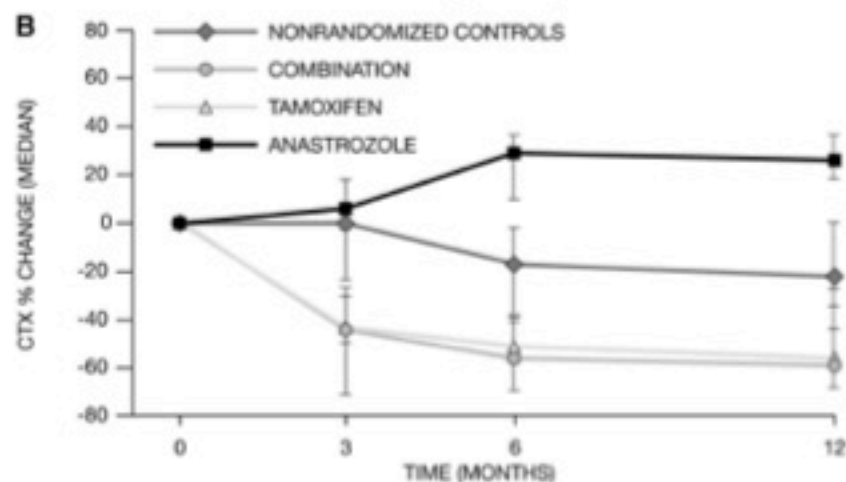
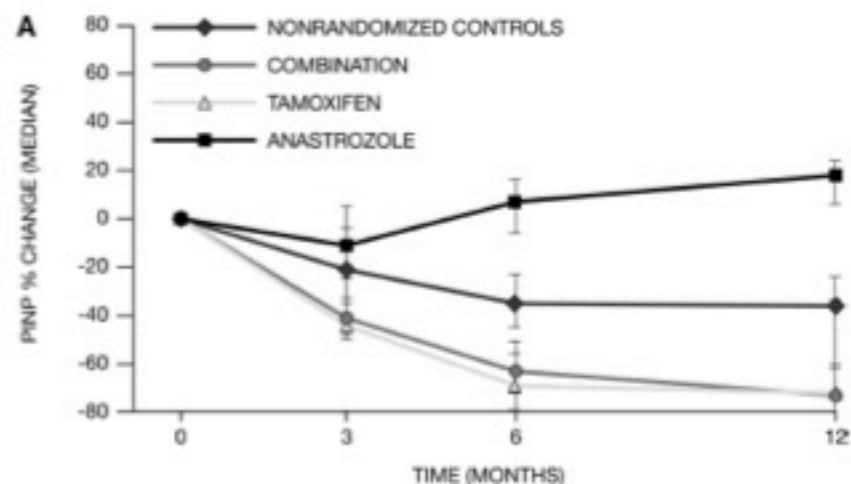
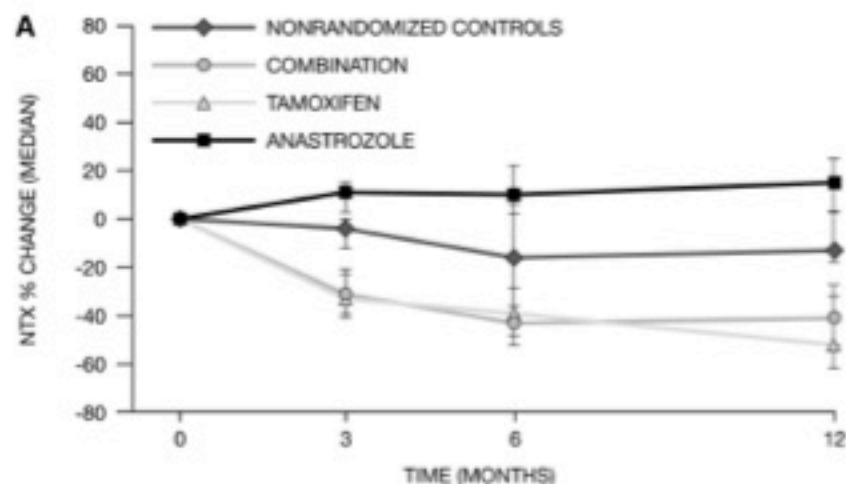


# Clinical trials investigating aromatase inhibitor effects on bone turnover

Clinical trial	Number of patients	Follow-up period (months)	Tested drug	Control	Fracture incidence
ATAC	9366	68	Anastrozole	Tamoxifen	11% vs 7.7%
ARNO/ABC SG8	3224	28	Anastrozole	Tamoxifen	2% vs 1%
BIG 1.98	4895	60.3	Letrozole	Tamoxifen	9.3% vs 6.5%
IES	4274	58	Exemestane	Tamoxifen	7% vs 5%
MA-17	5187	28.8	Letrozole	Placebo	3.6% vs 2.9%
MA-27	7576	49.2	Exemestane	Anastrozole	10% vs 9%
ABCSG18	3425	84	Denosumab + AI	Placebo + AI	11.1% vs 26.2%
ZO-FAST	1065	60	Letrozole + immediate ZA	Letrozole + delayed ZA	Statistically similar
AZURE	3360	84	Adjuvant treatment + ZA	Adjuvant treatment without ZA	6.2% vs 8.3%

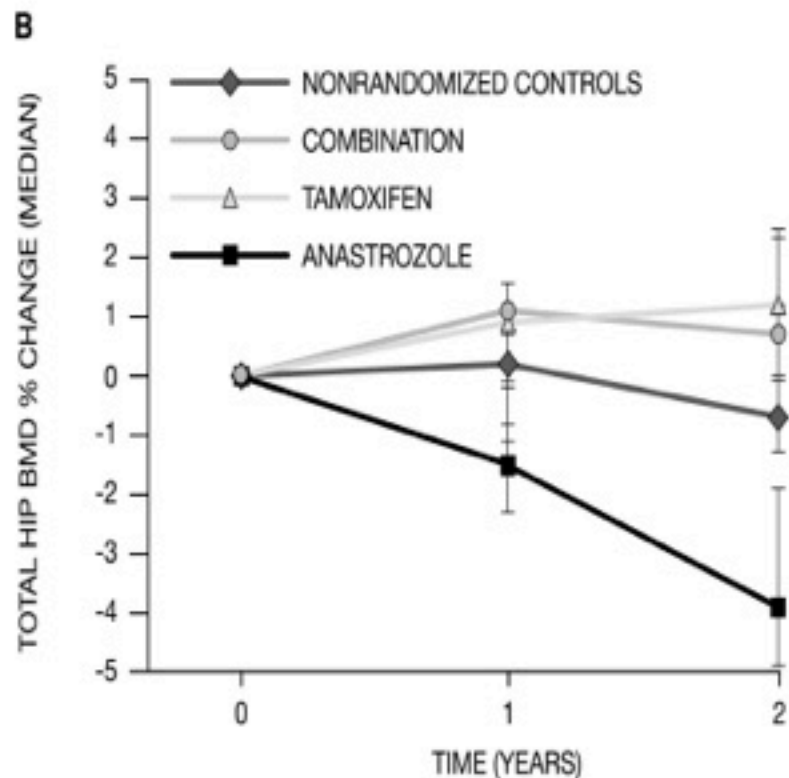
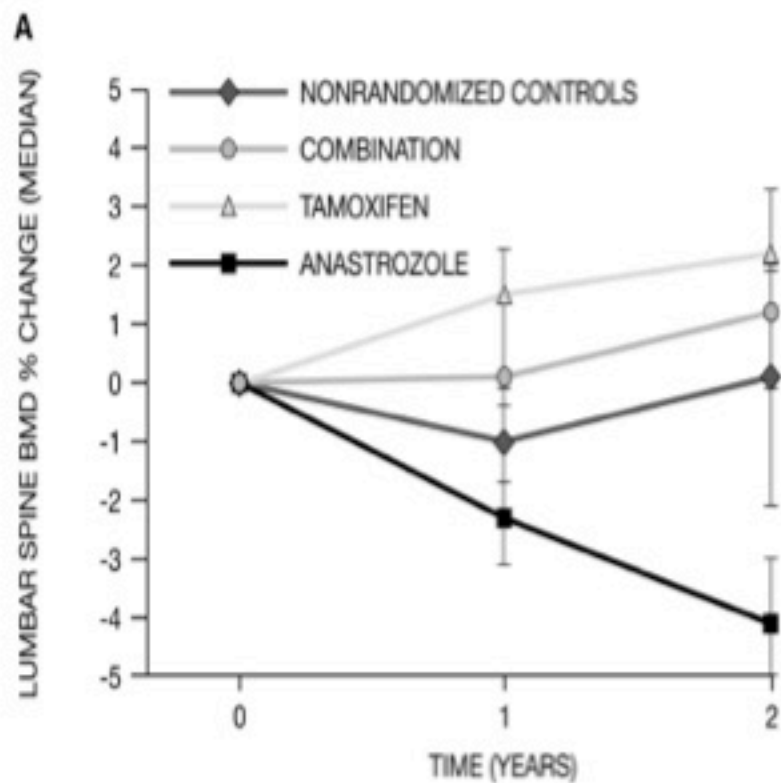
# Skeletal effects of aromatase inhibitors

## Markers of bone turnover



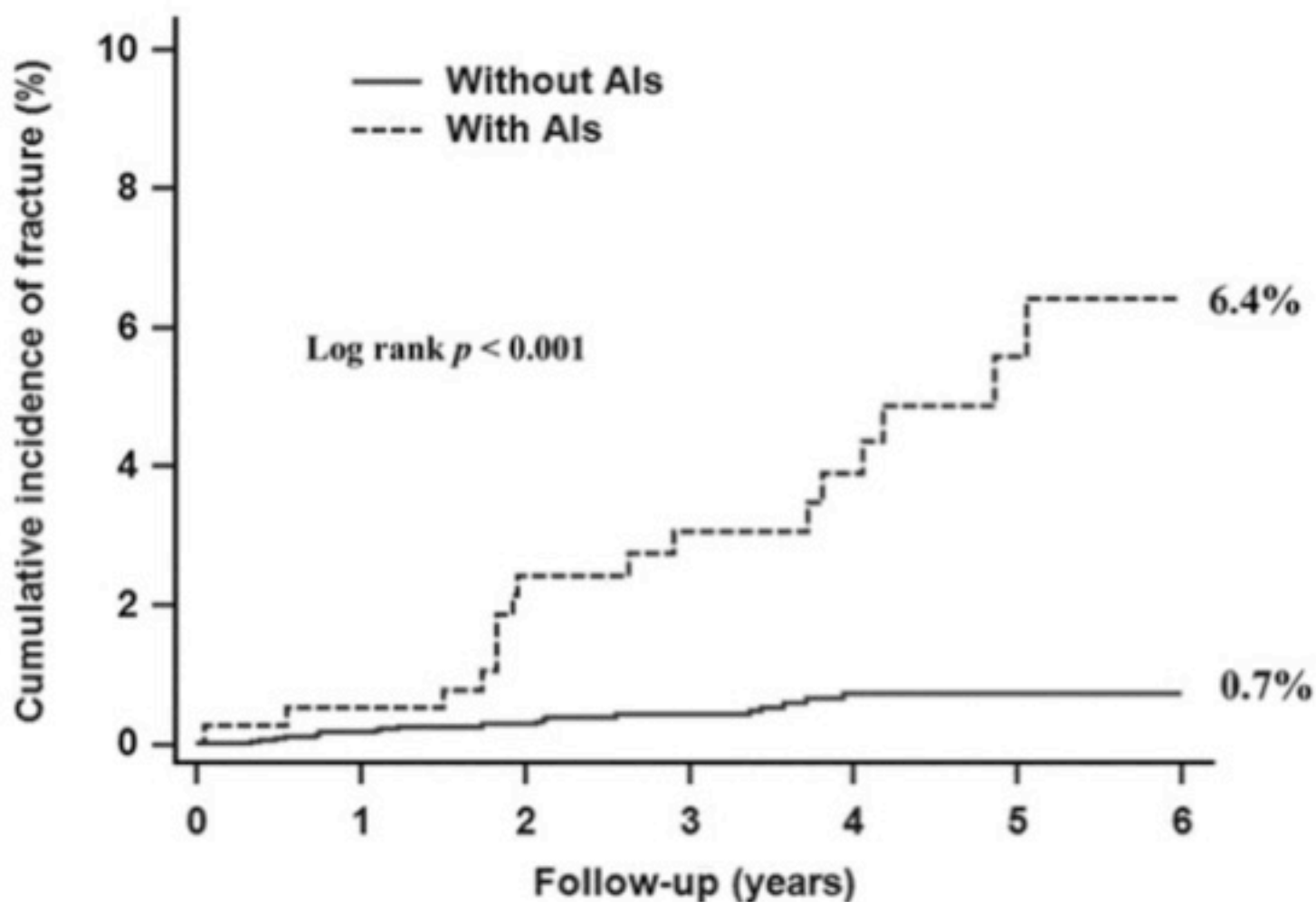
# Skeletal effects of aromatase inhibitors

## BMD



# Skeletal effects of aromatase inhibitors

## Fracture





original article

*Annals of Oncology* 20: 1489–1498, 2009

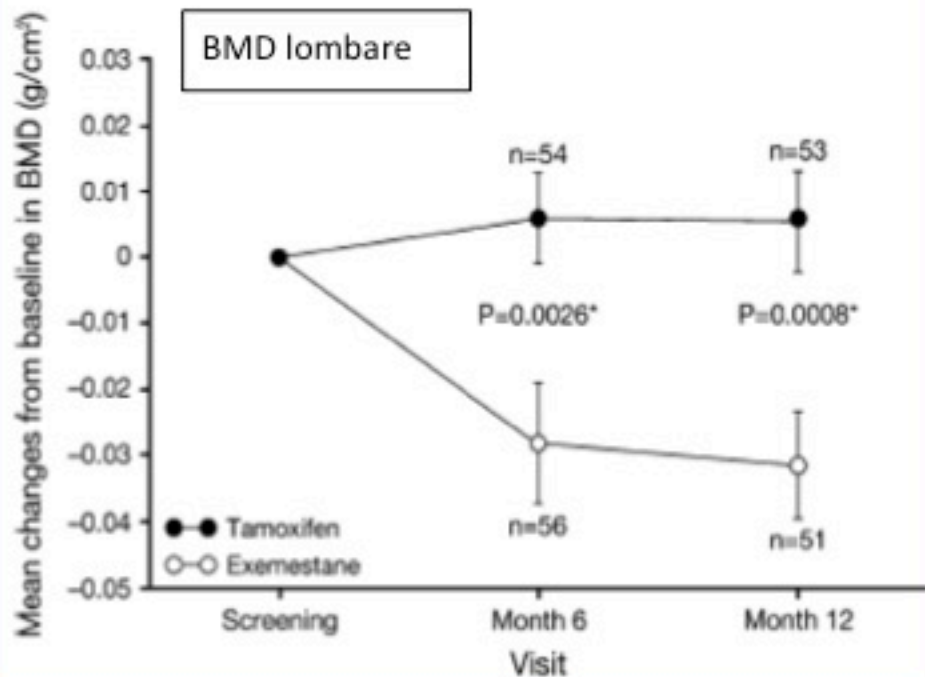
doi:10.1093/annonc/mdp033

Published online 27 May 2009

## **Bone fractures among postmenopausal patients with endocrine-responsive early breast cancer treated with 5 years of letrozole or tamoxifen in the BIG 1-98 trial**

M. Rabaglio<sup>1\*</sup>, Z. Sun<sup>2</sup>, K. N. Price<sup>3</sup>, M. Castiglione-Gertsch<sup>4</sup>, H. Hawle<sup>4</sup>, B. Thürlimann<sup>5</sup>, H. Mouridsen<sup>6</sup>, M. Campone<sup>7</sup>, J. F. Forbes<sup>8</sup>, R. J. Paridaens<sup>9</sup>, M. Colleoni<sup>10</sup>, T. Pienkowski<sup>11</sup>, J.-M. Nogaret<sup>12</sup>, I. Láng<sup>13</sup>, I. Smith<sup>14</sup>, R. D. Gelber<sup>15</sup>, A. Goldhirsch<sup>16,17</sup> & A. S. Coates<sup>18</sup> for the BIG 1-98 Collaborative and International Breast Cancer Study Groups

### BMD lombare

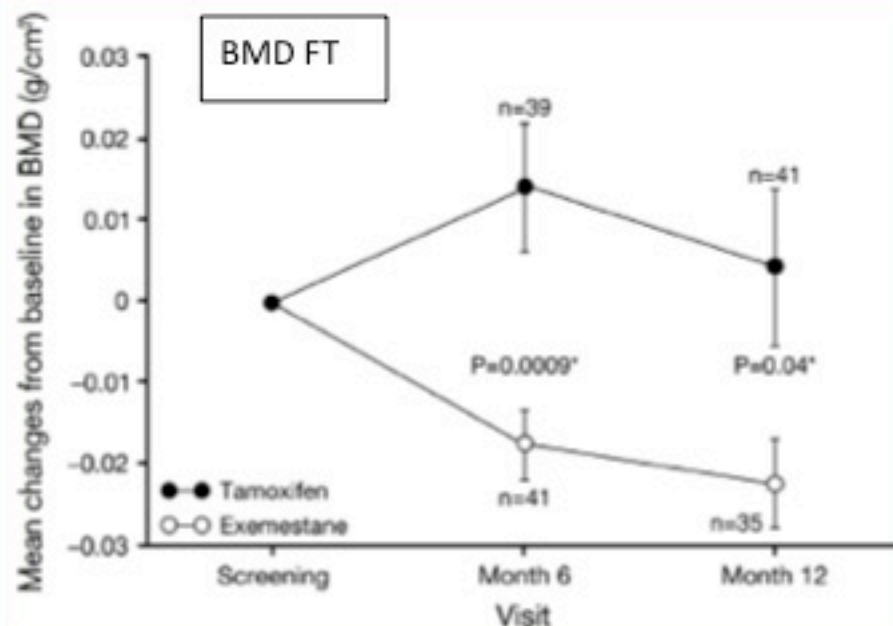


### BMD lombare

TAM a 6 mesi : +0,5%  
TAM a 12 mesi: stabile

IA a 6 mesi: -2,6%  
IA a 12 mesi: ulteriore -0,2%

### BMD FT



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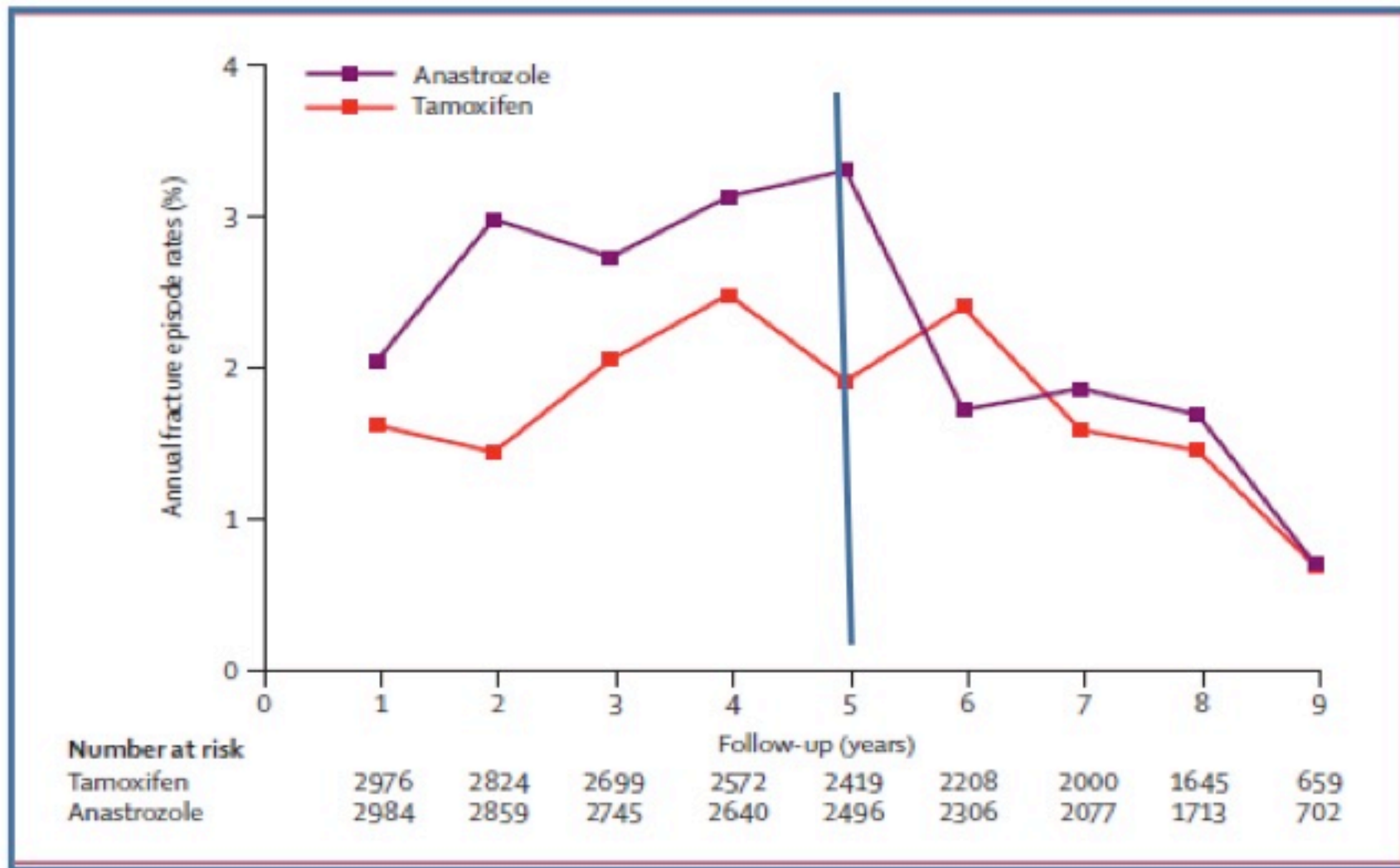
Effect of anastrozole and tamoxifen as adjuvant treatment  
for early-stage breast cancer: 100-month analysis of the  
ATAC trial



*The Arimidex, Tamoxifen, Alone or in Combination (ATAC) Trialists' Group<sup>a</sup>*

*Lancet Oncol 2008; 9: 45-53*

Pazienti post-M con CA mammario  
trattate con TAM per 5 anni vs anastrozolo per 5 anni



Fracture rate significativamente maggiore nel gruppo anastrozolo rispetto al gruppo TAM ma non differente off treatment (reversibilità alla sospensione del trattamento)



# Blocco androgenico (ADT)


- **orchiectomia bilaterale**
- **analogo del GnRH** (leuprolide, goserelin, triptorelin)
  - blocco dell'asse gonadico
- **anti-androgeno** (flutamide, bicalutamide, nilutamide, ciproterone acetato)
  - antg del rec del testosterone
- **analogo del GnRH + anti-androgeno**: blocco androgenico completo


## Ripresa funzionale asse gonadico alla sospensione

possibile, soprattutto: età < 65 anni, durata ADT < 24-30 mesi


# Androgen-deprivation therapy (ADT) e BMD


## ANALOGO DEL GnRH

 Calo del testosterone, DHT ed estradiolo

 Calo della BMD

## ANTI-ANDROGENO

 Aumento del testosterone ed estradiolo

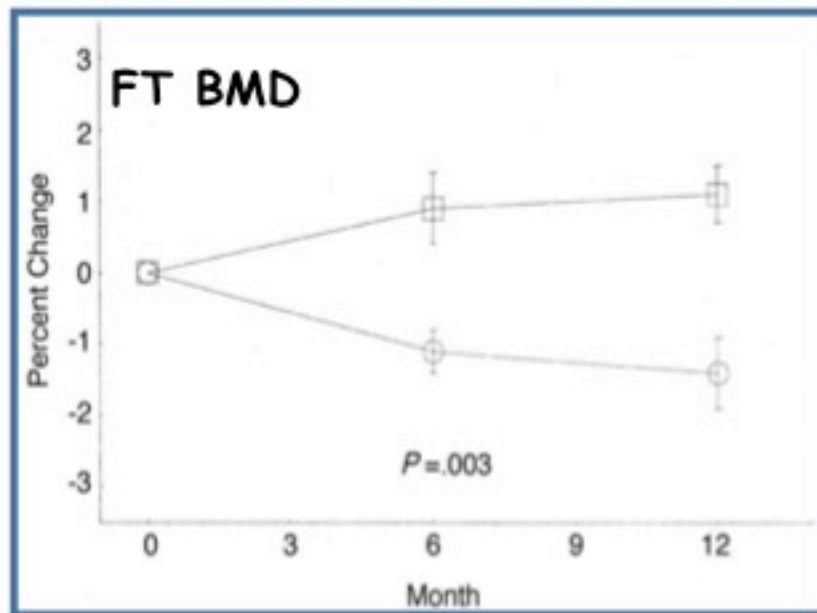
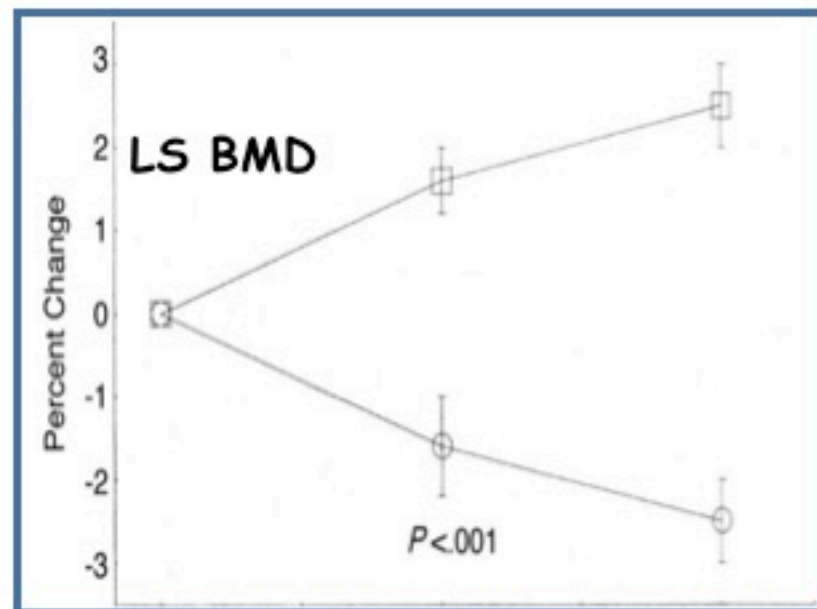
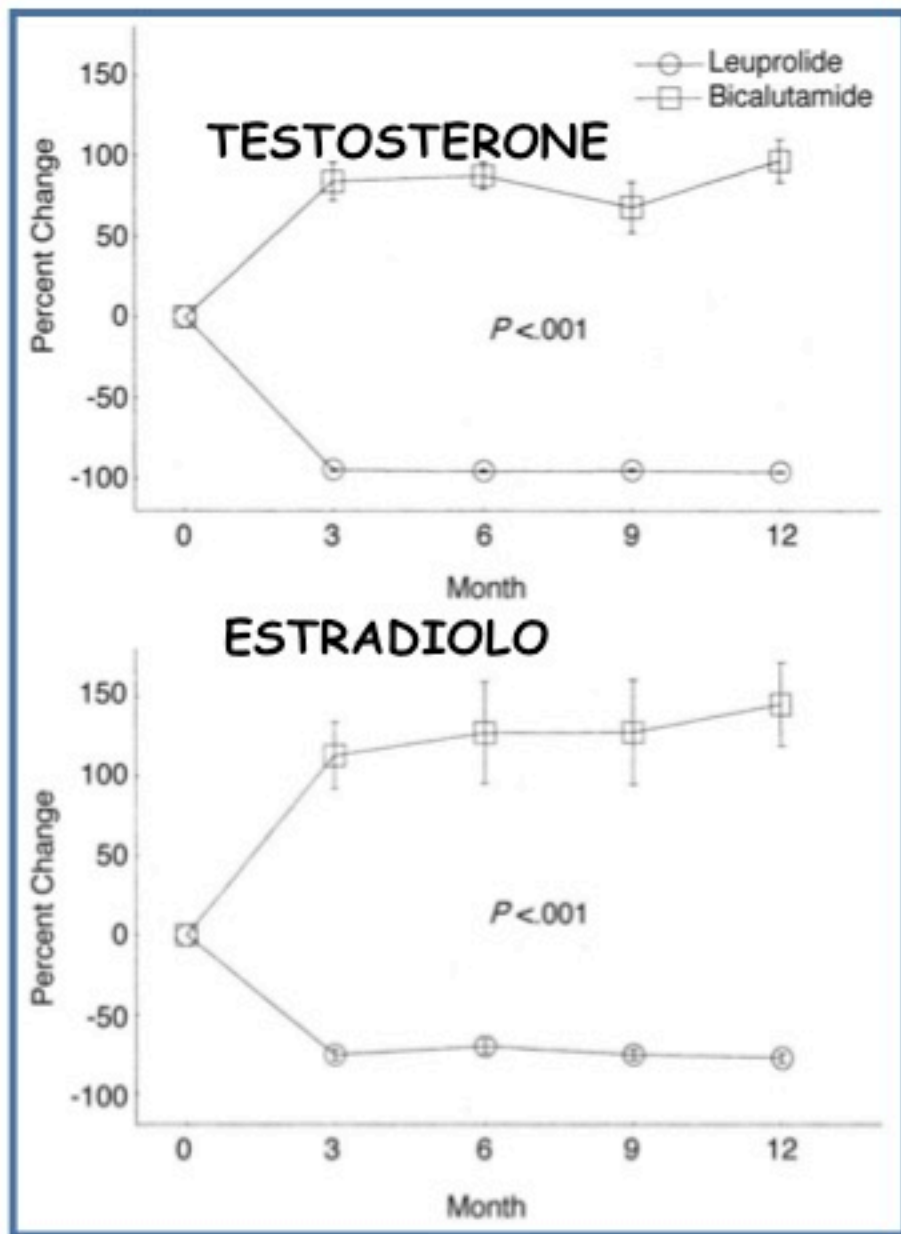
 Mantenimento/incremento della BMD

Bicalutamide Monotherapy Versus Leuprolide Monotherapy for Prostate Cancer: Effects on Bone Mineral Density and Body Composition

*Matthew R. Smith, Melissa Goode, Anthony L. Zietman, Francis J. McGovern, Hang Lee, and Joel S. Finkelstein*

52 maschi con CA prostata non metastatico  
trattati con leuprolide vs bicalutamide per 12 mesi

# Effetto della bicalutamide vs GnRH agonista



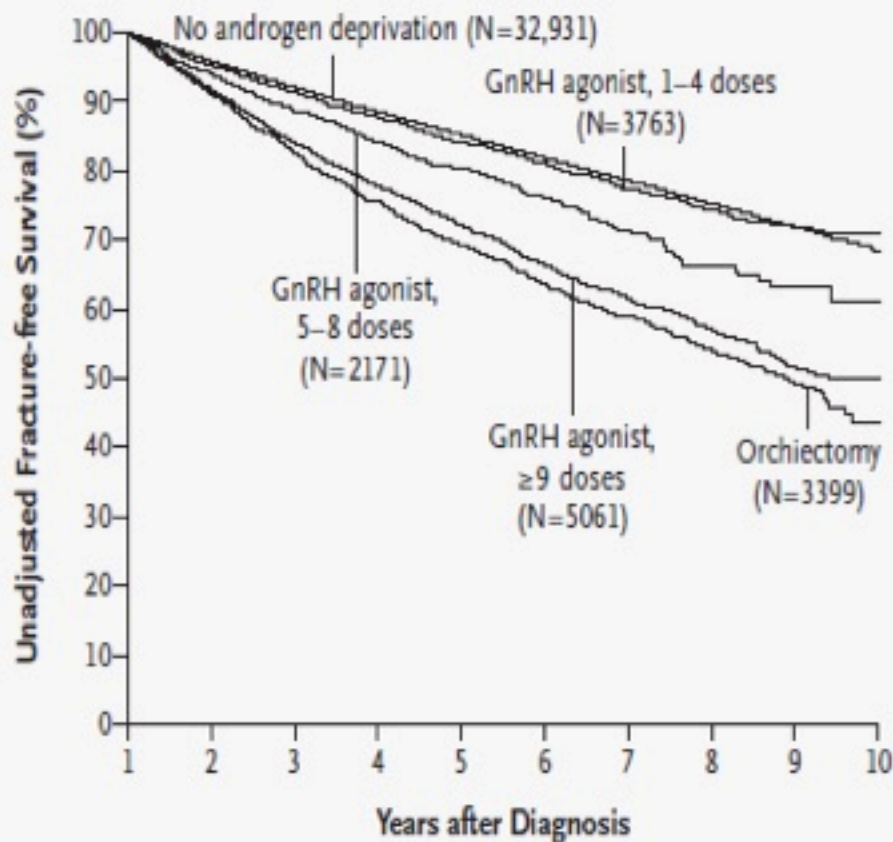


ORIGINAL ARTICLE

# Risk of Fracture after Androgen Deprivation for Prostate Cancer

Vahakn B. Shahinian, M.D., Yong-Fang Kuo, Ph.D., Jean L. Freeman, Ph.D.,  
and James S. Goodwin, M.D.

Studio retrospettivo di 50,613 maschi con CA prostata in ADT



**19,4%** pz in ADT  
hanno avuto una frattura vs  
12,6% pz non in ADT

Associazione statisticamente  
significativa fra n° di dosi di GnRHa  
somministrate durante i 12 mesi  
dopo la diagnosi e rischio di frattura

**Figure 1. Unadjusted Fracture-free Survival among Patients with Prostate Cancer, According to Androgen-Deprivation Therapy.**

The survival curves start at 12 months after diagnosis, and androgen deprivation was initiated within 6 months after diagnosis. GnRH denotes gonadotropin-releasing hormone. The number of doses is the number administered within 12 months after diagnosis.

# Agenda

- Cancer treatment-induced bone loss
- **Zoledronic ac/Denosumab therapy**
- *Bone Modifying Agents and extraskeletal effects*
- Future competitors

- GNRH AGONISTI
- INIBITORI AROMATASI
- CHEMIOTERAPIA
- Menopausa
- Età
- Ipvitamin. D

**ELEVATO TURNOVER OSSEO**

**Homing cell metastatiche**

**Inizio malattia metastatica**

**Osteoporosi**

**FRATTURE**

**SRE**

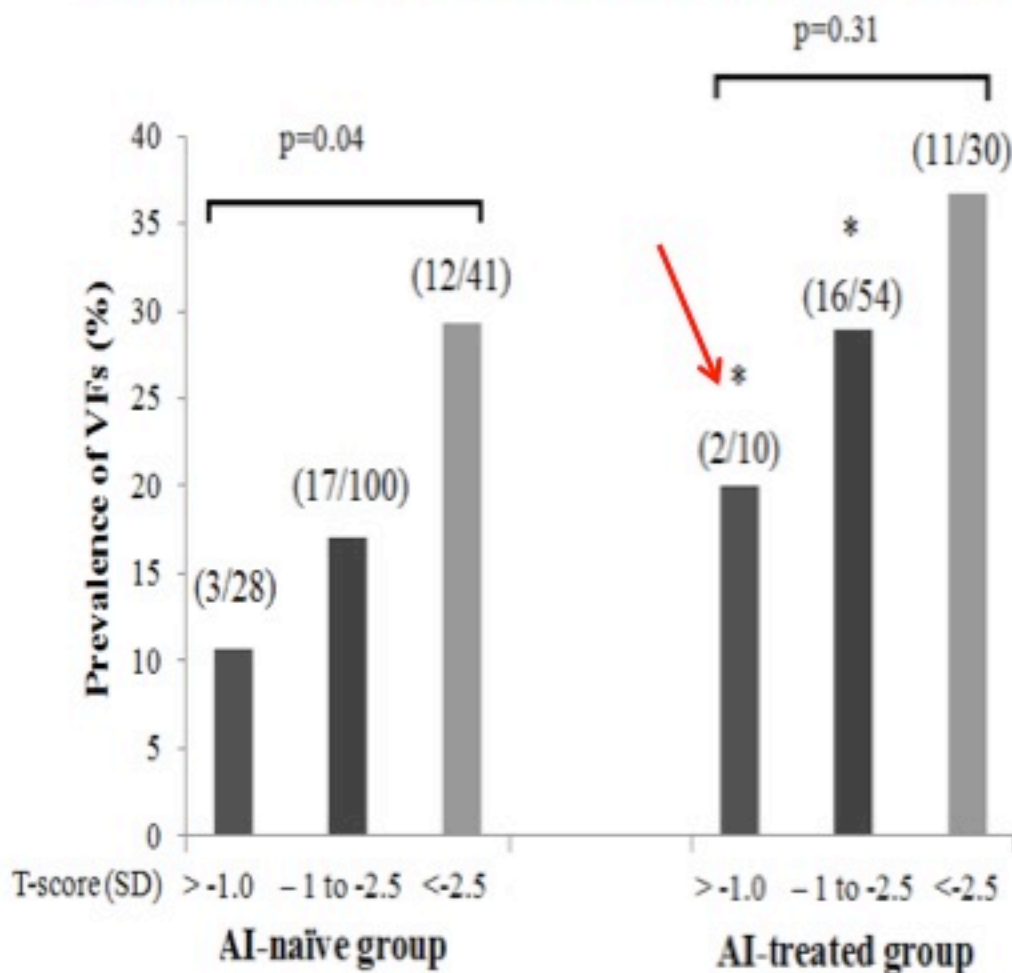
Fratture  
Ipercalcemia  
Radioterapia  
Dolore

**Crescita metastasi**



# Skeletal effects of aromatase inhibitors

High prevalence of fractures even in presence of normal BMD

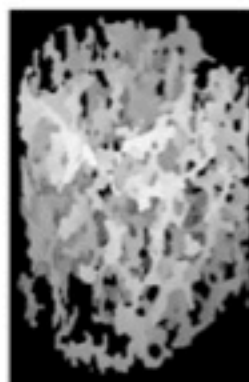


# ADT-induced osteoporosis

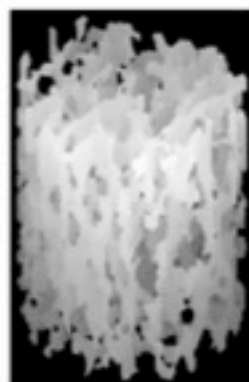
## Vertebral fractures and BMD values

137 men  $\geq 60$  years with non metastatic prostate cancer on ADT for  $\geq 6$  months  
37% of men without osteoporosis by DXA had VF identified

Patient A:  
Vertebral  
Fracture



Patient B:  
No Vertebral  
Fracture



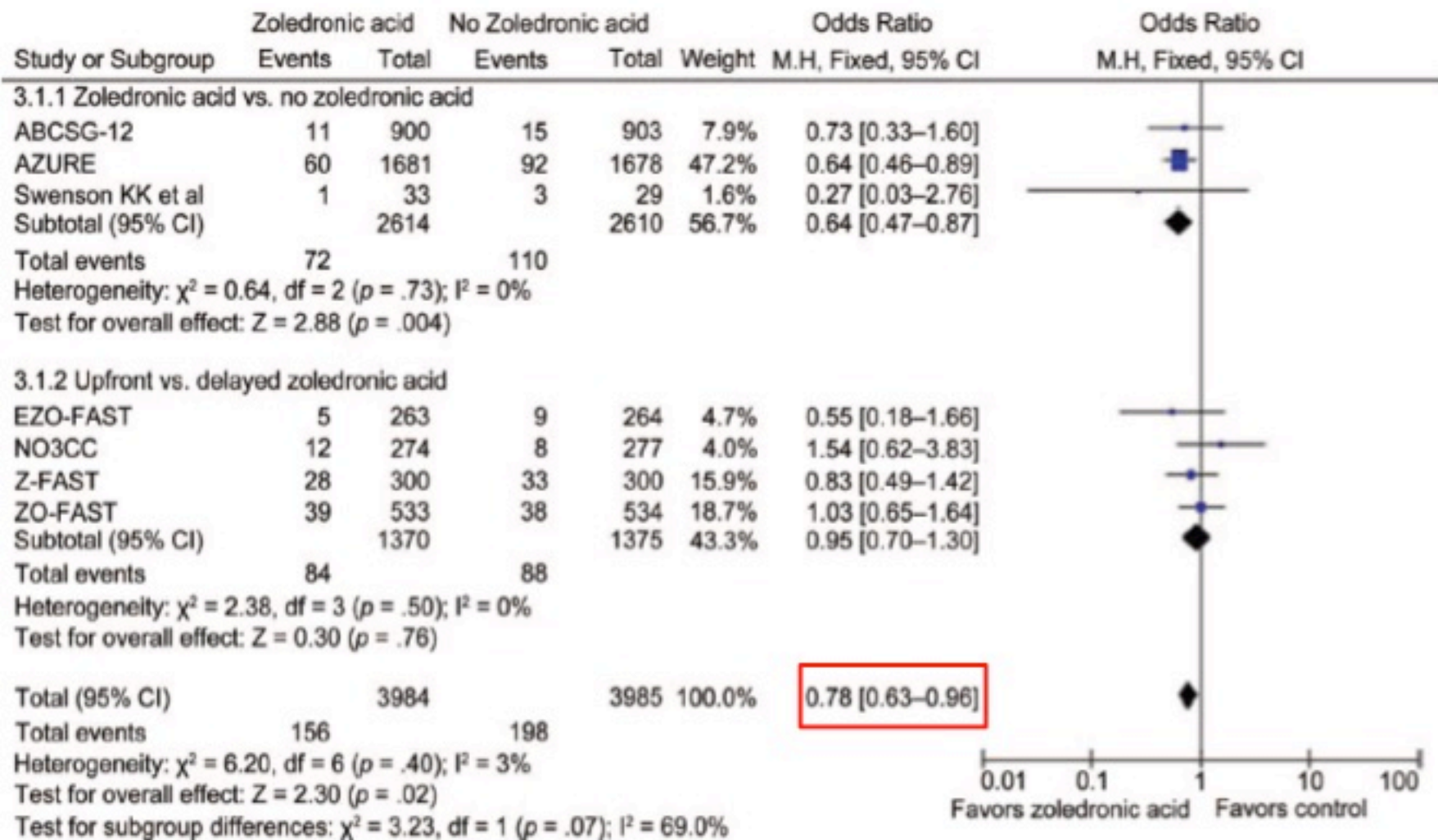
Variable	Patient A	Patient B
Spine T-score (SD)	2.4	2.4
Total Hip T-score (SD)	-0.4	0.3
BV/TV (%)	12.82	17.16
Surface	6.16	8.68
Surface/curve	9.967	20.319
Erosion index	8.47	6.48

# Adjuvant Therapy With Zoledronic Acid in Patients With Breast Cancer: A Systematic Review and Meta-Analysis

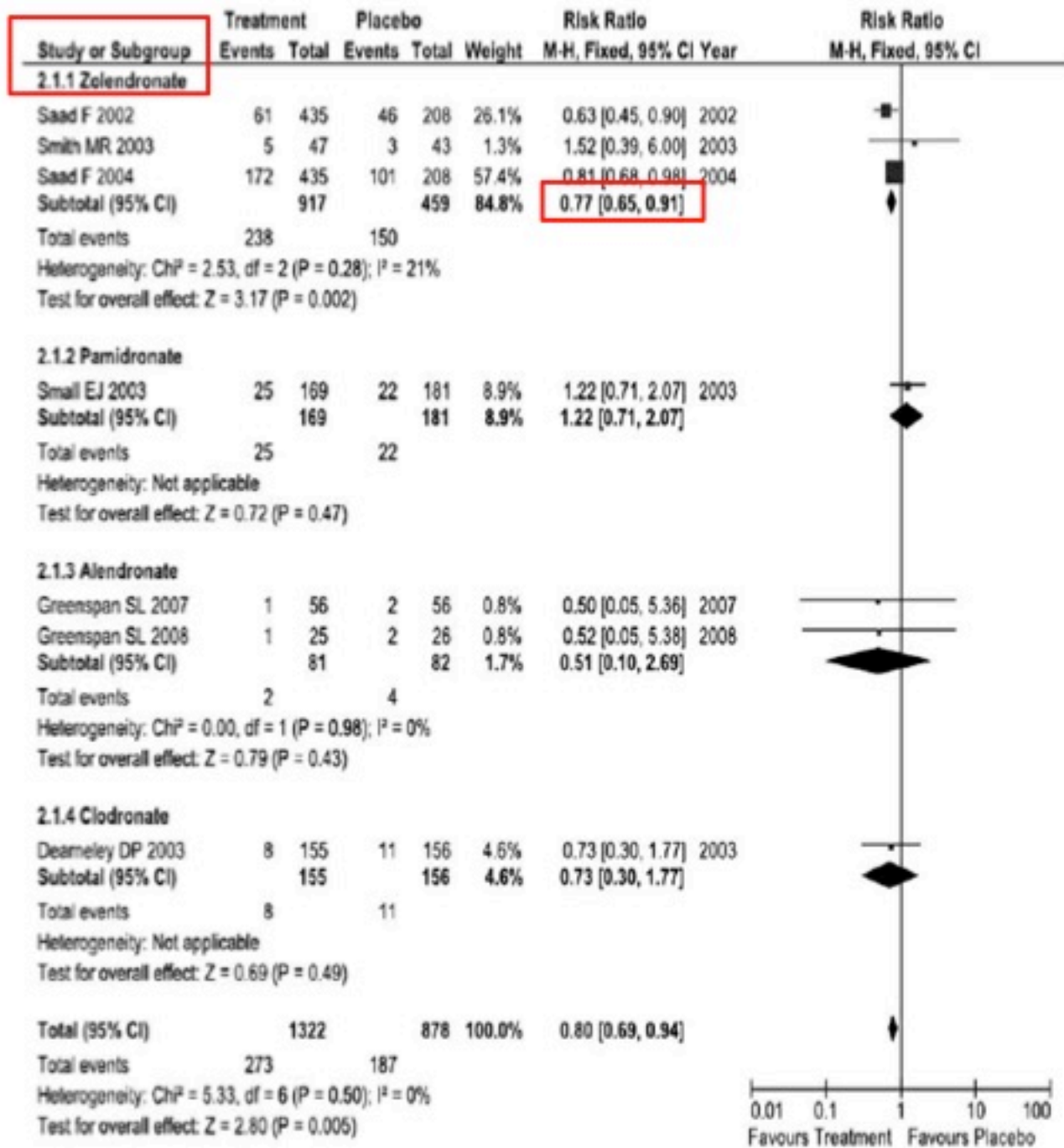
Study	Intervention	Zoledronic acid administration	Duration (yrs)	n of patients	Follow-up (mos)	n of recurrences	n of deaths
AZURE trial (2011) [20]	Zoledronic acid	4 mg every 4 wks × 6 ≅ every 3 mos × 8 ≅ every 6 mos × 5	5	1,681	59.3	377	243
	Observation			1,678	58.6	375	276
ABCSG-12 trial (2011) [21]	Zoledronic acid	4 mg every 6 mos	3	900	84	98	33
	Observation			903	84	132	49
ZO-FAST (2011) [22]	Upfront zoledronic acid	4 mg every 6 mos	5	532	54	34	26
	Delayed zoledronic acid			533	54	53	36
Z-FAST trial (2011) [23]	Upfront zoledronic acid	4 mg every 6 mos	5	300	61 <sup>a</sup>	16	7
	Delayed zoledronic acid			300	61 <sup>a</sup>	21	4
N03CC trial (2009) [24]	Upfront zoledronic acid	4 mg every 6 mos	5	274	24 <sup>a</sup>	NR	NR
	Delayed zoledronic acid			277	24 <sup>a</sup>		
EZO-FAST (2009) [25]	Upfront zoledronic acid	4 mg every 6 mos	5	263	36 <sup>a</sup>	18	9
	Delayed zoledronic acid			264	36 <sup>a</sup>	11	2
HOBOE trial (2011) [26]	Zoledronic acid	4 mg every 6 mos	5	154	NR	NR	NR
	Observation			305			
Takahashi et al. (2011) [27]	Upfront zoledronic acid	4 mg every 6 mos	5	97	12 <sup>a</sup>	1	NR
	Delayed zoledronic acid			97	12 <sup>a</sup>	0	
Aft et al. (2010) [28]	Zoledronic acid	4 mg every 3 wks	1	60	61.9	19	14
	Observation			59	61.9	18	13
KCSG-BR06-01 trial (2011) [12]	Zoledronic acid	4 mg every 6 mos	1	57	NR	NR	NR
	Observation			59			
Hershman et al. (2010) [13]	Zoledronic acid	4 mg every 3 mos	1	50	24 <sup>a</sup>	NR	NR
	Placebo			53	24 <sup>a</sup>		
Safra et al. (2011) [29]	Zoledronic acid	4 mg every 6 mos	2	47	41.4	NR	NR
	Observation			43	41.4		
ProBone trial (2011) [30]	Zoledronic acid	4 mg every 3 mos	2	40	NR	NR	NR
	Placebo			41			
Leal et al. (2010) [31]	Zoledronic acid	4 mg every 3 mos	1	36	96	5	5
	Observation			32	96	5	5
Swenson et al. (2010) [32]	Zoledronic acid	4 mg every 3 mos	15 mos	33	12 <sup>a</sup>	NR	NR
	Physical activity			29	12 <sup>a</sup>		

<sup>a</sup>Analysis when all patients reached this certain follow-up time.

# FOREST PLOT FOR FRACTURE RATES



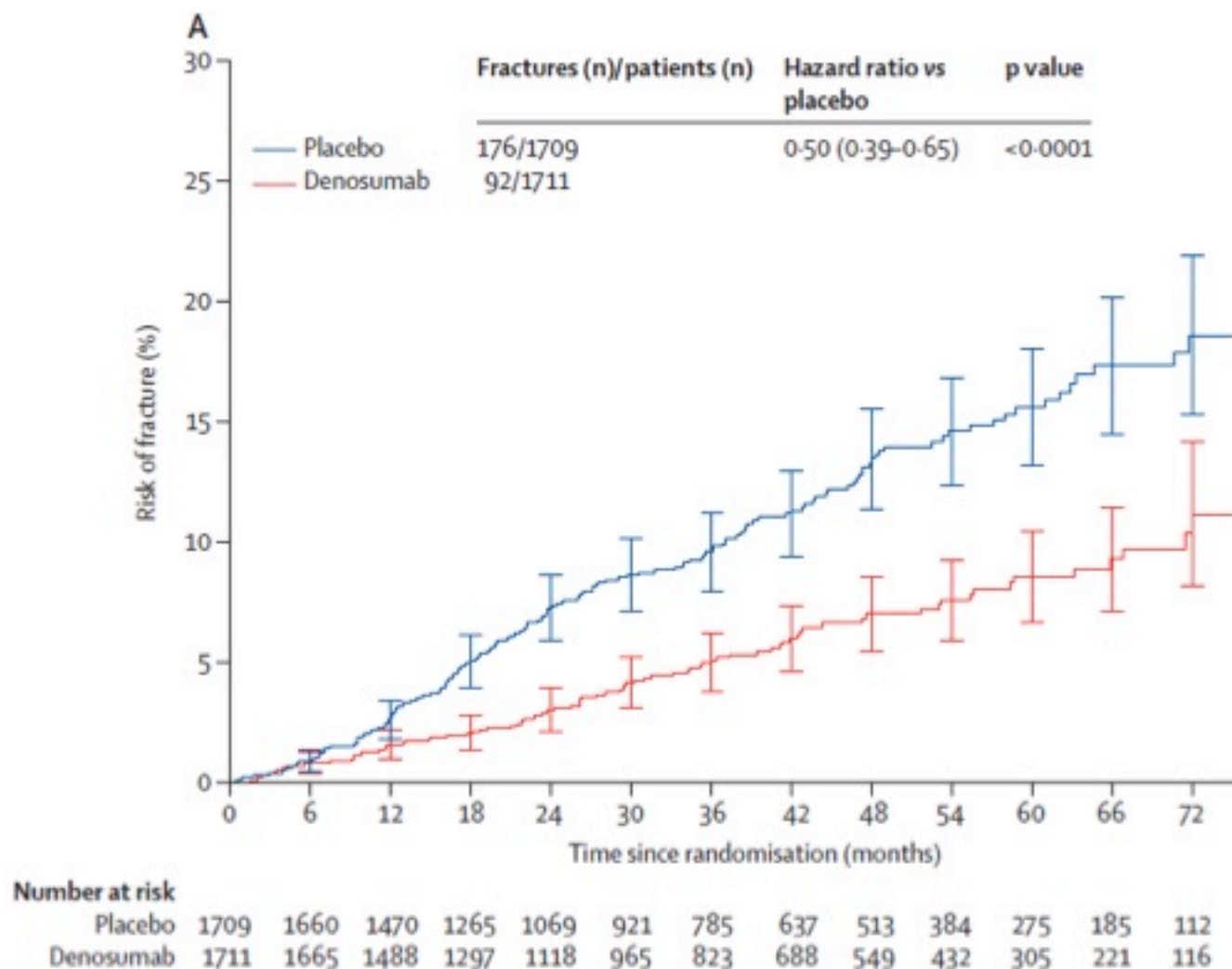




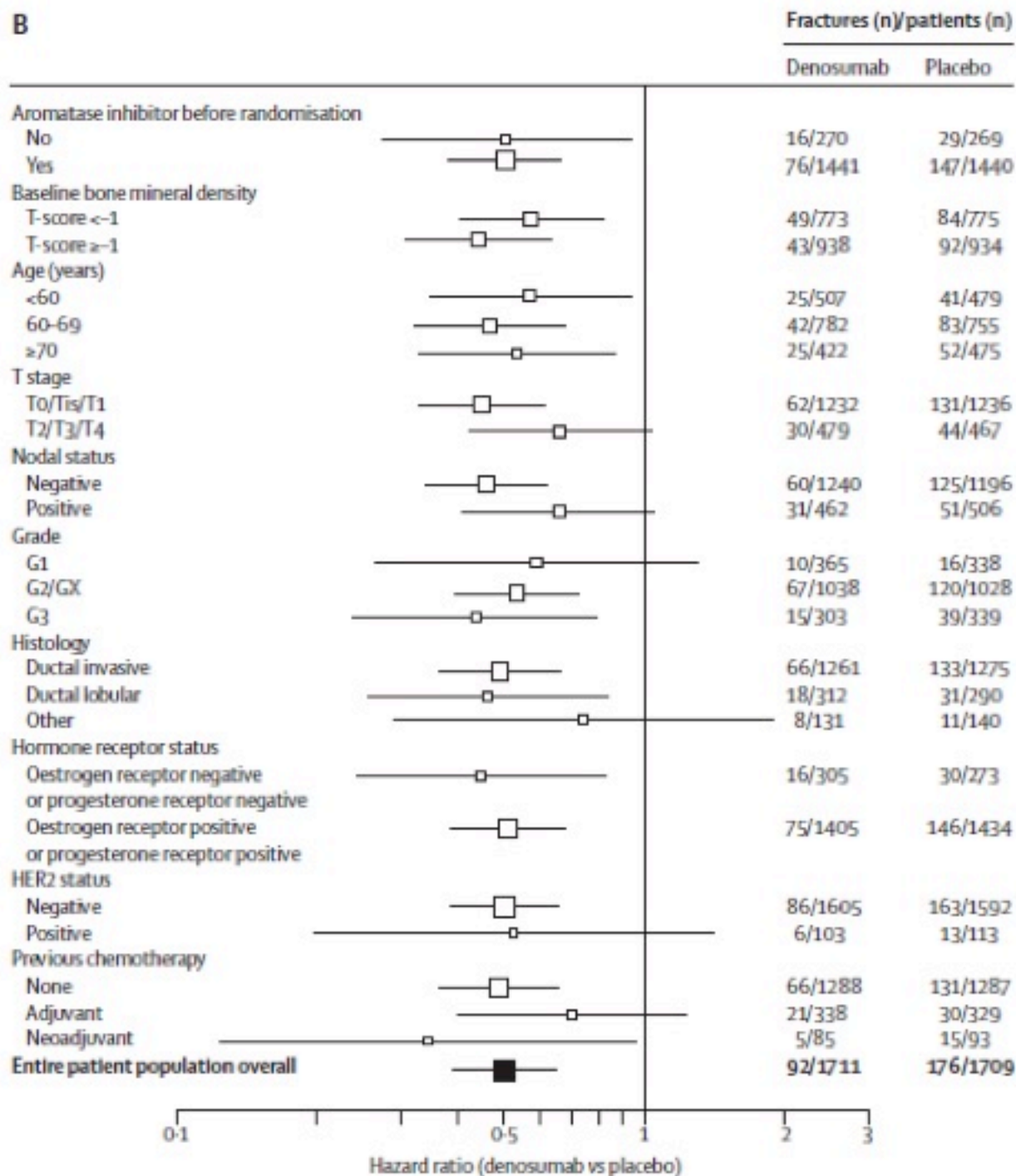
# ADT-induced osteoporosis

Effects of Bisphosphonates and fractures

# Adjuvant denosumab in breast cancer (ABC SG-18): a multicentre, randomised, double-blind, placebo-controlled trial



B

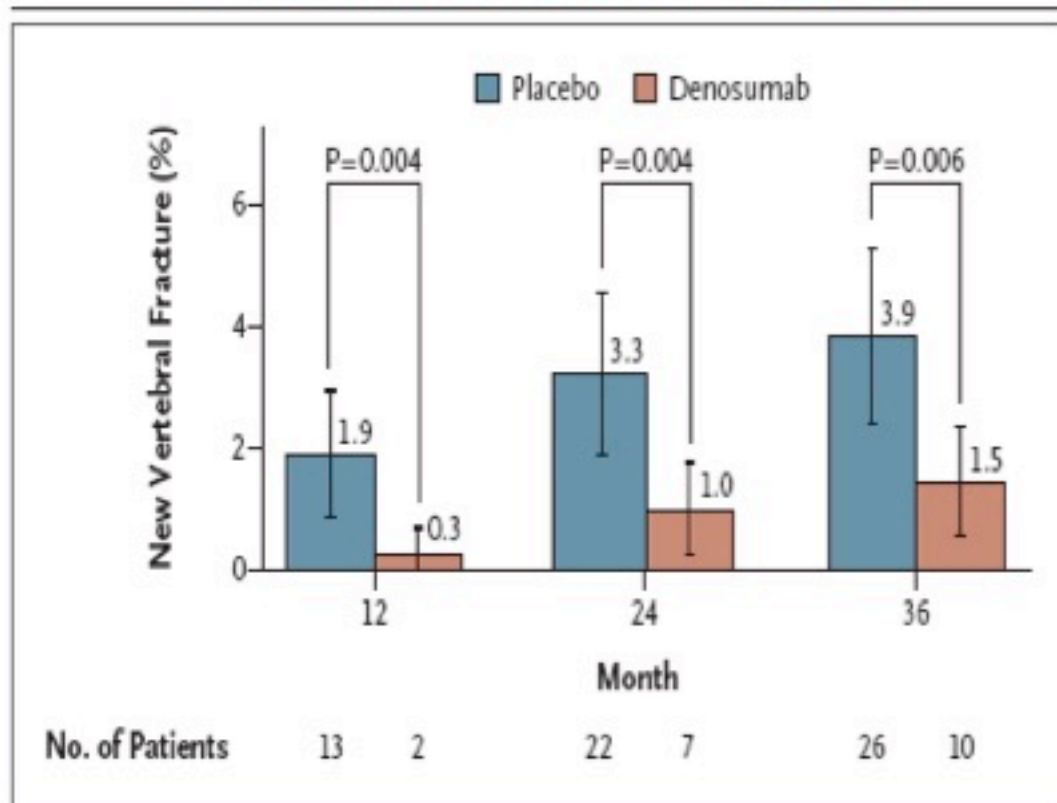


# Inibitori dell'aromatasi

Terapia con Denosumab

# ADT-induced osteoporosis

## Effects of Denosumab/1



**Figure 3.** Cumulative Incidence of New Vertebral Fracture at 12, 24, and 36 Months, According to Study Group.

The relative risk for vertebral fracture among 679 patients in the denosumab group as compared with 673 patients in the placebo group was 0.15 at 12 months, 0.31 at 24 months, and 0.38 at 36 months.

# Agenda

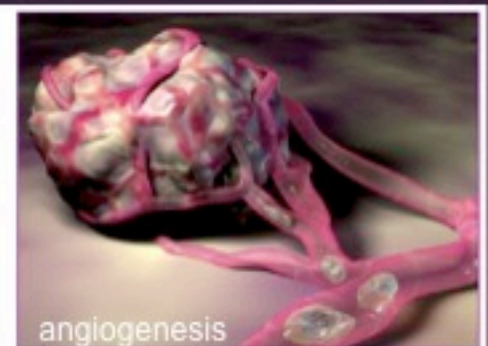
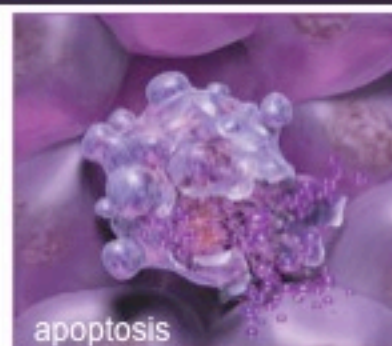
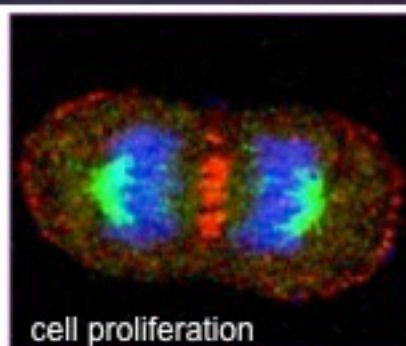
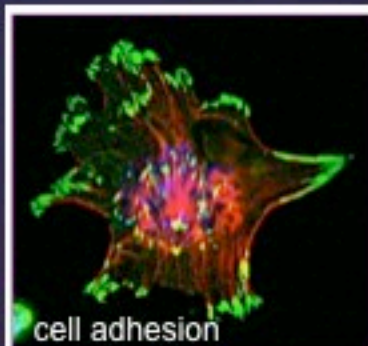
- Cancer treatment-induced bone loss
- Zoledronic ac/Denosumab therapy
- ***Bone Modifying Agents and extraskeletal effects***
- Future competitors



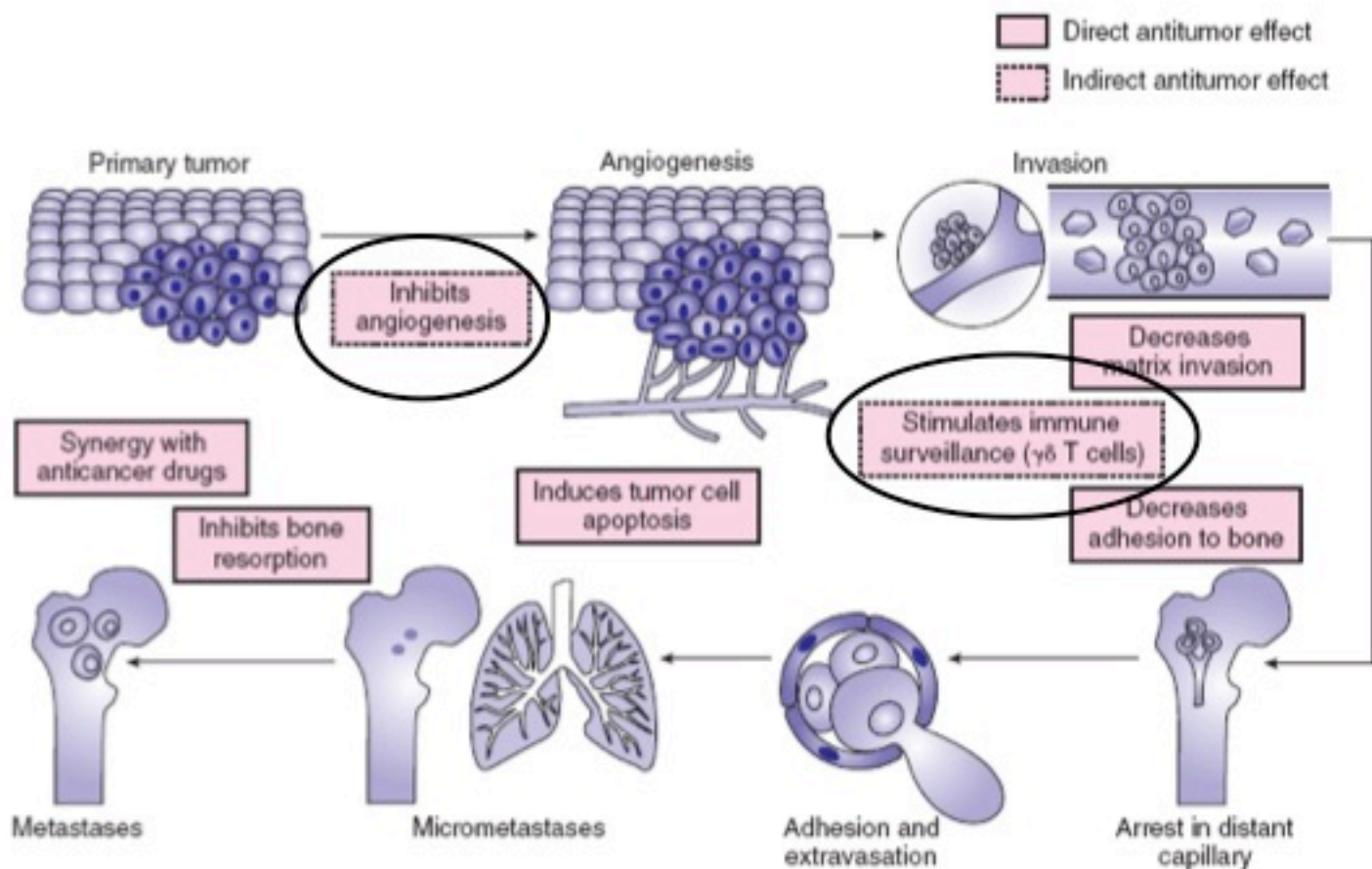
# Preclinical antitumor profile of bisphosphonates



- Inhibition of cancer cell adhesion to extracellular matrix proteins  
(Pluijm *et al.*, J Clin Invest, 1996; Boissier, .... & Clézardin, Cancer Res, 1997; then others ....)
- Inhibition of cancer cell proliferation and induction of apoptosis  
(Shipman *et al.*, Br J Haematol, 1997; then others ....)
- Inhibition of cancer cell migration and invasion  
(Boissier, .... & Clézardin, Cancer Res, 2000; then others ....)
- Stimulation of the expansion of human  $\gamma\delta$ T cells  
(Kunzmann *et al.*, Blood, 2000; then others ....)
- Inhibition of angiogenesis  
(Fournier, .... & Clézardin, Cancer Res, 2002; Wood *et al.*, JPET, 2002; then others ....)



# Effetti extra-scheletrici dei bisfosfonati



# Effects of bisphosphonates on the preclinical cancer course

	ALEN	CLO	IBAN	PAM	ZOL
<i>A. Apoptosis and inhibition of tumour growth (breast cancer only)</i>					
Fromigue et al. <sup>69</sup>			✓+	✓	✓+
Senaratne et al. <sup>70</sup>			✓	✓	✓+
Jagdev et al. <sup>71</sup>					✓
Senaratne et al. <sup>72,73</sup>					✓
Monkkonen et al. <sup>74</sup>		✓			✓+
Verdijk et al. <sup>75</sup>	✓	✓	✓	✓	✓+
<i>B. Antiangiogenic activity</i>					
Fournier et al. <sup>76</sup>		✓	✓		✓+
Wood et al. <sup>77</sup>				✓	✓+
Bezzi et al. <sup>78</sup>		✓			✓+
<i>C. Inhibition of adherence and invasion</i>					
Muller et al. <sup>79</sup>	✓				
Montague et al. <sup>80</sup>				✓	✓+

*Abbreviations:* ALEN, alendronate; CLO, clodronate; IBAN, ibandronate; PAM, pamidronate; ZOL, zoledronic acid.

✓ = Activity reported.

✓+ = Activity more potent than others tested in the study.

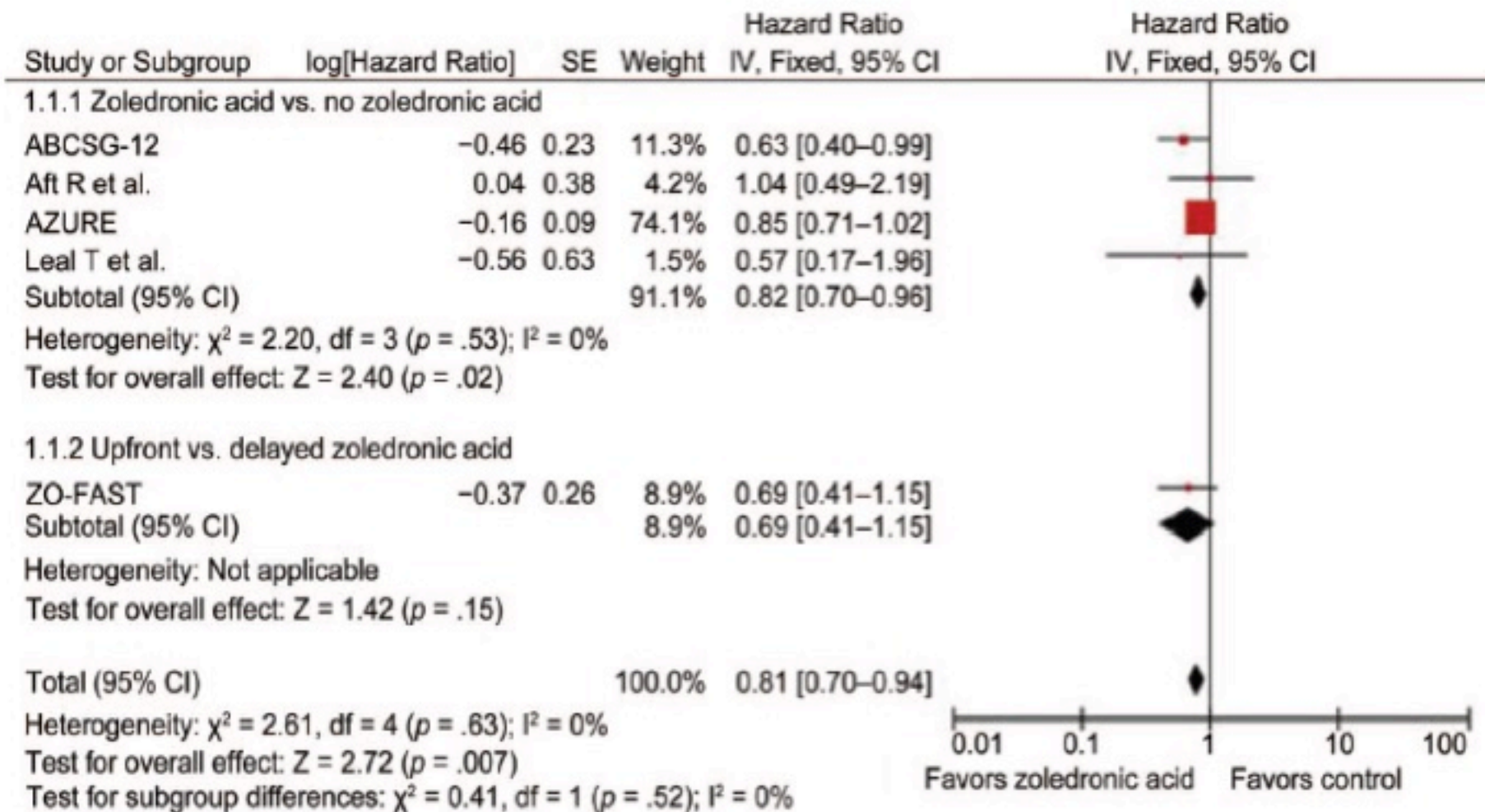


# Adjuvant Therapy With Zoledronic Acid in Patients With Breast Cancer: A Systematic Review and Meta-Analysis

Study	Intervention	Zoledronic acid administration	Duration (yrs)	n of patients	Follow-up (mos)	n of recurrences	n of deaths
AZURE trial (2011) [20]	Zoledronic acid	4 mg every 4 wks × 6 ≅ every 3 mos × 8 ≅ every 6 mos × 5	5	1,681	59.3	377	243
	Observation			1,678	58.6	375	276
ABCSG-12 trial (2011) [21]	Zoledronic acid	4 mg every 6 mos	3	900	84	98	33
	Observation			903	84	132	49
ZO-FAST (2011) [22]	Upfront zoledronic acid	4 mg every 6 mos	5	532	54	34	26
	Delayed zoledronic acid			533	54	53	36
Z-FAST trial (2011) [23]	Upfront zoledronic acid	4 mg every 6 mos	5	300	61 <sup>a</sup>	16	7
	Delayed zoledronic acid			300	61 <sup>a</sup>	21	4
N03CC trial (2009) [24]	Upfront zoledronic acid	4 mg every 6 mos	5	274	24 <sup>a</sup>	NR	NR
	Delayed zoledronic acid			277	24 <sup>a</sup>		
EZO-FAST (2009) [25]	Upfront zoledronic acid	4 mg every 6 mos	5	263	36 <sup>a</sup>	18	9
	Delayed zoledronic acid			264	36 <sup>a</sup>	11	2
HOBOE trial (2011) [26]	Zoledronic acid	4 mg every 6 mos	5	154	NR	NR	NR
	Observation			305			
Takahashi et al. (2011) [27]	Upfront zoledronic acid	4 mg every 6 mos	5	97	12 <sup>a</sup>	1	NR
	Delayed zoledronic acid			97	12 <sup>a</sup>	0	
Aft et al. (2010) [28]	Zoledronic acid	4 mg every 3 wks	1	60	61.9	19	14
	Observation			59	61.9	18	13
KCSG-BR06-01 trial (2011) [12]	Zoledronic acid	4 mg every 6 mos	1	57	NR	NR	NR
	Observation			59			
Hershman et al. (2010) [13]	Zoledronic acid	4 mg every 3 mos	1	50	24 <sup>a</sup>	NR	NR
	Placebo			53	24 <sup>a</sup>		
Safra et al. (2011) [29]	Zoledronic acid	4 mg every 6 mos	2	47	41.4	NR	NR
	Observation			43	41.4		
ProBone trial (2011) [30]	Zoledronic acid	4 mg every 3 mos	2	40	NR	NR	NR
	Placebo			41			
Leal et al. (2010) [31]	Zoledronic acid	4 mg every 3 mos	1	36	96	5	5
	Observation			32	96	5	5
Swenson et al. (2010) [32]	Zoledronic acid	4 mg every 3 mos	15 mos	33	12 <sup>a</sup>	NR	NR
	Physical activity			29	12 <sup>a</sup>		

<sup>a</sup>Analysis when all patients reached this certain follow-up time.

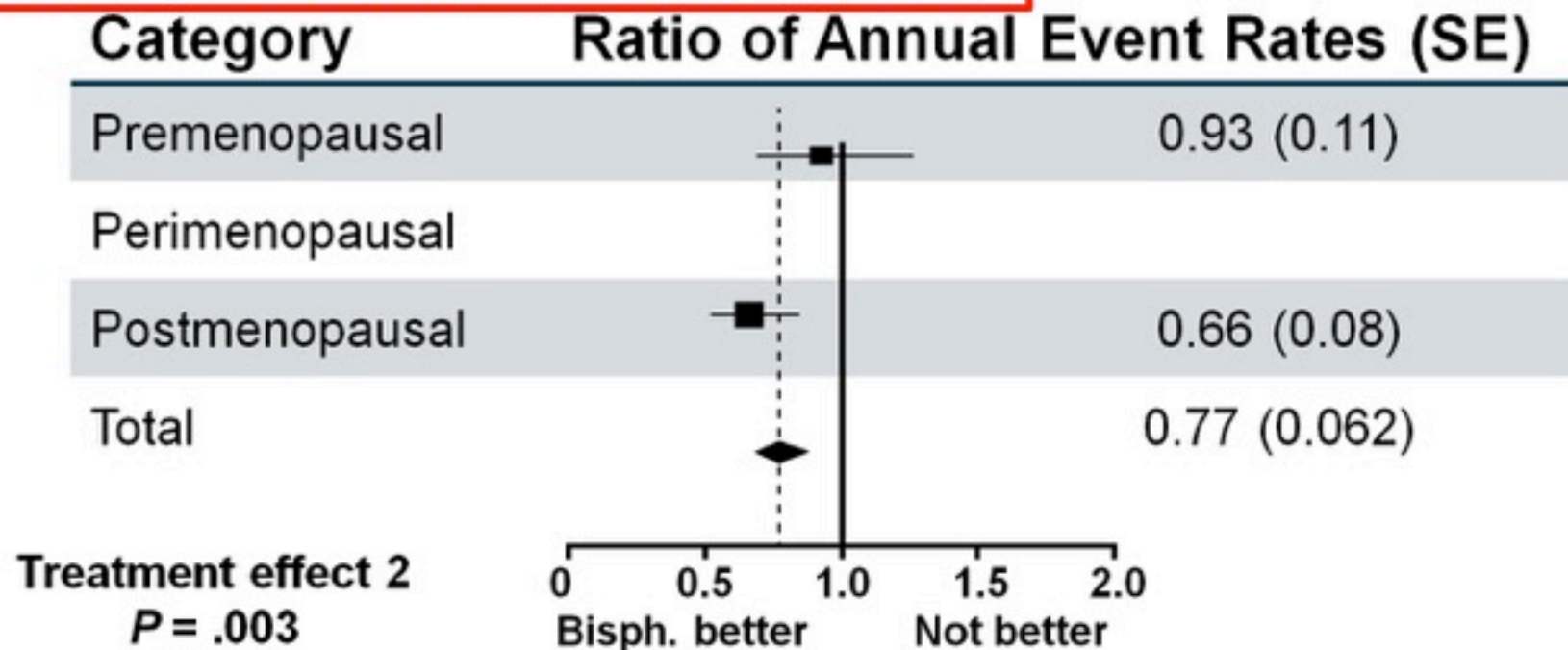
# OVERALL SURVIVAL OUTCOME





# Meta-analysis of Bisphosphonate Treatment to Prevent BC Recurrence

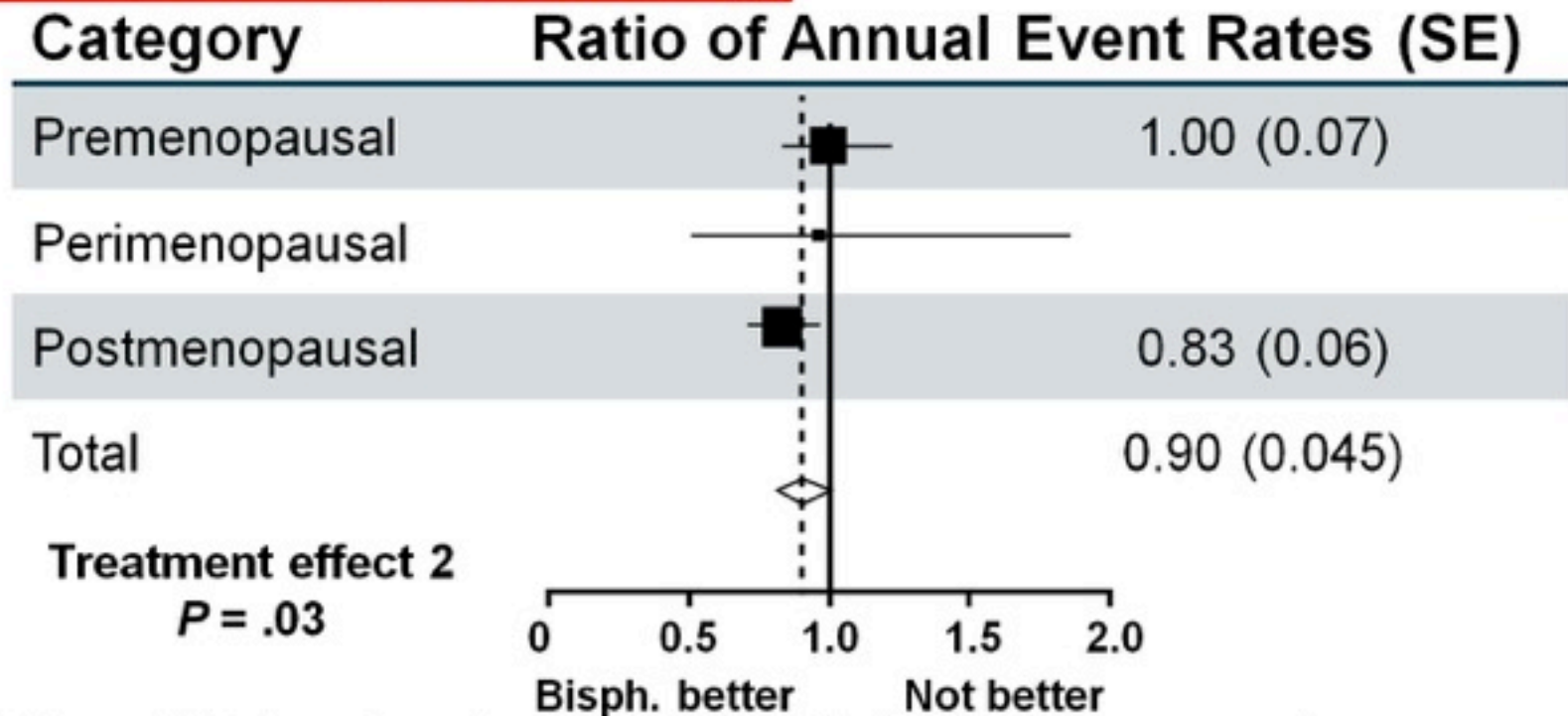
## **Bone Metastasis Recurrence**



- Adjuvant bisphosphonates reduce bone metastases in postmenopausal women
  - 34% reduction in risk of bone recurrence at 10 y (6.9% vs 8.4%,  $P = .001$ )
  - No significant reduction in first distant recurrence outside of bone
  - Risk reductions similar, irrespective of ER status, node status, use/non-use of chemotherapy
  - Benefits similar for aminobisphosphonates and clodronate

# Meta-analysis of Bisphosphonate Treatment to Prevent BC Recurrence

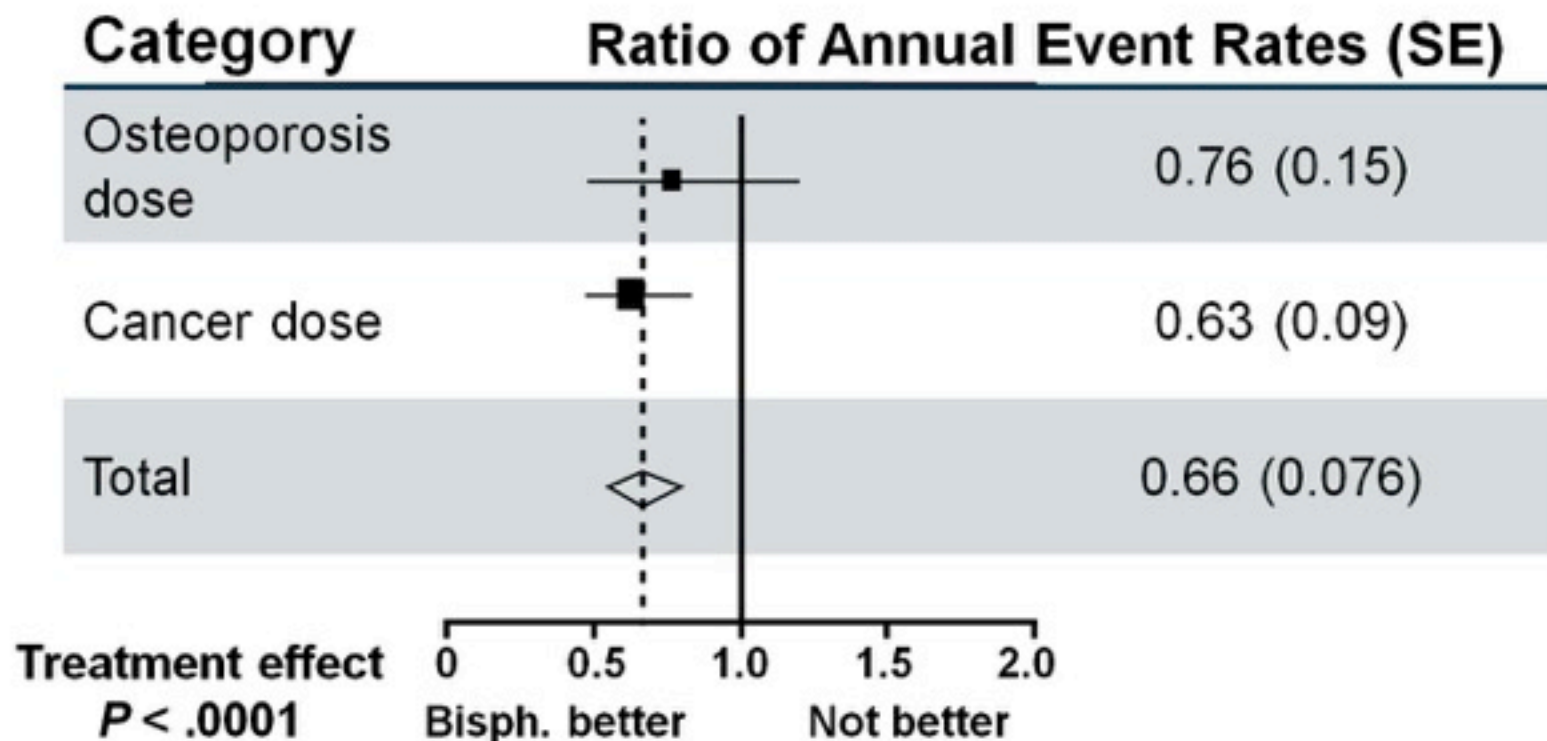
## Breast Cancer Mortality



- Adjuvant bisphosphonates improve survival in postmenopausal women
  - 17% reduction in risk of breast cancer death at 10 y (15.2% vs 18.3%,  $P = .004$ )
  - Risk reductions similar irrespective of ER status, node status, use/non-use of chemotherapy
  - Benefits similar for aminobisphosphonates and clodronate

# Meta-analysis of Bisphosphonate Treatment to Prevent BC Recurrence

## *Bisphosphonate Schedule vs Annual Event Rate*



Treatment effects stronger with higher dose of bisphosphonates

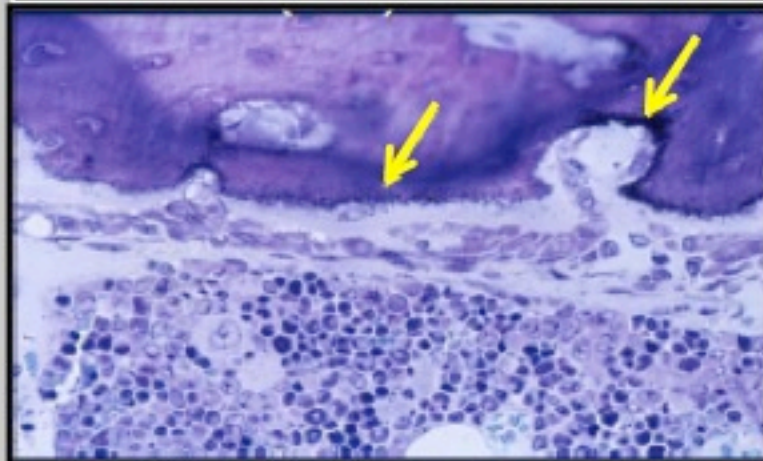


# RAZIONALE ANTI-NEOPLASTICO

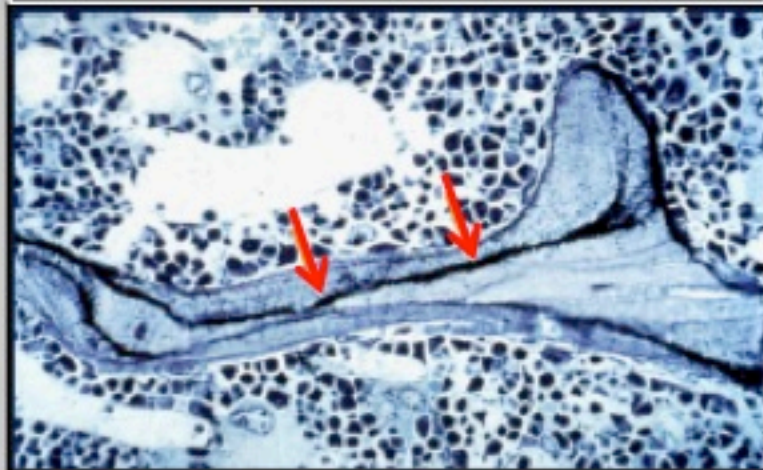
- Il sistema RANK/RANKL è coinvolto in molteplici passaggi della malattia neoplastica, non solo nella metastasi ossea
- Denosumab è in grado di “contattare” tutte le possibili fonti di RANKL :
  - OSTEOLASTI
  - OSTEOCITI
  - CELLULE NEOPLASTICHE TUMORE PRIMITIVO
  - CELLULE METASTATICHE
  - LINFOCITI T
- Anche in distretti scheletrici poco raggiungibili dai BPs e in sedi non scheletriche

# Distribuzione di denosumab e bisfosfonati

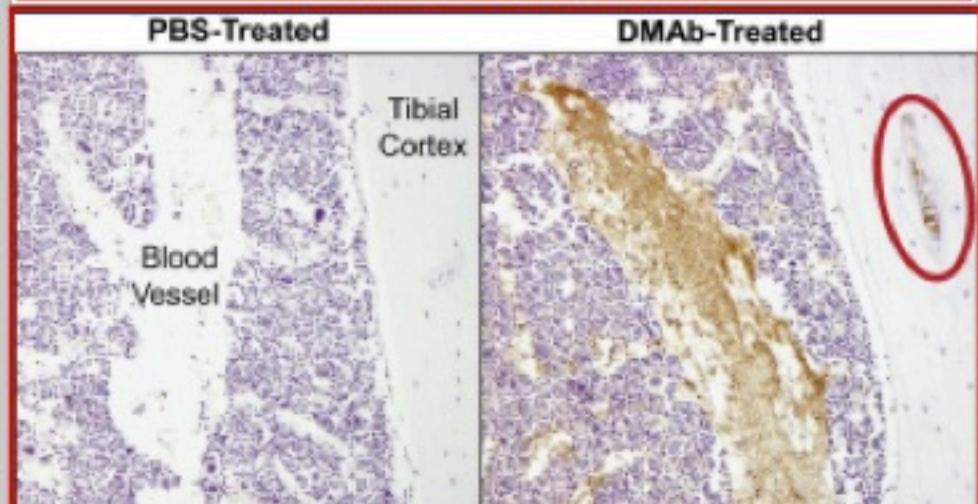
Alendronate (ALN) on bone surfaces at 24 h



ALN deep within bone at 7 days

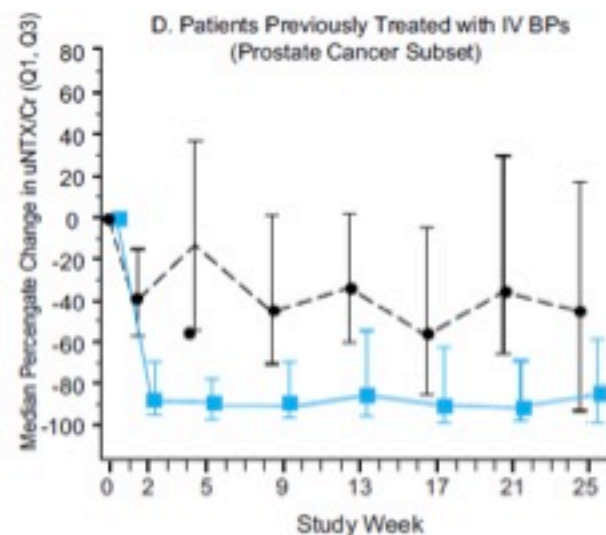
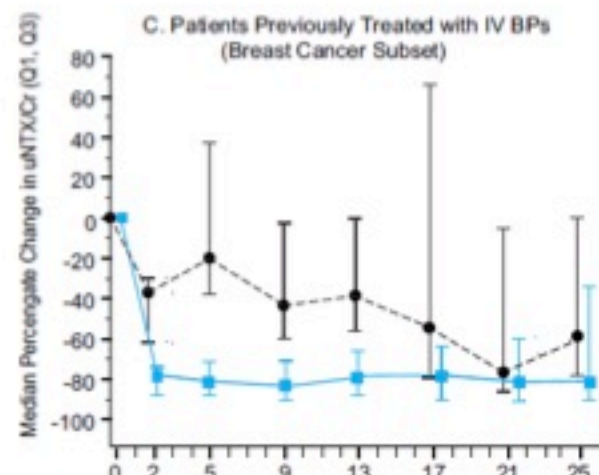
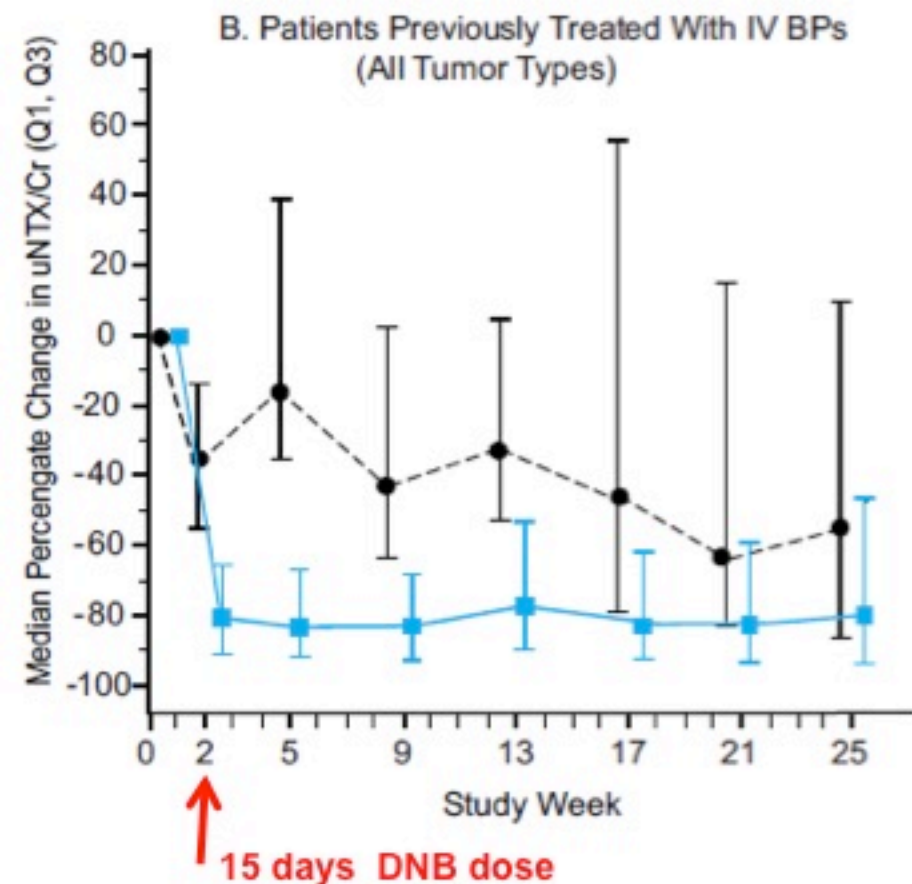


Denosumab in blood vessels



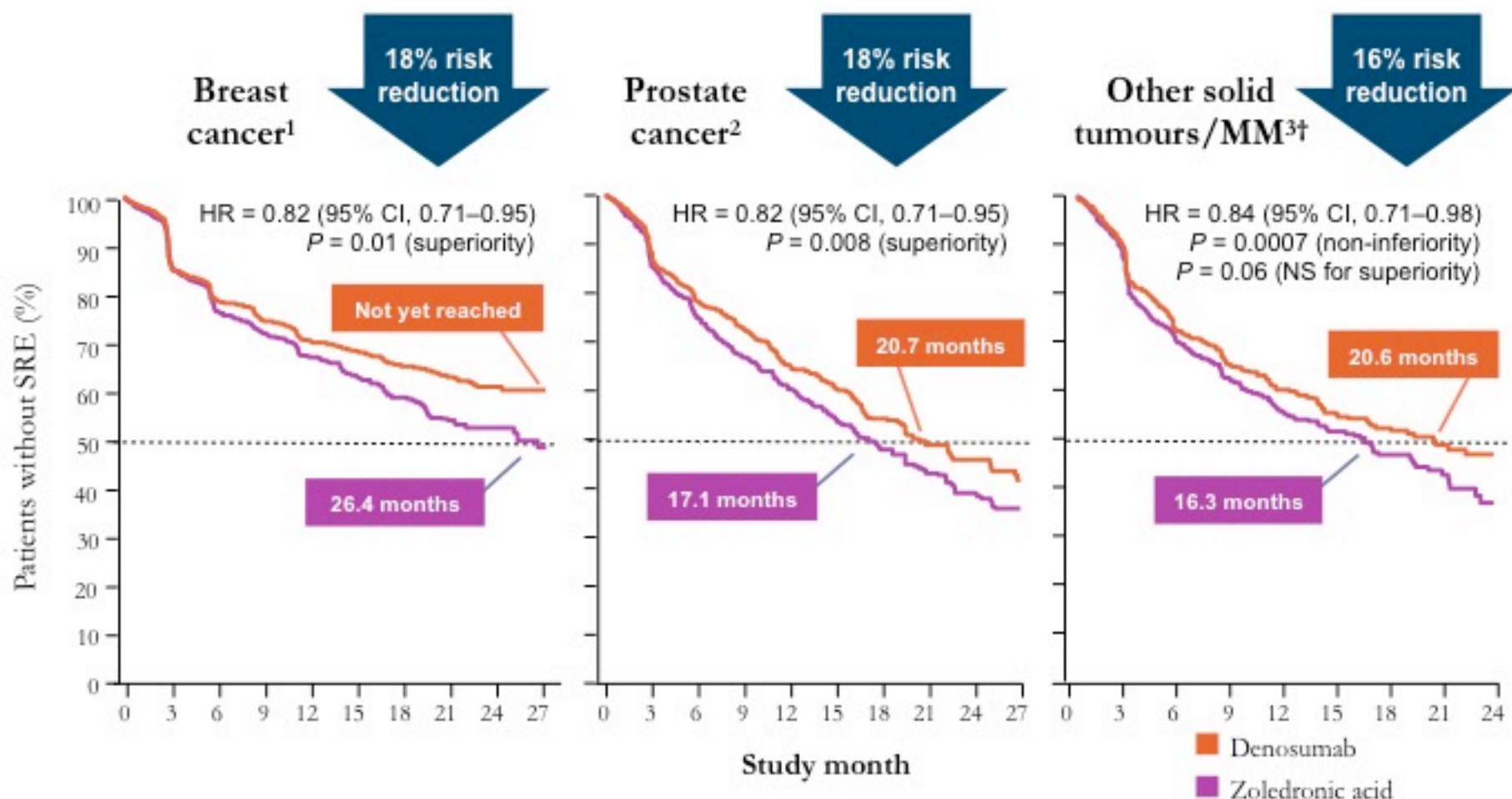


# Effetto di **denosumab** in pazienti con metastasi ossee e precedente trattamento con BP



# La riduzione del rischio di sviluppare il primo evento scheletrico è a favore di denosumab in maniera consistente in tutti i tumor type

Efficacia nella prevenzione del primo evento scheletrico e successivi nella maggioranza di istotipi tumorali



1. Stopeck AT, et al. J Clin Oncol 2010;28:5132–9;

2. Fizazi K, et al. Lancet 2011;377:813–22;

3. Henry DH, et al. J Clin Oncol 2011;29:1125–32.

<sup>†</sup>Excluding breast and prostate. All data from primary analyses. MM, multiple myeloma; NS, non-significant.

# La riduzione del rischio di sviluppare il primo evento e successivi è a favore di denosumab in maniera consistente in tutti i tumor type

Efficacia nella prevenzione del primo evento scheletrico e successivi nella maggioranza di istotipi tumorali

## Time to first and subsequent SREs

Breast cancer<sup>1</sup>

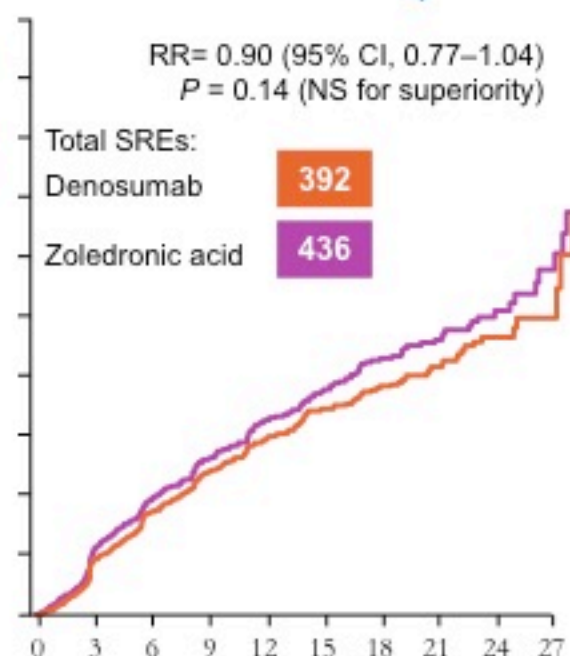
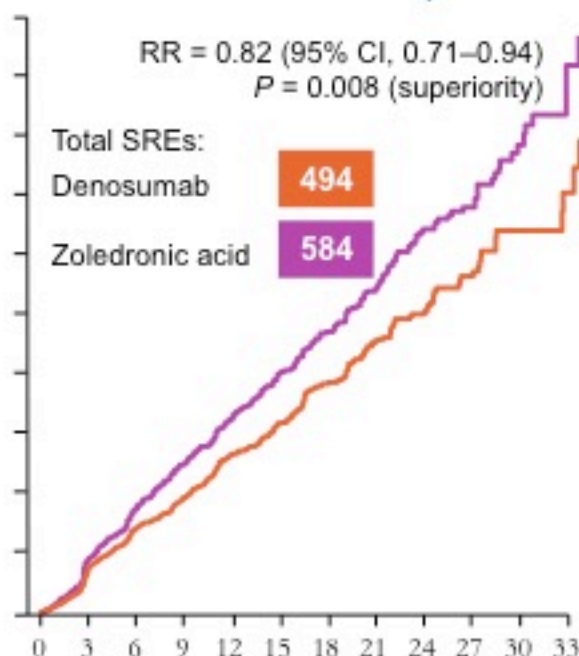
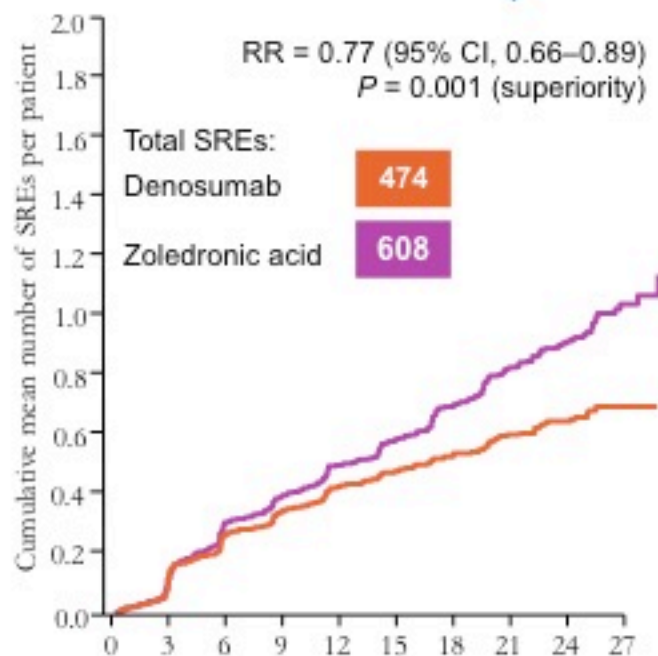
23% risk reduction

Prostate cancer<sup>2</sup>

18% risk reduction

Other solid tumours/MM<sup>3</sup>

10% risk reduction



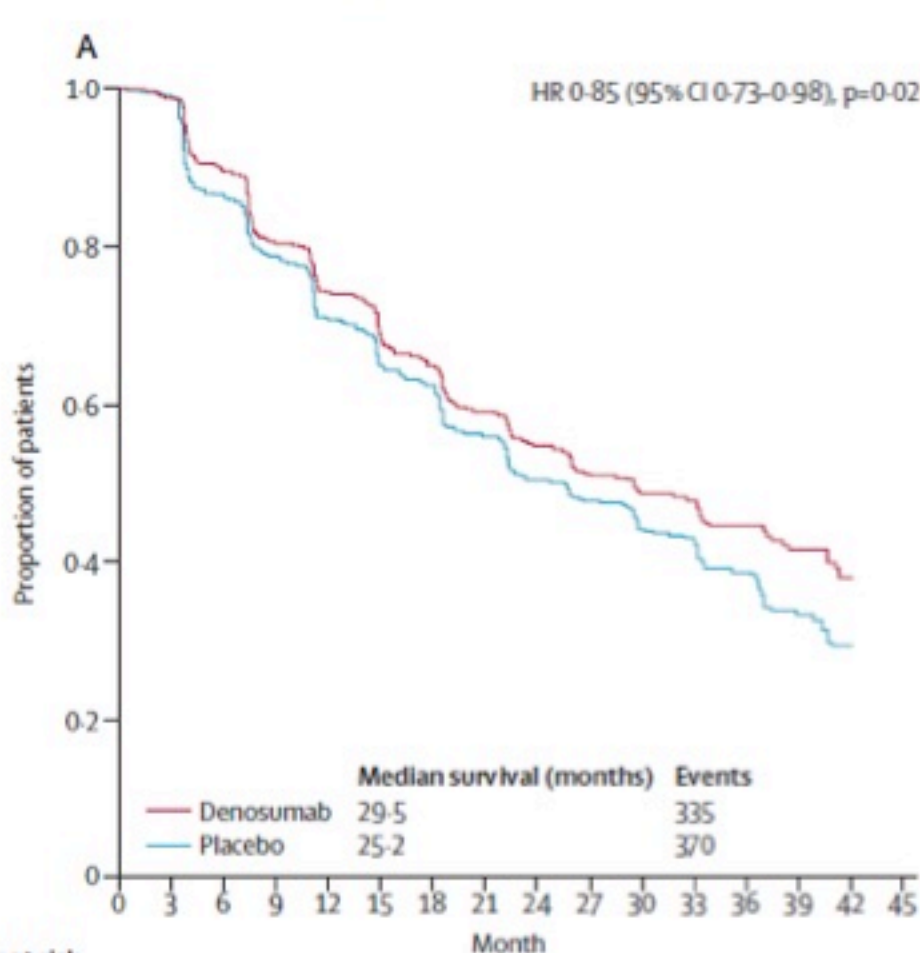
1. Stopeck AT, et al. J Clin Oncol 2010;28:5132–9;

2. Fizazi K, et al. Lancet 2011;377:813–22;

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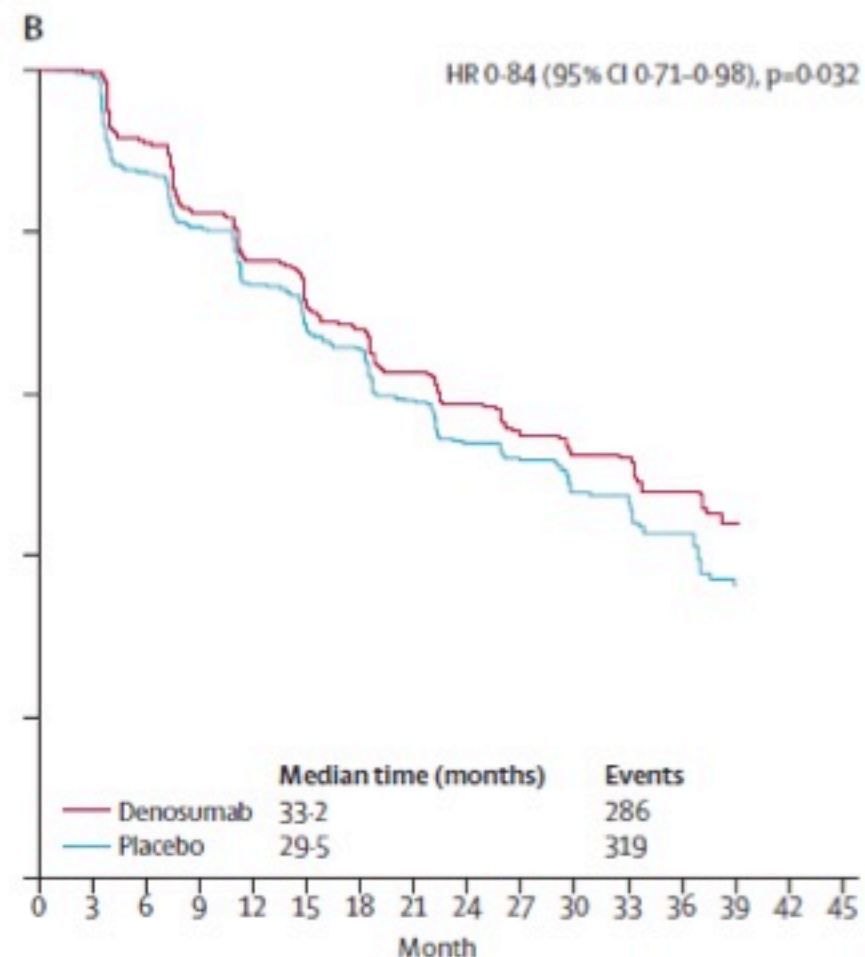
# Denosumab and bone-metastasis-free survival in men with castration-resistant prostate cancer: results of a phase 3, randomised, placebo-controlled trial



Number at risk

Denosumab	716	695	605	521	456	400	368	324	279	228	185	153	111	59	35
Placebo	716	691	569	500	421	375	345	300	259	215	168	137	99	60	36

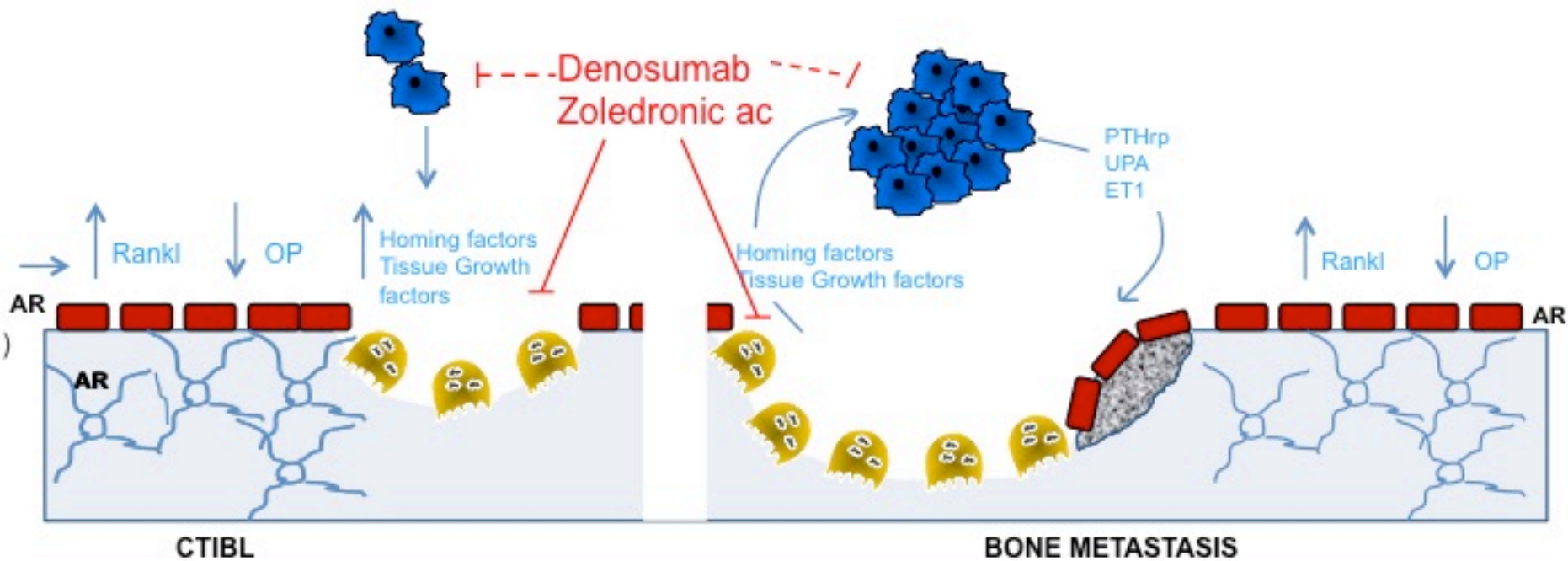
**Bone metastasis free survival**



Denosumab	716	683	582	497	432	379	355	305	254	196	156	141	94	44
Placebo	716	667	549	466	402	359	336	286	234	184	139	127	91	50

**Time to first metastasis**

# Two Compartment Model : Bone Target Therapy vs Tumor Target Therapy



- (1) Monolagas S et al, Nature Rev Endocrinol 2013 2; (2) Scher HI, et al. N Engl J Med 2012; (3) Fizazi K, et al. Lancet Oncology 2012; (4) Smith DC et al J Clin Oncol 2013; (5) Parker C, et al. N Engl J Med 2013.



# Denosumab for treatment of bone metastases secondary to solid tumours: Systematic review and network meta-analysis

## Breast cancer NMA results.

Comparison	TTF SRE hazard ratio (95% CI)	TTF + S risk ratio (95% CI)	SMR rate ratio (95% CI)
Denosumab versus zoledronic acid	0.82 (0.71–0.95)	0.77 (0.66–0.89)	0.90 (0.67–1.09)
Denosumab versus pamidronate	0.73 (0.56–0.94)	0.62 (0.48–0.80)	0.73 (0.41–1.06)
Denosumab versus placebo	0.46 (0.29–0.72)	0.45 (0.28–0.72)	0.47 (0.25–0.67)
Zoledronic acid versus placebo	0.56 (0.36–0.86)	0.59 (0.37–0.91)	0.52 (0.32–0.70)

CI, confidence interval; TTF SRE, time to first skeletal related event; TTF + S SRE, time to first and subsequent skeletal related events; SMR, skeletal morbidity rate.

# Skeletal Complication Risk

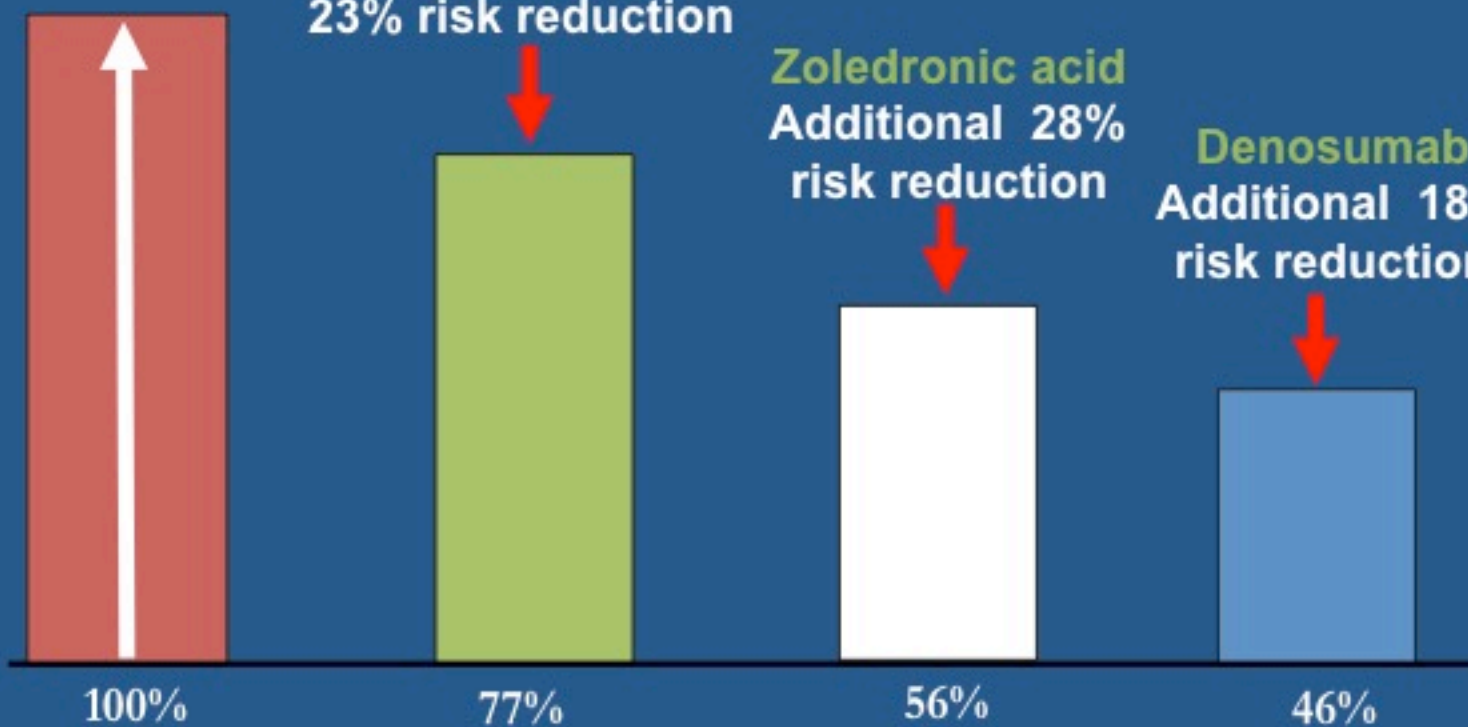
Incremental Benefits in **Breast Cancer** (Time To First SRE)

• **No bisphosphonate**  
64% risk at 2 yrs

**Pamidronate**  
23% risk reduction

**Zoledronic acid**  
Additional 28%  
risk reduction

**Denosumab**  
Additional 18%  
risk reduction



# Denosumab for treatment of bone metastases secondary to solid tumours: Systematic review and network meta-analysis

## Prostate cancer NMA results

	TTF SRE hazard ratio (95%CI)	TTF + S risk ratio (95% CI)	SMR rate ratio (95% CI)
Denosumab versus zoledronic acid	0.82 (0.71–0.95)	0.82 (0.71–0.94)	0.95 (0.46–1.47)
Denosumab versus placebo	0.56 (0.40–0.77)	0.53 (0.39–0.72)	0.52 (0.07–0.82)
Zoledronic acid versus placebo	0.68 (0.50–0.91)	0.64 (0.48–0.85)	0.54 (0.11–0.83)

CI, confidence interval; TTF SRE, time to first skeletal related event; TTF + S SRE, time to first and subsequent skeletal related event; SMR, skeletal morbidity rate.

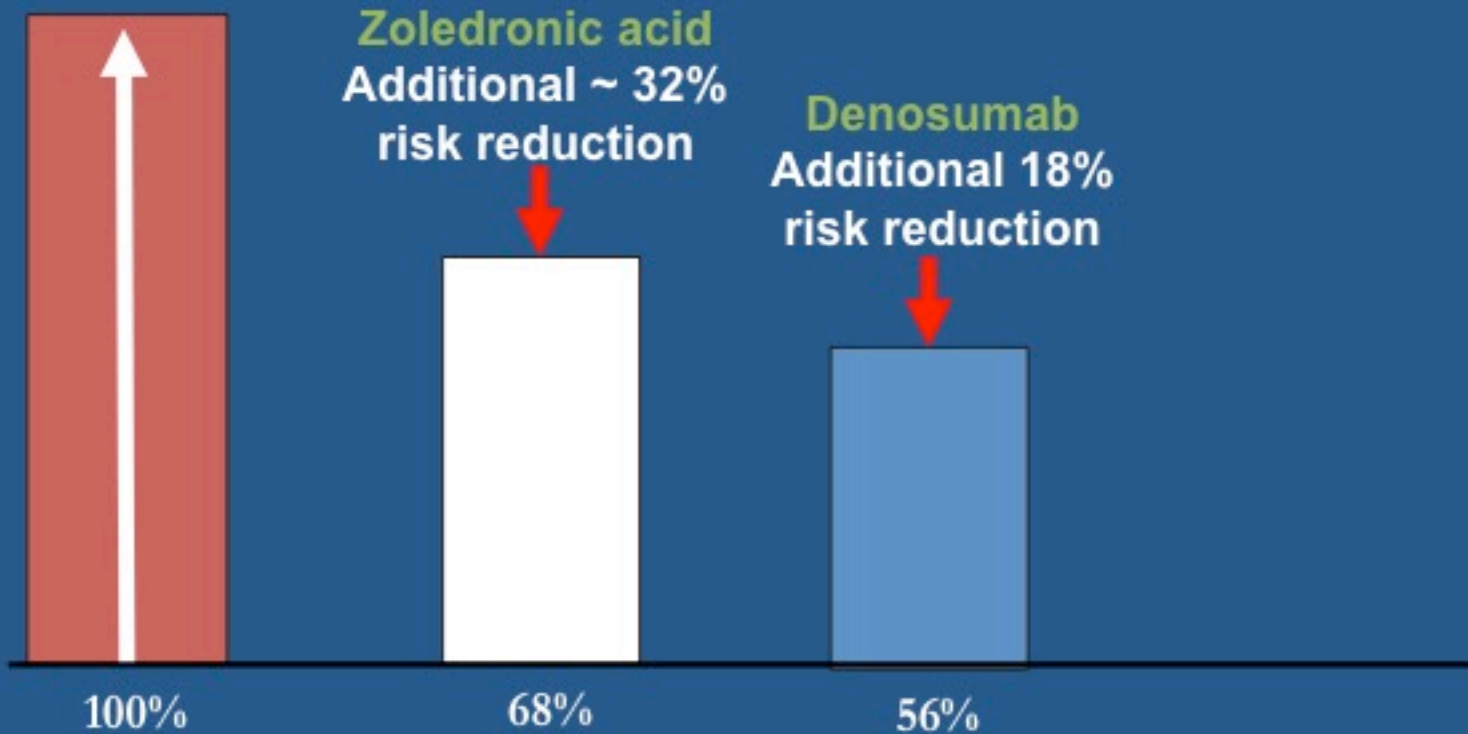
## Other solid tumours and non-small cell lung cancer NMA results

	Other solid tumours		NSCLC	
	TTF SRE hazard ratio (95%CI)	TTF + S SRE risk ratio (95%CI)	TTF SRE hazard ratio (95%CI)	TTF + S SRE RR (95%CI)
Denosumab versus zoledronic acid	0.79 (0.62–0.99)	0.83 (0.67–1.03)	0.84 (0.64–1.10)	0.87 (0.68–1.12)
Denosumab versus placebo	0.30 (0.11–0.82)	0.61 (0.39–0.97)	0.68 (0.45–1.03)	0.63 (0.42–0.97)
Zoledronic acid versus placebo	0.37 (0.14–1.01)	0.74 (0.49–1.10)	0.81 (0.59–1.11)	0.73 (0.52–1.02)

# Skeletal Complication Risk

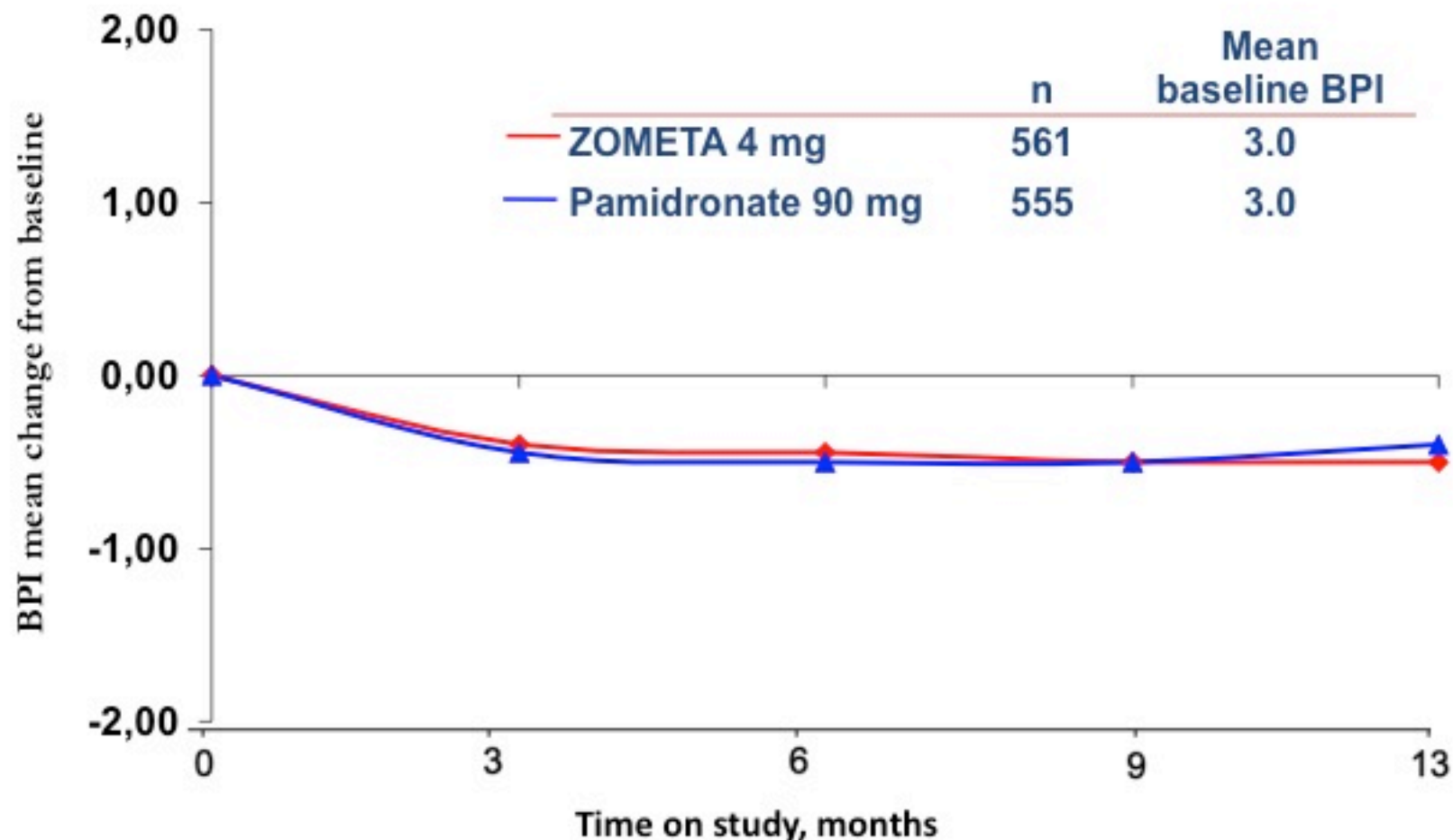
Incremental Benefits in **Prostate Cancer** (Time To First SRE)

• **No bisphosphonate**  
64% risk at 2 yrs



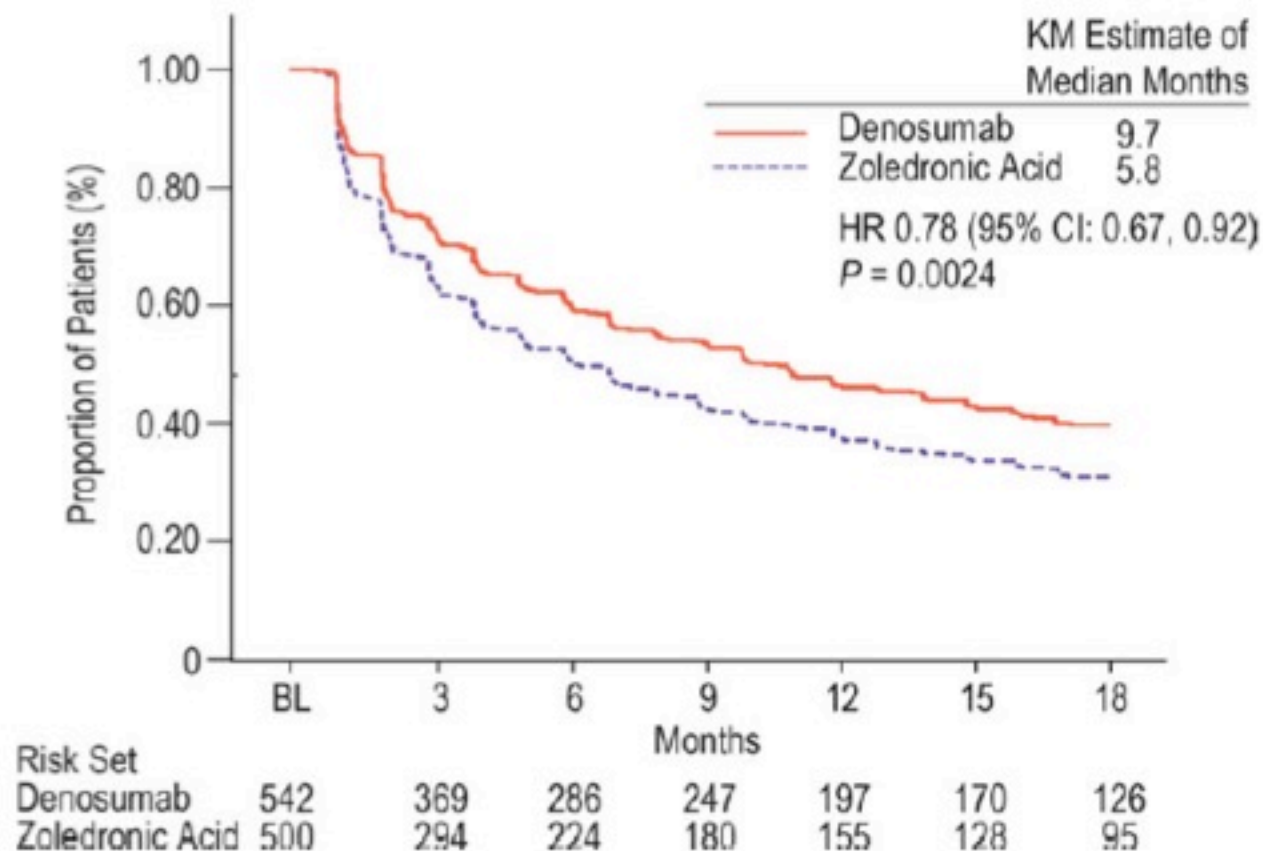


# ZOMETA Reduces Bone Pain Similar to Pamidronate in Breast Cancer and Multiple Myeloma Patients



# Denosumab è più efficace di acido zoledronico nel ritardare il peggioramento del dolore (BC)

**Patients progressing to moderate or severe pain (> 4 points) among patients with no or mild pain (0-4) at baseline**



Prevenzione/terapia  
chi, come e per quanto tempo?



# Linee guida AIOM 2017



**Linee guida**

**TRATTAMENTO DELLE  
METASTASI OSSEE**



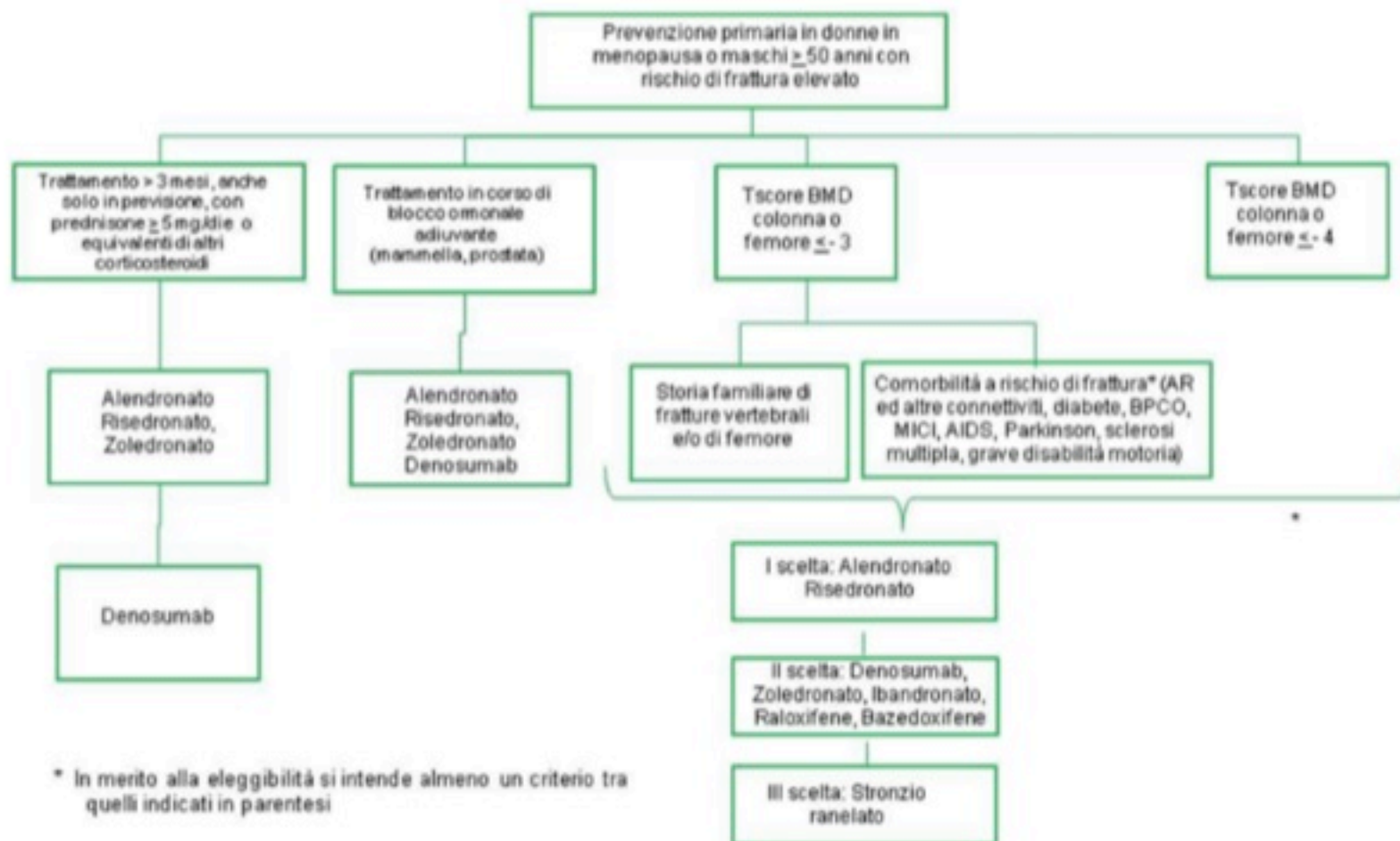
Grado di raccomandazione SIGN	Raccomandazione clinica	Forza della raccomandazione clinica
Moderata	Per le pazienti (pre e post-menopausa) in terapia ormonale adiuvante e per le pazienti con menopausa secondaria a chemioterapia andrebbe iniziata subito la terapia con inibitori del riassorbimento osseo (prevenzione primaria)	Positiva Forte

Grado di raccomandazione SIGN	Raccomandazione clinica	Forza della raccomandazione clinica
Moderata	I bisfosfonati (in particolare l'ac zoledronico 4 mg/6 mesi) e il denosumab 60 mg/ogni 6 mesi prevengono la perdita di BMD nella donna con tumore della mammella in pre e post-menopausa in terapia ormonale adiuvante e nel maschio con cr della prostata in blocco androgenico	Positiva Forte

Grado di raccomandazione SIGN	Raccomandazione clinica	Forza della raccomandazione clinica
Moderata	Il denosumab 60 mg/ogni 6 mesi previene tutte le fratture da fragilità nella donna con tumore della mammella in postmenopausa in terapia con inibitori della aromatasi e le fratture vertebrali nel maschio con cancro della prostata in blocco androgenico	Positiva Forte

Grado di raccomandazione SIGN	Raccomandazione clinica	Forza della raccomandazione clinica
Bassa	Per i pazienti in terapia ormonale adiuvante pazienti la terapia con farmaci antiassorbitivi andrebbe protratta per tutta la durata delle terapia ormonale adiuvante	Positiva Forte

## Algoritmo per la l'applicazione in PREVENZIONE PRIMARIA della nota AIFA 79 (rimborsabilità farmaci per la prevenzione e la terapia dell'osteoporosi)



# GRAZIE PER L'ATTENZIONE

