

piero.baglioni@wales.nhs.uk





### & **PROCEDURES**







### & IMMEDIATE BENEFITS







# ITALIAN CHAPTER



# ITALIAN CHAPTER











# ITALIAN CHAPTER





# ITALIAN CHAPTER





### **& BENEFITS TO COME**

# Out of many people receiving intervention, a few will benefit (= high NNT).



**& BENEFITS TO COME** 



# INTERVENTION: NO

# INTERVENTION: YES









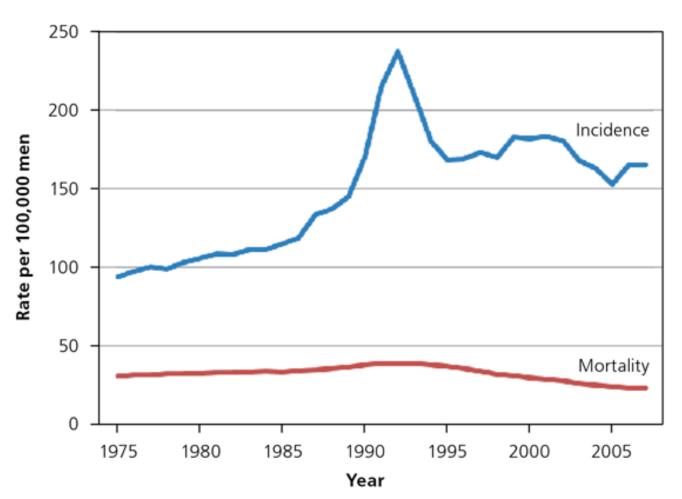
### & BENEFITS TO COME

Out of many people receiving intervention, a few will benefit (= high NNT).

# Individual benefit difficult to verify (non event) & often confused with detection.



### **& BENEFITS TO COME**



NEJM 2011; 365 : 2013

**ITALIAN CHAPTER** 





### & BENEFITS TO COME

Out of many people receiving intervention, a few will benefit (= high NNT).

Individual benefit difficult to verify (non event) & often confused with detection.

Out of many people receiving intervention, a few will be harmed (= high NNH).













# Pradaxa® 75 mg coretto 10mg hard capsules

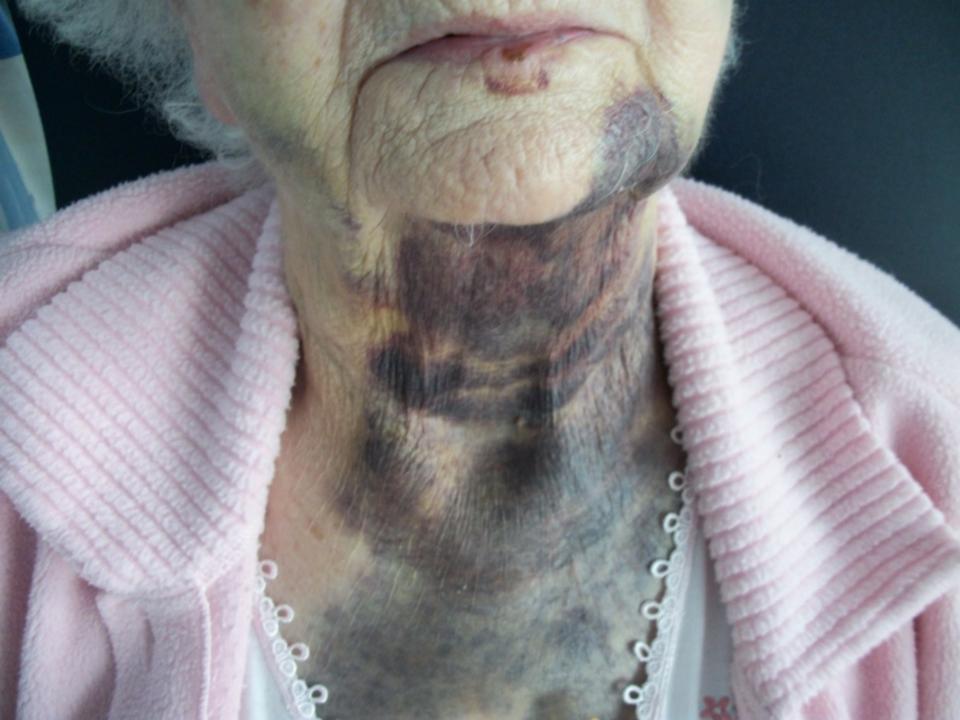
film-coated tablets

Rivaroxaban

and rabilets

For oral use

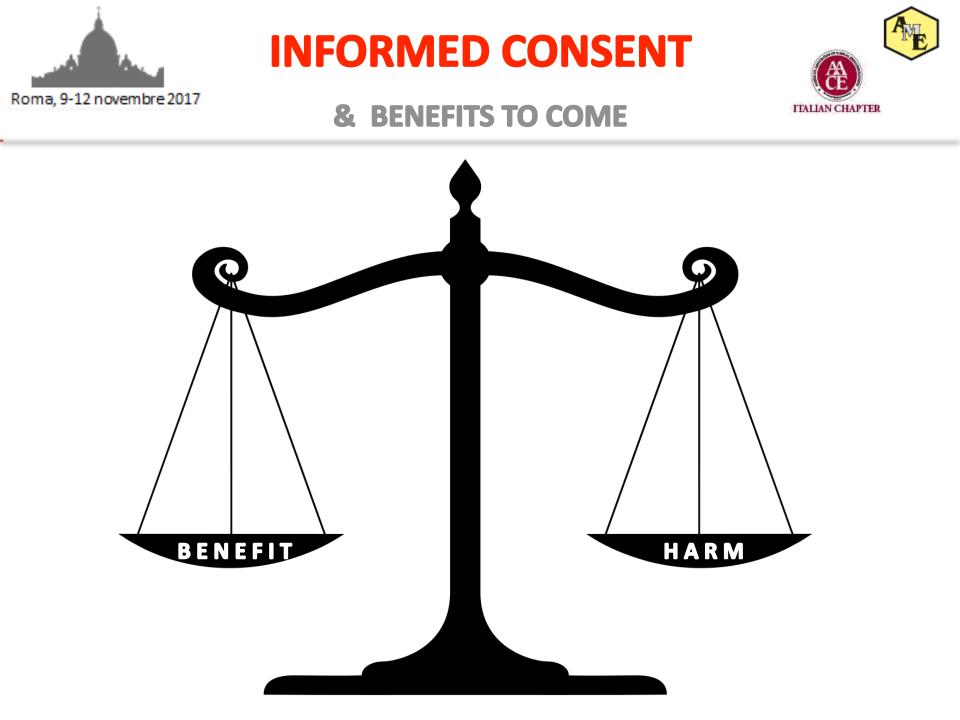
Dabigatran et-







# ITALIAN CHAPTER



Patients' Expectations of the Benefits and Harms of Treatments, Screening, and Tests

JAMA Int Med 2015 vol. 175 : 274 - 286

Patients' Expectations of the Benefits and Harms of Treatments, Screening, and Tests

Therapy

JAMA Int Med 2015 vol. 175 : 274 - 286

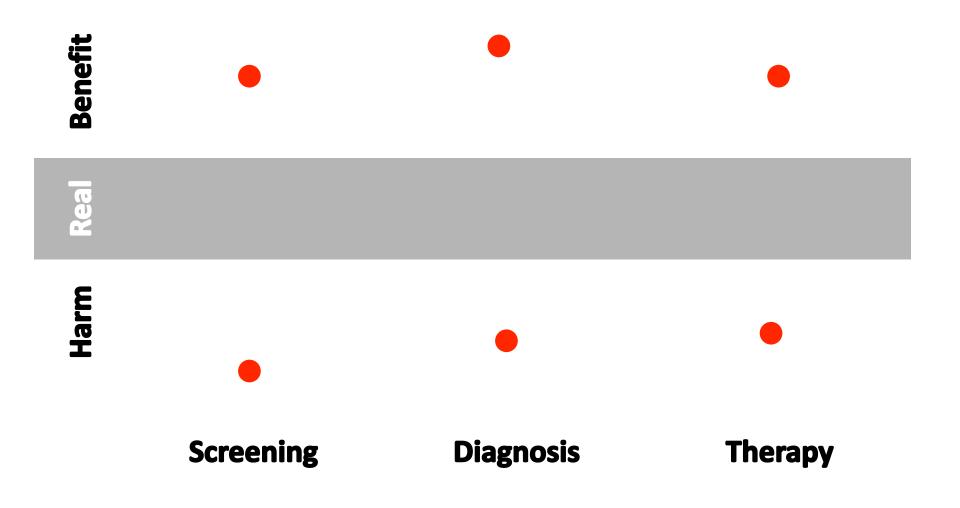
Real

Harm

Screening Diagnosis

Patients' Expectations of the Benefits and Harms of Treatments, Screening, and Tests

JAMA Int Med 2015 vol. 175 : 274 - 286

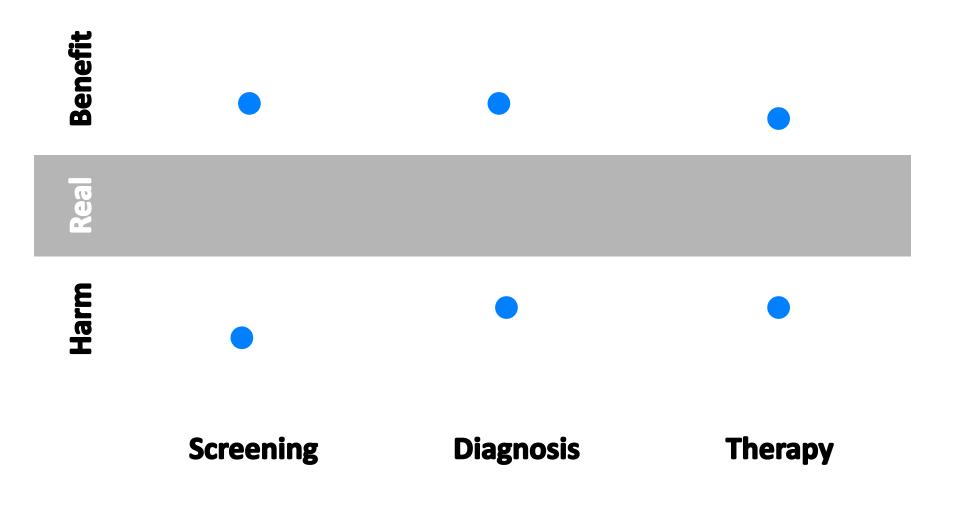


Clinicians' Expectations of the Benefits and Harms of Treatments, Screening, and Tests

JAMA Int Med 2017 vol. 177 : 407-419

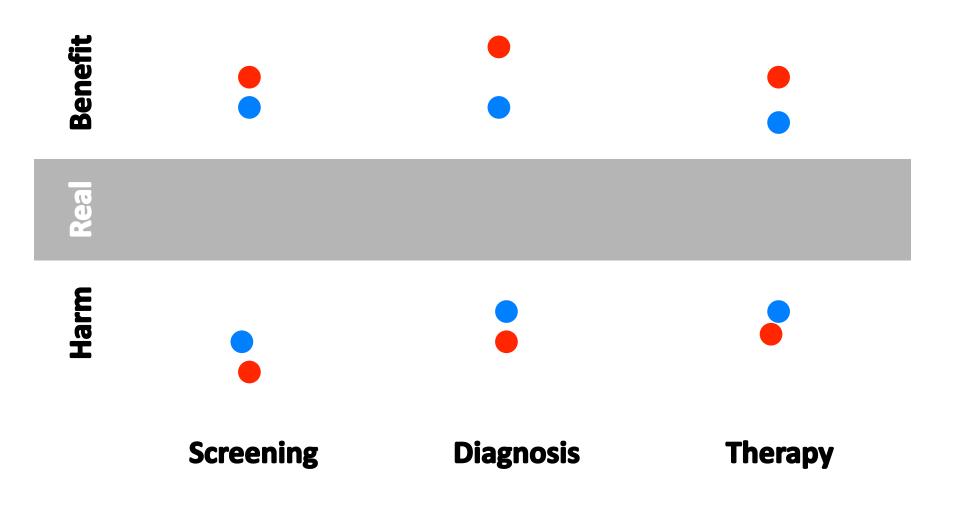
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# ITALIAN CHAPTER

### **& BENEFITS TO COME**

# Optimism Bias



**& BENEFITS TO COME** 

# Communication Benefit & Harm





### **& BENEFITS TO COME**

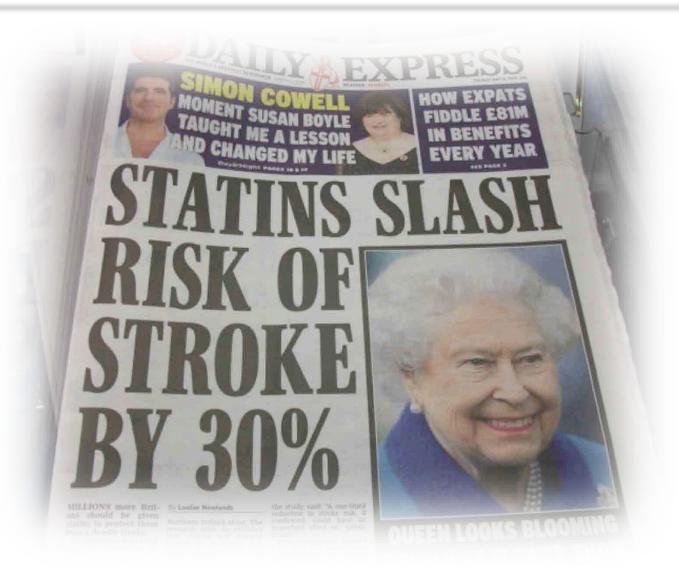
# Relative benefit should not be used to make clinical decisions.

# **"IT'S GREAT TO BE A STATISTIC!"** 20% relative risk reduction

The landmark study, CURE,<sup>1</sup> shows that PLAVIX, when added to standard therapy (including aspirin), provides an additional 20% relative risk reduction in CV death/stroke/MI for patients with unstable angina/non-ST-elevation MI

















### **& BENEFITS TO COME**

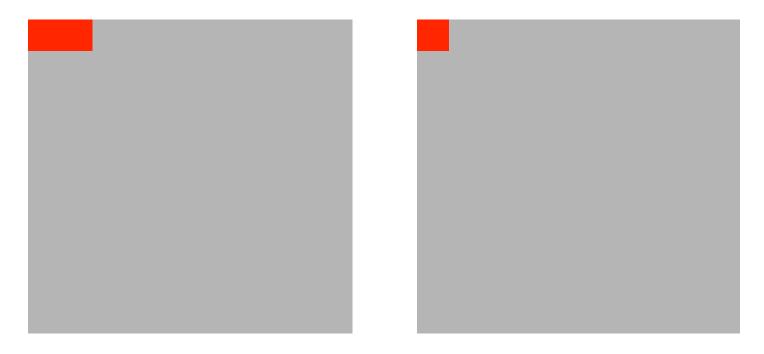
# Relative benefit should not be used to make clinical decisions.































### **& BENEFITS TO COME**

# Absolute benefit should be used to make clinical decisions.





### **& BENEFITS TO COME**

# Out of 100 people who take a statin every day for 5 years, 1 will be spared death by cancer.





### & BENEFITS TO COME

Out of 100 people who take a statin every day for 5 years, 1 will be spared death by cancer.

# Out of 100 people who take a statin every day for 5 years, 99 will not experience any benefit.



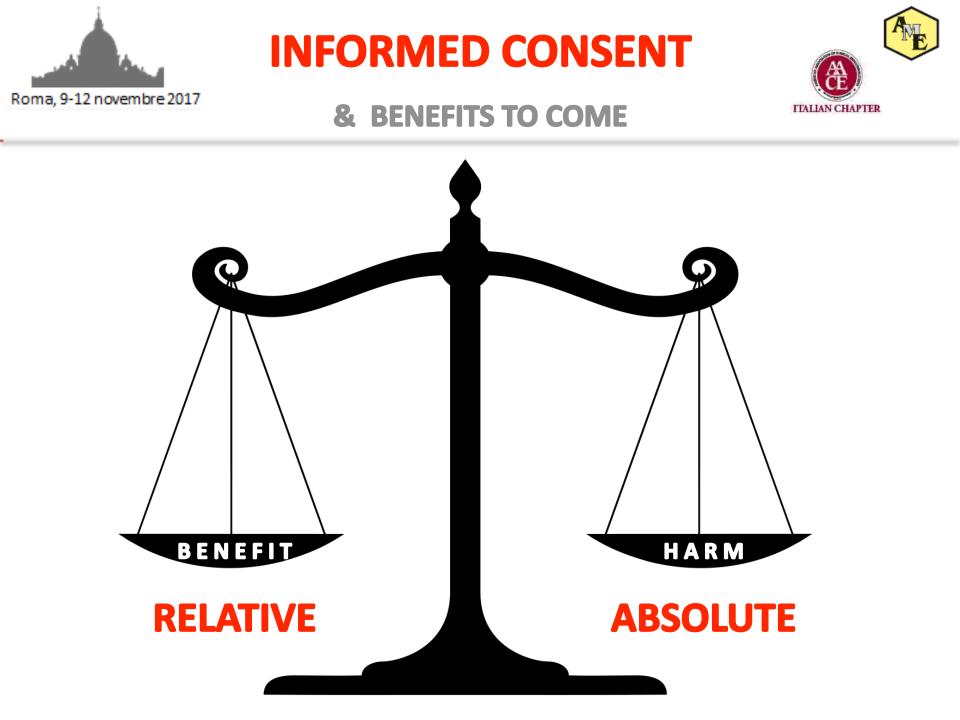


### & BENEFITS TO COME

1 out of 100 people who take a statin every day for 5 years will be spared death by cancer.

Out of 100 people who take a statin every day for 5 years, 99 will not experience any benefit.

Out of 100 people who take a statin every day for 5 years, some will experience side effects of statins.







& BENEFITS TO COME

To Sum It Up :

- **1. NNT & NNH**
- 2. Optimism Bias
- 3. Relative vs Absolute Risk Reduction
- 4. Positive & Negative Framing
- 5. Mismatched Framing

# Thank You