1st Pan-Mediterranean Congress of Endocrinology & Metabolism

May 1-3, 2008
Splendid Hotel “La Torre”
Palermo, Italy

Preliminary Program
Objectives

This Congress offers an unprecedented opportunity for leaders in endocrinology and metabolism to meet, review and build solutions for current problems in endocrine & metabolic disorders in the Mediterranean area.

There has never been a similar effort to address Mediterranean region endocrine/metabolic issues. A group of experts from the region as well as a few from the USA are invited to share opinions and recommendations on the prevalence, significance, and management of thyroid disease, bone disease, obesity, children’s health, and issues in women’s health. Socioeconomic as well as clinical problems will be discussed. The Congress hopes to outline a plan for improved endocrine health for the coming years.

Goals

• Identify and discuss current/common regional endocrine/metabolic health problems
• Address challenges to change and ways to overcome them
• Build border-less commitment to generate a climate for change
• Develop, enhance, and follow collaboration for endocrine health in the area
Wednesday, April 30, 2008

8:00am - 8:00pm  Arrival

Thursday, May 1, 2008

8:00am - 3:00pm  Registration

8:30am - 12:30am
Coordinator: R. Valcavi
Tutors: M. Attard, D. Giuffrida, M. Zingrillo

Course of Thyroid and Parathyroid Clinical Ultrasound
R. Valcavi
M. Attard, D. Giuffrida, M. Zingrillo

Thyroid, Lymph Node, and Parathyroid Ultrasound
R. Valcavi

Fine Needle Aspiration Biopsy
D. Giuffrida

Pre-surgical Neck Ultrasound-Assessment
M. Attard

Percutaneos Ethanol Injection
M. Zingrillo

Percutaneos Laser Ablation
R. Valcavi

Hands-on Ultrasound Training
M. Attard, D. Giuffrida, M. Zingrillo

8:30am - 12:30am
Coordinator: G. Raiola
Chairmen: S. Bertelloni, S. Chiavetta

Course of Communication with Adolescents with Chronic Illness
G. Raiola
S. Bertelloni, S. Chiavetta

Self-presentation of the adolescents with chronic endocrine diseases
Group of Adolescents

Communication with adolescents with chronic illness
D. Hardoff

Adolescents and their perspectives regarding communication with their health care providers
D. Hardoff and Group of Adolescents

Discussion

Summary and conclusions
D. Hardoff
3:30pm - 4:00pm  
**Welcome remarks**

4:00pm - 5:00pm  
**Satellite Symposium - Something Old, Something New**  
*F. Carrilho & S. Assaad*

- Dyslipidemia in the Region  
  *I. Salti*

- Insulin Resistance Syndrome  
  *R. Vigneri*

  Discussion

5:00pm - 6:00pm  
**Plenary Lecture 1**  
*H. Gharib & A. Alzahrani*

- Overview of Mediterranean Area Health Issues  
  *Y. Coble*
  *R. Gaillard*

  Discussion

7:30pm  
**Reception**
Friday, May 2, 2008

8:30am - 9:30am
Moderators: K. Al Shoumer & B. Glaser

Plenary Lecture 2
Socio-Economic Health Issues in Mediterranean Countries
S. Leone
Discussion

9:30am - 11:00am
Moderators: A. Pinchera & M. Zimmermann

Symposium 1 - Iodine Deficiency Disorders (IDD)
An Overview
M. Zimmermann

Brief presentations on each issue:

- IDD in Iran
  F. Azizi

- IDD in Turkey
  M. Erdogan

- IDD in Sicily
  G. D’Azzò

- IDD in Greece
  A. Tsatsoulis

Panel Discussion

11:00am - 11:30am Coffee Break

11:30am - 12:30am

Meet The Professor

- room A Interventional Ultrasound-Guided Procedures in Benign Thyroid Nodule
  R. Valcavi

- room B New Drugs in Diabetes
  A. Abbassy

- room C Short stature
  M. El Kholy

- room D Dyslipidemia
  A. Notarbartolo

12:30am - 2:00pm Lunch
2:00pm - 2:40pm
Plenary Lecture 3
Moderators: M. El Zaheri & K. A. Kadiri
Bone Health
B. Larijani

2:40pm - 4:00pm
Symposium 2 - Children’s Health
Moderators: G. Raiola & C. Kattamis
Infertility: early diagnosis/prevention in children & adolescents
V. De Sanctis
Obesity
O. Ercan
Communicating with patients & parents
D. Hardoff

5:00pm - 6:30pm
Opening Ceremony
Complesso Monumentale Palazzo Monumentale dei Normanni,
Palermo (city center)

6:30pm - 7:00pm
Plenary Lecture 4
Moderator: R. Valcavi
Thyroid Disease: A Global Problem
H. Gharib

7:30pm
Gala Dinner
Saturday, May 3, 2008

8:30am - 9:30am
Moderators: S. Jambart & M. A. Mirzai

**Plenary Lecture 5**

Diabetes & Nutrition in Developing Countries
K. Ajlouni, K. Al Rubeaan

Discussion

9:30am - 11:00am
Moderators: A. Gunaid, N. Bache

**Symposium 3 - Women’s Health**

Life after menopause
D. Gullo

Policystic Ovarian Syndrome
E. Carmina

Endocrine Disorders in Pregnancy
P. Garofalo

11:00am - 11:30am
Coffee Break

11:30am - 12:30am

**Meet The Professor**

room A
Puberty
A. T. Soliman

room B
Endocrine Disorders in Thalassemia
H. Al Rimawi

room C
Public Awareness and Diabetes
N. Isseh

room D
Endocrine Effects of Bariatric Surgery
T. Alexandrides

12:30am - 1:00pm
Moderators: S. Boikos & H. Gharib

**Plenary Lecture 6**

Are Guidelines Universally Acceptable?
E. Papini

1:00pm
**Final Remarks**
CONFERENCE INFORMATION

The 1 Pan Med will take place in Palermo, Sicily, Italy. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education for physicians. You can find all information about the congress on the website www.panmed.org

TO REGISTER FOR THE MEETING

You may register by sending or e-mailing the registration form to the organizing secretariat CHRONOS Via Scesa Gradoni, 11 (Ospedale Vecchio) - 88100 Catanzaro tel +39 0961 754565 -fax +39 0961 709250 e-mail: laura@organizzazionechronos.it - info@panmed.org

To prevent duplicate charges, if you fax your registration, do not also mail in your registration. If you have questions about registration, please call +390961744565
Your registration will be acknowledged by e-mail or fax within 48 hours.

REGISTRATION FEES

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<th>DISCOUNTED (received by March 31, 2008)</th>
<th>FULL FEE (after April 1, 2008)</th>
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<td>PHYSICIAN</td>
<td>€ 300,00*</td>
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<td>STUDENT/MASTER CLASS STUDENT</td>
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* Currency
The official currency of the Congress is European Euro

Please fax an official certification stating your enrollment to the Specialization School

Name badge admits guest to welcome reception, coffee breaks, working lunch on May 2nd and special events

WORKING LANGUAGE

English

SIDE EVENTS

May 1, 2008
7:00pm
Cocktail and concert

May 2, 2008
9:00am - 1:00pm
Guided tour of Palermo, the capital town of Sicily, considered its cultural and economic heart, a bridge between the Mediterranean Sea and Europe
1:00pm - 2:00pm
Lunch for guests
3:00pm - 5:00pm
Guided tour of an archeological site in the province of Palermo
5:00pm - 6:30pm
Opening Ceremony at Palazzo dei Normanni, Palermo
7:30pm
Gala Dinner
HEADQUARTERS HOTEL

SPLENDID HOTEL “LA TORRE”
Located in Via Piano Gallo, 11 Mondello, Palermo, Sicily, Italy
“La Torre” is just a few minutes from the center of Palermo and its extraordinary monuments.

To make hotel reservations:
Please contact the organizing secretariat for room reservation in the Splendid Hotel “La Torre”.

CHRONOS - Scesa Gradoni, 11 (Ospedale vecchio)
88100 Catanzaro - Tel. +39 0961 744565 - Fax +39 0961 709250
e-mail laura@organizzazionechronos.it - info@panmed.org

Room Rates
Organizing Secretary has negotiated a special discount room for the 1 Pan Med:

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<th>Standard</th>
<th>Green</th>
<th>Blue</th>
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<tr>
<td>Single Room</td>
<td>€ 104,00</td>
<td>€ 128,00</td>
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<td>€ 104,00</td>
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<tr>
<td>Double room</td>
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*(Per night, breakfast included)*

“Standard” single or double rooms, some of them with private balcony facing the garden lines or Mondello beach
“Green” double rooms with private balcony facing either private garden or Mondello’ beach
“Blue” largest double rooms with private balcony front sea view

Room availability at the discount rate is first-come, first-served
We will consider valid only those reservations made with a down payment, amounting to the price of one night continental plan + € 15,00 reservation fee. The payment of the bill is to be made directly at the hotel. These conditions do not apply to reservations made through pharmaceutical companies. These individuals should contact the organizing secretariat.

PAYMENTS

Payments of registration fees or for hotel bookings can be made by:
Check or banker’s draft to CHRONOS s.n.c.;
Banker’s draft to CHRONOS s.n.c IT 50 S 01030 04400 000000303313
Credit card

CANCELLATIONS AND REFUNDS

All cancellations must be communicated to the organizing secretariat by March 31, 2008. We regret to inform you that we will be unable to refund down payments and registration fees if you cancel after the deadline of March 31, 2008.
BOOTHs

A pharmaceutical, industrial, and publishing exhibition will be held at the Congress site

SLIDE CENTER

A slide centre will be available for speakers. You should stop by at least an hour before the beginning of your scheduled session and our staff will be there to help you with any technical questions you may have.

MAY 1, 2008 COURSES

Thyroid and Parathyroid Clinical Ultrasound
will be held at the Cervello Hospital in Palermo

Communication with Adolescents with Chronic Illness
will be held at the Splendid Hotel La Torre in Mondello, Palermo

A payment of €50,00 per course is requested

The Scientific and the Organizing secretaries have retained the right to amend the meeting agenda on the ground of technical and/or scientific reasons.
Deadline for advance registration is April 25, 2008. After this date participants should register on site.

First name ____________________________________________________________
Last Name (Family Name) __________________________________________________

Professional degree Please check one:
☐ MD, DO - ☐ PhD - ☐ MD, PhD - ☐ RN - ☐ Other

Organization/Hospital ________________________________________________________
Address 1 ___________________________________________________________________
Address 2 ___________________________________________________________________
City __________________________ State __________ Zip Code __________
Country ______________________________________________________________________
Phone __________________________ Fax __________________________
E-mail address ________________________________________________________________

I consider myself primarily (please list one)
☐ Clinician ☐ Educator ☐ Scientist ☐ Exhibitor ☐ Other __________

My work is best described as (please list one)
☐ Adult Endocrinology ☐ Pediatric Endocrinology ☐ Surgery
☐ Basic Science ☐ Internal Medicine ☐ Other __________

My place work is (please list one)
☐ Academic ☐ Hospital ☐ Managed Care
☐ Private Practice ☐ Government/Military
☐ Ministry ☐ Corporate/Industry

REGISTRATION FEES

Please check one: DISCOUNTED FULL FEE
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Please fax an official certification stating your enrollment to the Specialization School

☐ SPOUSE/GUEST € 250,00* € 300,00*
Name badge admits guest to welcome reception, coffee breaks, working lunch on May 2nd and special events

☐ SPOUSE/GUEST Name _______________________________________________________

Please check one:

☐ Thyroid and Parathyroid Clinical Ultrasound Course (R. Valcavi) € 50,00*

☐ Communication with Adolescents Course (D. Hardoff) € 50,00*

www.panmed.org 1st Pan - Mediterranean Congress of Endocrinology & Metabolism
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- Credit card - Card number ___________________  
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  Expiration date______________________________

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Friday, May 2, 2008

MEET THE PROFESSOR (Please check one)
- Room A  Interventional Ultrasound Guided Procedures in benign Thyroid Nodule  
  Roberto Valcavi
- Room B  New drugs in Diabetes  
  Aly Abbassy
- Room C  Short Stature  
  Mohamed El Kholy
- Room D  Dyslipidemia  
  Alberto Notarbartolo

Saturday, May 3, 2008

- Room A  Puberty  
  Soliman Ashraf T
- Room B  Endocrine Disorders in Thalassemia  
  Hala Al Rimawi
- Room C  Public Awareness and Diabetes  
  Isseh Nabil
- Room D  Endocrine Effects of Bariatrics Surgery  
  Alexandrides Theodoris
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Getting To the 1 Pan Med

By Plane – “Falcone-Borsellino airport”

The airport in Palermo is in Punta Raisi located 35 Km. from the center of Palermo, along the highway A29. There are different public transportation services that connect Palermo with the airport:

- The airport’s taxi service is in operation from 6.00am to 12.00pm and the taxi rank is to be found outside the Arrivals Area. Average cost for a ride to Palermo is € 35.00

- The Trinacria train express connects Palermo directly with the Terminal. Ticket price: € 5.00

- You can reach the airport or the center of Palermo with the bus-line Prestia and Comandè. From Palermo (central station) from 5.00am to 11.00pm every half hour. From the airport from 6.30am to 12.00pm every half hour. Ticket price: € 5.30

Information about “Falcone-Borsellino airport” is available on line at www.gesap.it

By Ship

Every day there are connections with the ports of Naples, Genoa, Ustica, Cagliari and Civitavecchia. The sea companies are: Tirrenia navigazione and Snav. For all information: www.autoport.pa.it

By Train

Trenitalia runs frequent service to Palermo Central Station. Outside of the station you can easily pick up a taxi or bus to your hotel.

By Car

There are various roads to reach Palermo:
- Highway: A19 Palermo-Catania
- A20 Palermo-Messina
- A29 Palermo-Mazara del Vallo

- Freeway: SS189 Palermo-Agrigento
- SS624 Palermo-Sciacca
1 Pan - Mediterranean Congress of Endocrinology & Metabolism

SCIENTIFIC SECRETARIAT

P. Garofalo MD
H. Gharib MD, MACP, MACE
E. Papini MD, FACE
R. Valcavi MD, FACE

LOCAL ORGANIZING COMMITTEE

M. Attard MD
M. Calabrò MD
S. Chiavetta MD
F. Di Giovanni MD
L. Gambino MD
D. Gioia MD
F. Ianni MD
G. Savoia MD

ORGANIZATION SECRETARIAT

HEAD OFFICE: Scesa Gradoni, 11 (Ospedale Vecchio) - 88100 Catanzaro
tel. +39 0961 744565-707833-792566 - fax. +39 0961 709250
Ref. Laura Bucci - laura@organizzazionechronos.it - info@panmed.org

www.panmed.org