Cytology and molecular biology for thyroid nodules diagnostic categories to clinical actions



Classificazioni citologiche: verso uno schema internazionale unificato?

A. Crescenzi



Diagnostic categories



AACE-AME (2006) ATA (2006)

PSC (2007)

- Non diagnostic
- Benign
- Suspicious/indeterminate

- Unsatisfactory
- Benign
- Cellular lesion, can not rule out follicular neoplasm
- Follicular Neoplasm
- Suspicious
- Malignant

Malignant



Categorie Diagnostiche



SIAPEC-SIE (2007)

- Tir 1. Non diagnostico
- Tir 2. Negativo per cellule maligne
- Tir 3. Indeterminato (Proliferazione follicolare)
- Tir 4. Sospetto per malignità
- Tir 5. Positivo per cellule maligne

BTA (2002/7)

- Thy 1. Non diagnostic
- Thy 2. Non neoplastic
- Thy 3. Follicular lesion
- Thy 4. Suspicious of malignancy
- Thy 5. Diagnostic of malignancy



TIR3: Inconclusive/indeterminated (follicular proliferation) Siapec 2007



- Adenomatoid hyperplasia
- Follicular adenoma
- Follicular carcinoma
- Hurthle cell neoplasm
- Follicular variant of papillary carcinoma
- Worrisome follicular alterations that cannot be placed in Tir2 but are not sufficient for a Tir4 categorization.



Follicular proliferation

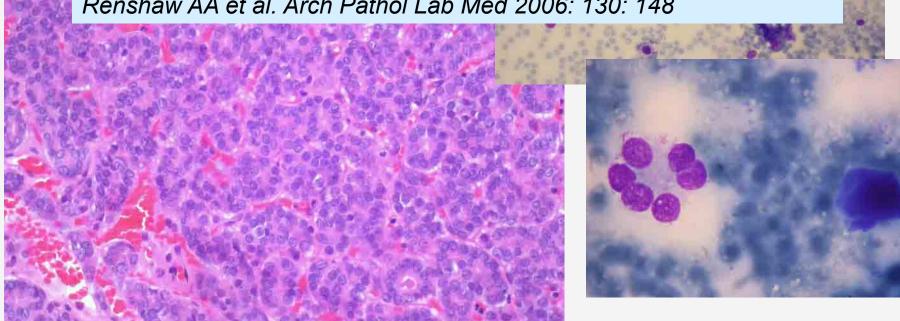


Needle diameter 300 microns normal follicles 50-500 macrofollicles > 500 mic



Microfollicles: Crowded, flat groups of less then 15 follicular cells arranged in circle that is at least two thirds complete

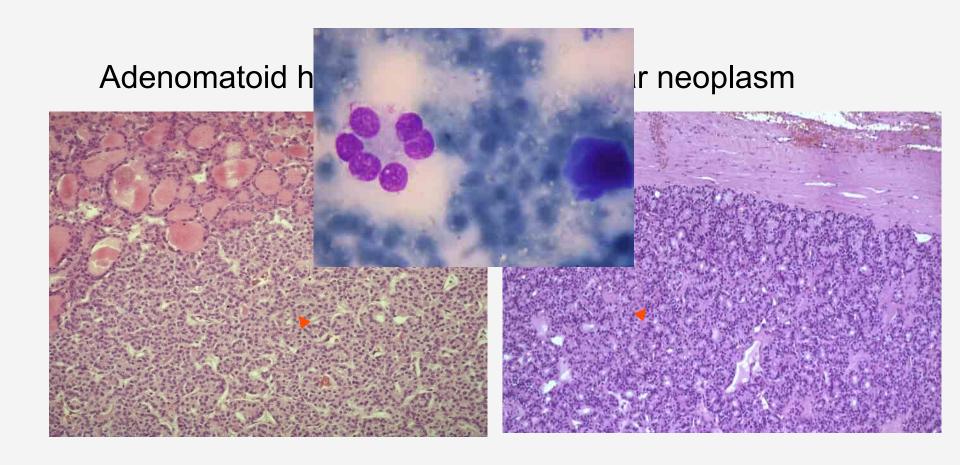
Renshaw AA et al. Arch Pathol Lab Med 2006: 130: 148





Follicular lesion TIR3



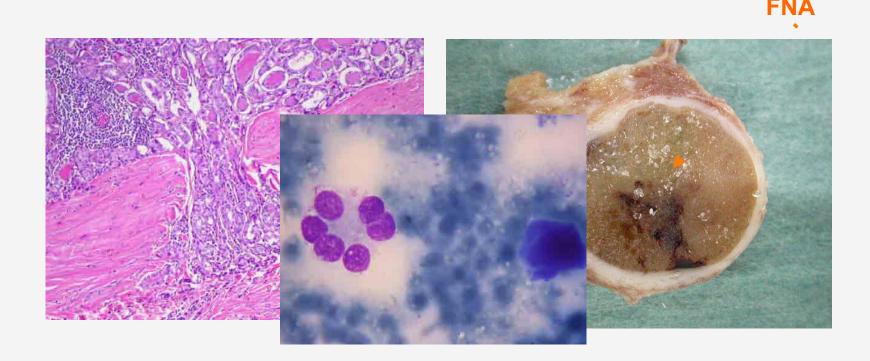




Follicular lesion TIR3



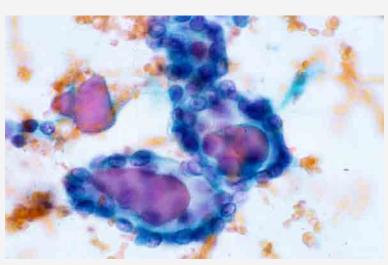
Follicular carcinoma: the diagnosis of malignancy depends primarily on the demonstration of unequivocal capsular and/or vascular invasion.

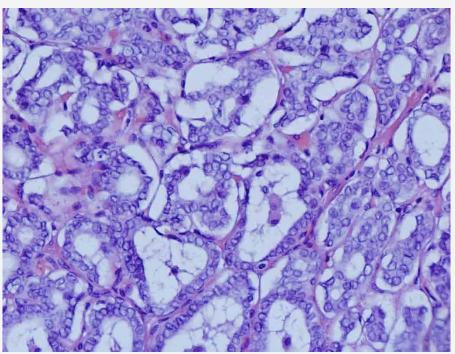




Follicular lesion TIR3 (Follicular variant of papillary carcinoma)









Medical Guidelines for Clinical Practice for the Diagnosis and Management of Thyroid Nodules



Hossein Gharib, Enrico Papini, Ralf Paschke, Daniel S. Duick, Roberto Valcavi, Laszlo Hegedus, Paolo Vitti, and the AACE /AME/ETA Task Force on Thyroid Nodules. 2010

Cytologic diagnoses should be organized into 5 classes:

- Class 1. Nondiagnostic (inadequate or insufficient): samples with processing errors or an insufficient number of follicular cells
- Class 2. Benign (or negative for malignancy): includes colloid or hyperplastic nodules, Hashimoto or granulomatous thyroiditis, and cysts
- Class 3. Follicular lesions: all follicular-patterned lesions, including follicular neoplasms, Hürthle cell lesions, and the follicular variant of PTC. In centers with specific experience in thyroid cytology, follicular cytology may be further subdivided into "follicular lesion/atypia of undetermined significance" and "follicular neoplasm." This distinction separates 2 cytologic groups at different risk for thyroid malignancy but with the same operative Indications.
- Class 4. Suspicious: samples that suggest a malignant lesion but do not completely fulfill the criteria for a definite diagnosis
- Class 5. Malignant (or positive): samples characterized by malignant cytologic features that are reliably identified by the cytopathologist and are diagnostic of primary or metastatic tumors



AACE /AME/ETA J Endocrinol Invest. 33 (Suppl. To no 5): 1–50, 2010



7.3. Follicular Lesions

Treatment

- Surgical excision is recommended for most follicular thyroid lesions
- Intraoperative frozen section is not recommended as a routine procedure
- Consider clinical follow-up in the minority of cases with favorable clinical, US, cytologic, and immunocytochemical features



Diagnostic categories



The Bethesda System for Reporting Thyroid Cytopathology

Edmund S. Cibas, MD, 1 and Syed Z. Ali, MD2

- Unsatisfactory
- Benign
- Atypia of undetermined significance or follicular lesion of undetermined significance
- Follicular Neoplasm
- Suspicious for malignancy
- Malignant



The Bethesda System for Reporting Thyroid Cytopathology



Edmund S. Cibas, MD, 1 and Syed Z. Ali, MD2

Follicular Neoplasm or Suspicious for a Follicular Neoplasm

- The hallmark of this diagnostic category is a disturbed cytoarchitecture: follicular cells are arranged predominantly in microfollicular or trabecular arrangements
- Benign follicular nodules often have a small population of microfollicles and crowded groups. If these constitute the minority of the follicular cells, they have little significance and the FNA can be interpreted as benign.
- A suspicious interpretation is rendered only when the majority of the follicular cells are arranged in abnormal architectural groupings (microfollicles, crowded trabeculae).





Diagnostic Cytopathology, 2008

Diagnostic Terminology and Morphologic Criteria for Cytologic Diagnosis of Thyroid Lesions:

A Synopsis of the National Cancer Institute Thyroid Fine-Needle Aspiration State of the Science Conference

Zubair W. Baloch, M.D., Ph.D., 1* Virginia A. LiVolsi, M.D., 1.2
Syl L. Asa, M.D., Ph.D., 3 Juan Rosai, M.D., 4 Maria J. Merino, M.D., 5
Gregory Randolph, M.D., 6 Philippe Vielh, M.D., Ph.D., 7
Richard M. DeMay, M.D., 8 Mary K. Sidawy, M.D., 9 and William J. Frable, M.D. 10

Data collected from literature

(7.	R/O neoplasm Atypical follicular lesion	
	Cellular follocular lesion	
Neoplasm	Suspicious for neoplasm	20-30%
 Follicular neoplasm 	 Suspicious for follicular neoplasm 	
Huntile cell neoptasm	 Suspicious for Hurthle cell neoplasm 	
Suspicious for malignancy		50-75%
Malignant		100%
Nondiagnostic	Unsatisfactory	



UK RCPath



Diagnostic category

Thy1/Thy1c

Non-diagnostic for cytological diagnosis Unsatisfactory, consistent with cyst

Thy2/Thy2c

Non-neoplastic

Thy 3a

Neoplasm possible - atypia/non-diagnostic

Thy 3f

Neoplasm possible - suggesting follicular neoplasm

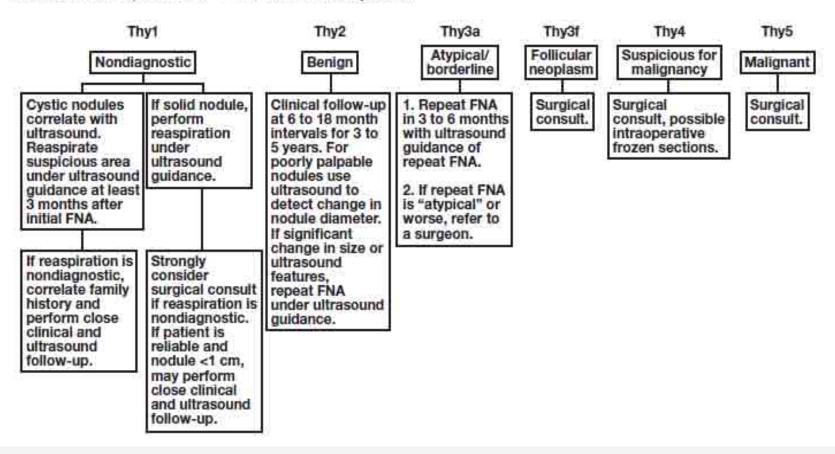
Thy 4

Suspicious of malignancy

Thy5 Malignant

The Interobserver Reproducibility of Thyroid Fine-Needle Aspiration Using the UK Royal College of Pathologists' Classification System

■Figure 2■ Clinical management implications following from the 6 main categories of thyroid cytology reporting as described by The Bethesda System for Reporting Thyroid Cytology and adapted to the UK Royal College of Pathologists classification. Modified from Layfield et al.²⁴ FNA, fine-needle aspiration.





scuoladi Comazione AME

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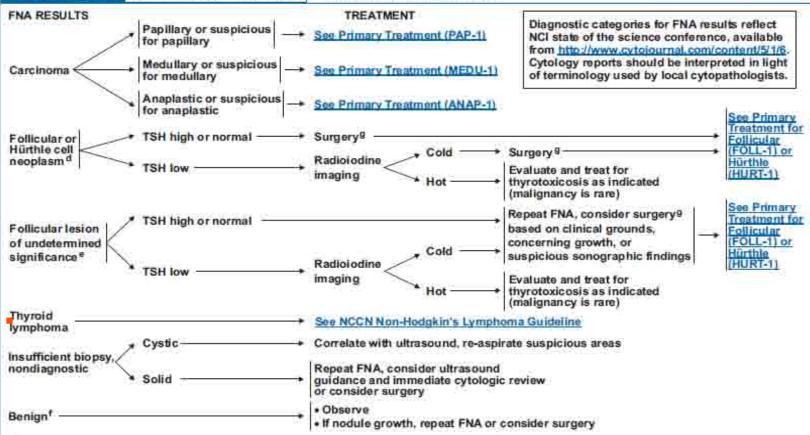


a, bre 2012 Guidelines Index Thyroid Carcinoma TOC Staging, Discussion, References

Thyroid Carcinoma

Practice Guidelines in Oncology - v.1,2010

Nodule Evaluation



Alternative term: Suspicious for follicular or Hürthle cell neoplasm. Estimated risk of malignancy is 20%-30%.

Note: All recommendations are category 2A unless otherwise indicated

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is supecially encouraged.

THYR-2

Alternative terms include: Atypia of undetermined significance, rule out neoplasm, atypical follicular lesion, and cellular follicular lesion. Estimated risk of malignancy is 5%-10%.

Includes nodular goiter, colloid nodule, hyperplastic/adenomatoid nodule, and Hashimoto's thyroiditis. Estimated risk of malignancy is < 1%.

GSurgery usually means a diagnostic lobectomy for these follicular lesions. Consider total thyroidectomy for bilateral disease, unitateral disease > 4cm (especially in men), or patient preference



2013 Italian Consensus TIR 3: Indeterminate

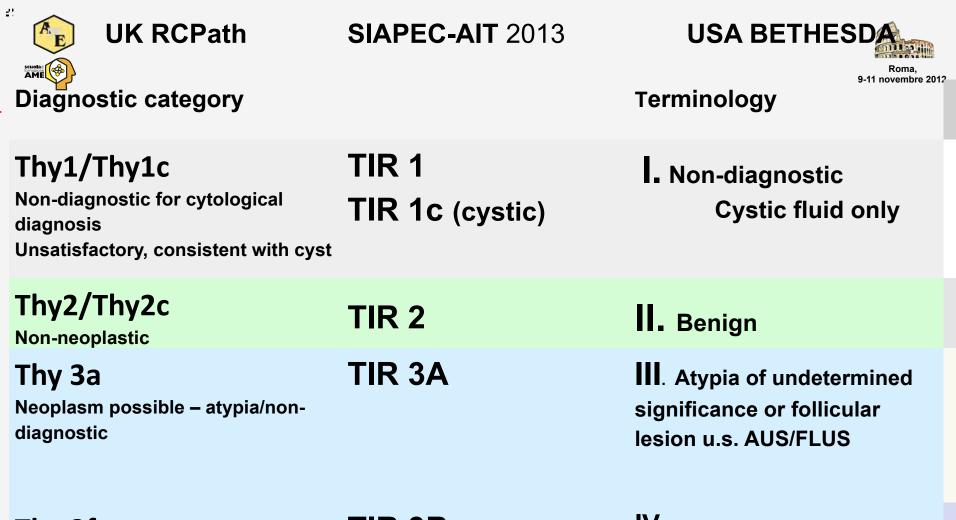


TIR 3A

- Cellular microfollicular/Hurthle cell pattern in a background of sparse colloid amount with degenerative/regressive features
- Partially compromised specimens (blood contamination) with mild cytologic or architectural alterations
- Expected lower risk of malignancy

TIR 3B

- Monotonous, repetitive microfollicular pattern with scanty or absent colloid ("follicular proliferation")
- More likely follicular neoplasm; expected higher risk of neoplasia.



Thy 3f

Neoplasm possible - suggesting follicular neoplasm

Thy 4

TIR 3B

IV. Follicular neoplasm or suspicious for a follicular neoplasm

V. Suspicious of malignancy

TIR 5

Suspicious of malignancy

Thy5 Malignant

VI. Malignant



Eliminating the "Atypia of Undetermined Significance/ Follicular Lesion of Undetermined Significance" Category From the Bethesda System for Reporting Thyroid Cytopathology



Remmi S. Singh, MD, and Helen H. Wang, MD, DrPH

Bethesda System	Proposed System
Malignant, including papillary thyroid carcinoma, poorly differentiated carcinoma, medullary thyroid carcinoma, and other specified malignancy	Positive for papillary carcinoma, medullary carcinoma, or other specified malignancy
"Suspicious" for malignancy, including papillary carcinoma, medullary carcinoma, and other specified malignancy	Suspicious for papillary carcinoma, medullary carcinoma, or other specified malignancy
Atypia of undetermined significance or follicular lesion of undetermined significance (AUS/FLUS) • Focal features suggestive of papillary carcinoma (whether cyst lining cells or not) in an otherwise predominantly benign-appearing sample	Microfollicular or Hürthle cell neoplasm Follicular lesion with focal or some features suggestive of but not diagnostic for papillary carcinoma (report for a specimen suboptimal for any reason should be prefaced by "suboptimal due to" [see the following section])
Sparsely cellular aspirate or interpretation hindered by sample preparation artifact Prominent population of microfollicles Predominance of Hürthle cells Cellular sample composed of exclusively Hürthle cells, yet clinical setting suggestive of benign Hürthle cell nodule [†]	Suboptimal specimen due to but suggestive of Papillary carcinoma Microfollicular lesion Hürthle cell nodule
Benign —	(Most probably) [‡] benign follicular lesion, including mixed microfollicular and macrofollicular and macrofollicular lesions and thyroiditis
Nondiagnostic due to insufficient cellular materials	Nondiagnostic or unsatisfactory

Arrows indicate the diagnostic equivalents.

Established criteria should be applied to separate specimens in this category into neoplasm or (most probably) benign. 13-18 See the text for details.

Because the fulse-negative rate for a benign category in thyroid cytology has been estimated to be 3%, ¹⁹ a modifier for the benign category may be considered to serve as a reminder.



CONSERVATIVE

SURGERY



RISK

VERY LOW

LOW

INTERMEDIATE

HIGH

VERY HIGH

LASS

ACTION

TIR 2 Thy2 Benign

▼ Control TIR 3a Thy3a AUS FLUS

▼ Repeat FNA TIR 3b Thy3f FN

▼
Surgery/
rigoruos
follow up

TIR 4 Thy4 Suspicious

▼
Surgery with intraoperative biopsy

TIR 5 Thy5 Malignant

Surgery, total resection