

**ITALIAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS (AME)
IN ASSOCIATION WITH EUROPEAN SOCIETY OF ENDOCRINOLOGY (ESE)
2025 EARLY CAREERS UPDATE IN CLINICAL ENDOCRINOLOGY**

March 28-29, 2025

Naples, Hotel Royal-Continental



Associazione
Medici
Endocrinologi



European Society
of **Endocrinology**
The voice for endocrinology

Endorsed by



Società Italiana
Endocrinologia

RATIONALE AND AIM

The Italian Association of Clinical Endocrinologists (AME) together with the European Society of Endocrinology are launching the second Early Careers Course in Clinical Endocrinology with the endorsement of the Italian Society of Endocrinology. The course will be addressed to a limited number of young (less than 40 yo) Italian and European participants, aiming to favour a friendly climate and to stimulate clinical discussion driven by the most relevant Italian and European experts in their fields. The course will address some of the most relevant topics of endocrine disease.

At each session of the course, after the introductory lectures, participants will be divided into “working groups” to discuss complex clinical cases related to the topics addressed by previous lectures.

The addressed topics will be:

- Thyroid: replacement treatment for hypothyroidism. Use of thyroid kinase inhibitors for advanced thyroid cancer.
- Hypoparathyroidism: how to manage a neglected disease in 2025.
- Obesity: the landscape of new drugs, the tailored management for the individual patient and perspectives on monogenic obesities.
- Endogenous hypercortisolism: an update on clinical management.
- Bone metabolism: advanced treatment for osteoporosis and the clinical management of their side effects.
- Vitamin D deficiency: lights and shadows about guidelines
- Adrenogenital syndromes: the unmet needs.
- Neuroendocrine tumors: is there still a role for somatostatin receptor ligands?

PROGRAM

FRIDAY, MARCH 28

07.45 Registration of participant

08.00 Welcome and Introduction to the course
Representatives from ESE, EYES, AME, SIE and G-AME
*Jerome Bertherat, Paris - Walter Vena, Bergamo - Andrea Frasoldati, Reggio Emilia
Chiara Sabbadin, Padova - Charlotte Hoybye, Stockholm - Rosario Pivonello, Napoli*

SESSION I: THYROID

Chairs: *Enrico Papini, Roma- Maria Chiara Zatelli, Ferrara*

08.30 Lecture: Is thyroid replacement an ever-easy task?
Peter Kopp, Lausanne

09.00 Lecture: Thyroid-kinase inhibitors in the real practice: the lesson we have learned
Cosimo Durante, Roma

09.30 Team work on Clinical Practice

10.30 Coffee Break

11.00 Guided discussion on Clinical Practice

SESSION II: FOCUS ON HYPOPARATHYROIDISM

Chair: *Alfredo Scillitani, Foggia*

12.00 Lecture: Management of the invisible disease
Andrea Palermo, Roma

12.30 Spot clinical Practice: Q and A
Chair: *Walter Vena, Bergamo*

13.30 Light Lunch

SESSION III: OBESITY

Chair: *Massimiliano Caprio, Roma*

- 14.30** Lecture: Anti-obesity drugs: an evolving landscape
Sebastien Czernichow, Paris
- 15.00** Lecture: Tailoring treatment in the obese patient
Marco Chianelli, Roma
- 15.30** Team work on Clinical Practice
- 16.30** Coffee Break
- 17.00** Guided Discussion on clinical Practice
- 18.00** Lecture: A perspective on new treatments for monogenic and secondary obesity
Pietro Maffei, Padova

SESSION IV: CUSHING'S DISEASE

Chairs: *Giuseppe Reimondo, Torino - Charlotte Hoybye, Stockholm*

- 18.30** Lecture: Managing Cushing's disease in 2025
Rosario Pivonello, Napoli
- 19.00** Spot clinical Practice: Q and A
- 20.00** Closing first day of work

SATURDAY, MARCH 29

SESSION V: BONE METABOLISM

Chairs: *Domenico Rendina, Napoli - Paul Lips, Amsterdam*

- 08.30** Lecture: Treatment of osteoporosis: sequential and combined treatments
Fabio Vescini, Udine

09.00 Lecture: How to manage side effects of osteoporosis treatment
Luigi Gennari, Siena

09.30 Team work on Clinical Practice

10.30 Coffee Break

11.00 Guided Discussion on clinical Practice

SESSION VI: FOCUS-ON VITAMIN D DEFICIENCY

Chairs: *Jerome Bertherat, Paris - Andrea Frasoldati, Reggio Emilia*

12.00 Lecture: Vitamin D deficiency guidelines: facts and open issues
Paul Lips, Amsterdam

12.30 Spot Clinical Practice: Q and A

13.00 Light Lunch

SESSION VII: ADRENAL DISEASE

Chairs: *Renato Cozzi, Milano - Chiara Simeoli, Napoli*

14.00 Lecture: Unmet needs in patients with adrenogenital syndromes
Anne Bachelot, Paris

14.30 Spot clinical Practice: Q and A

SESSION VIII: FOCUS-ON NEUROENDOCRINE NEOPLASMS

Chairs: *Andrea Frasoldati, Reggio Emilia - Franco Grimaldi, Udine*

15.30 Lecture: Somatostatin Receptor Ligands in Neuroendocrine Neoplasms an ancient story that still holds true
Antongiulio Faggiano, Roma

16.00 Concluding remarks and Closure of the meeting

STEERING COMMITTEE

Representatives from ESE, AME and SIE International and Scientific Committee.

VENUE

Hotel Royal Continental | Via Partenope, 38, 80121 Napoli

REGISTRATION AND PAYMENT (only foreigners)

Registration fee: € 250,00

The registration fee includes congress access, coffee breaks, light lunch and two nights hotel accommodation. Travel costs are not included. 6 registrations are available for the participants from Italy 30 registrations are available for the participants from outside. Unpaid registrations will not be accepted. Registration for the congress is possible exclusively through this [Link](#)

SCIENTIFIC COMMITTEE

Prof. Enrico Papini

Endocrinology and Metabolism Department Ospedale Regina Apostolorum, Rome

EDUCATIONAL GOAL

Guidelines – Protocols – Procedures

OFFICIAL LANGUAGE

The official language of the meeting is English

SEGRETERIA ORGANIZZATIVA E PROVIDER 1463



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EACCME CREDITS



“AME in association with ESE 2025 EARLY CAREERS UPDATE IN CLINICAL ENDOCRINOLOGY, Naples, Italy 28/03/2025 -29/03/2025, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 14.0 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.”
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CME CREDITS (italian only)

Dueci Promotion S.r.l., CME Provider n. 1463, accredited the meeting with ID 437410 assigning n. 15 ECM credits* for n. 36 participants belonging to the following professional figures:

- **Physician** specialized in: *Endocrinology, Metabolic diseases and diabetology, Oncology, Gynecology and obstetrics, Urology, Thoracic surgery*

**Please note that, in order to acquire Italian CME credits, it is mandatory to have taken part in 90% of the training activity; have compiled the documentation in its entirety; have passed the CME assessment questionnaire (minimum 75% correct answers).*

SPONSOR ACKNOWLEDGEMENT



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